

Title: New Year's Eve **Author:** Sarah Todman

ISBN: 9781038704894

Retail Price (excl. tax): 36.99 USD

Pages: 390

Publication Date: 2/09/2025

Category: FICTION / Romance / Romantic Comedy

BISAC: FIC027250

Format: [Large Print]

Original Publisher: Hawkeye Publishing

About the Book: Being born on the last day of the year has never done Eve Anderson any favours, but this year her birthday set off a series of rolling explosions rather than fireworks.

Set off a series of rolling explosions rather than fireworks.

An affair with a married man just crashed and burned, her career is in tatters, and now there's a phone call from her mother that she can't ignore.

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About the Author: Sarah Todman grew up in an outback Queensland pub surrounded by siblings (she has seven), and an everchanging cast of colourful pub characters. It was an extraordinary childhood that gave her the ability to pour a perfect beer. In a writing career that spans two decades she has been a tabloid journalist, magazine editor, content writer, communications consultant, and entrepreneur. Sarah lives in Brisbane with her husband and four children (because eight seemed like too much hard work). New Year's Eve is her first novel.





Title: Rosanna

Author: Annie O'Moon-Browning

ISBN: 9781038704887

Retail Price (excl. tax): 36.99 USD

Pages: 392

Publication Date: 2/09/2025

Category: FICTION / Women

BISAC: FIC044000

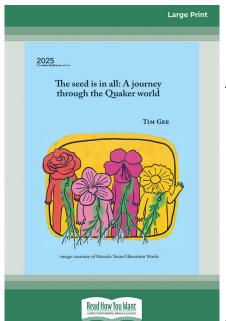
Format: [Large Print]

Original Publisher: Hawkeye Publishing

About the Book: Brisbane. Pre Expo '88. Rosanna walks into Anna's art therapy. She is delusional. Prostituted. Homeless. The government deems her unfit for parenting. Caught up in Brisbane's underbelly, she fights to reclaim her children. As Rosanna's story unravels, Anna's past begins to reveal itself. An elusive familiarity haunts their relationship. What ties these two women together? Rosanna is a deeply Australian story of hidden truths within the glory of our wild landscapes. It illuminates the healing force of sisterhood. Holds the charm of Celtic folklore. Shows the power of our human will to regain dignity out of the destruction of culture.

About the Author: Annie O'Moon-Browning is a Meeanjin-Brisbane author of Australian fiction. She is a counsellor, lecturer, natural health professional, yoga teacher and abstract artist. Annie's love for her fellow human, her sensitivity to their journeys, and her delight in discovering what emerges, infuses her writing. Her power as storyteller comes from her Celtic heritage and her lifetime of writing. Annie is a second-generation author and is a technical writer in Natural Medicine. She loves to dance Tango, couldn't do without her monthly book and film groups, and is addicted to authors of literary genius.





Title: The seed is in all: A Journey through the Quaker world

Author: Tim Gee

ISBN: 9781038704696

Retail Price (excl. tax): 23.99 USD

Pages: 30

Publication Date: 2/09/2025

Category: RELIGION / Christianity / Quaker

BISAC: REL088000

Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: In the 2025 James Backhouse Lecture, The seed is in all: a journey through the Quaker world, Tim Gee reflects on his journey and international friendships to share some ideas.

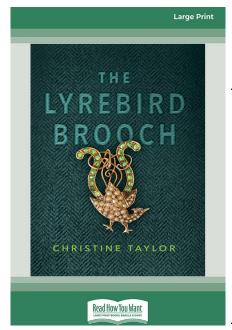
'Quakers will have a future for as long as God has a purpose for us, and so long as we unite with that purpose''.

'Quakerism worldwide is energetic, dynamic, diverse, growing, and making change for peace.

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How can Quakers in different countries learn from one another?

About the Author: Tim Gee is the General Secretary of Friends World Committee for Consultation (FWCC), which connects Quakers in different countries. He has previously worked for Britain Yearly Meeting, Christian Aid and Amnesty International. He has written four books: Counterpower: Making Change Happen (2011), You Can't Evict an Idea: What can we learn from Occupy? (2012), Why I am a Pacifist (2018) and Open for Liberation: An activist reads the Bible (2022). He contributes regularly to various publications and has been a voice for Quakers on the BBC. He lives near Oxford, England with his wonderful wife and daughter.





Title: The Lyrebird Brooch **Author:** Christine Taylor

ISBN: 9781038704689

Retail Price (excl. tax): 36.99 USD

Pages: 376

Publication Date: 2/09/2025

Category: FICTION / Historical / General

BISAC: FIC014000

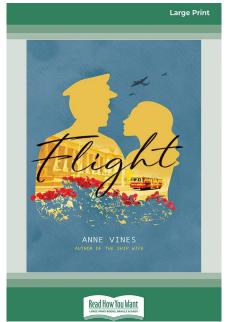
Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: In this Australian historical romance, young Mathilda, the daughter of German migrants, wants to escape the stifling paternal structure of hard work and obedience that controls her family life in a Lutheran fruit-growing community near Melbourne in the late 1880s. While jeweller Wilhelm Lund provides an avenue to a new life for them in marriage, good fortune still remains out of reach for the young couple in Beechworth, Victoria.

About the Author: As an imaginative child, Christine Taylor hoarded her grandmother's tales of both achievement and tragedy as she ate warm scones and cakes in Ivanhoe on Sunday afternoons. Years later, whilst researching the integration of her German ancestors into the flourishing colony of Victoria, the story of a lead-lined coffin and the inheritance of a lyrebird brooch kindled the plot and themes of this historical novel. Christine attended Monash University and completed a Bachelor of Arts in history and literature, and later, while caring for her toddlers, a Bachelor of Education in psychology. During periods living in Germany, she delved into the background of her immigrant ancestors. After teaching English for twenty-one years at McKinnon Secondary College in Melbourne, including a period as head of English, she now enjoys writing fiction. She is grateful to the Lyceum Writers' group for their encouragement and to the following Victorian libraries for their assistance with archival materials: Beechworth Library, PMI Victoria History Library, Chiltern Atheneum Trust Museum and the State Library of Victoria. This is Christine's first published novel.





Title: Flight

Author: Anne Vines

ISBN: 9781038704672

Retail Price (excl. tax): 43.99 USD

Pages: 440

Publication Date: 2/09/2025

Category: FICTION / Romance / Action & Adventure

BISAC: FIC027260

Format: [Large Print]

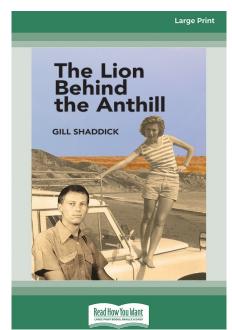
Original Publisher: Interactive Publications Pty Ltd

About the Book: American World War II pilot Peter can barely remember a time when he didn't need to fight. His life is still a flicker away from nightmare; he only feels at home in a fighter plane. When he comes to Melbourne, the girl he wants is Faye, but he's not in the race. He'll never be the marrying kind. Yet Faye is the first woman he's going to miss, more than his other friend, Tivoli dancer, Iris.

Faye finds herself engaged to Melbourne's most eligible man. But he never looks at her as if there is no one else in the world. Then Peter gives her just that look. She must decide what she wants, and learn how to fight for it. Snobs and moralists in Melbourne say that nice girls don't go out with Yanks. Faye and Iris face new choices and dangers in a time of change.

About the Author: Anne Vines' first novel, The Ship Wife, was published in 2023 by Glass House Books. A feminist historical account, The Ship Wife is based on a true story and a real woman from Australia's colonial past. Anne's short fiction is published in Word U Up (2014), Award Winning Australian Writing 2015, Wasafiri Online Magazine (2016), Ring of Words (2018) and Boroondara Literary Awards Anthology 2020. Anne won the Boroondara Prize in 2014 and the Keith Carroll Award in 2020 for short stories. She was shortlisted for the Alan Marshall Short Story Award, The Age Short Story Award and the international Wasafiri New Writing Prize. She was commended in the Varuna Harper-Collins Award in 2007 and in the Victorian Premier's Literary Award for an Unpublished Manuscript, 2008. Anne has worked on her novels with writers Toni Jordan, Lee Kofman, Sydney Smith and Janey Runci, and with Peter Bishop and Helen Barnes Bulley at Varuna Writers' Centre. Anne completed a Bachelor of Arts at the University of Melbourne, concentrating on Literature and History. She taught at secondary schools in Ballarat, Melbourne and London and at the Council for Adult Education, Melbourne. She co-wrote the VCE English and English Literature courses and was a State assessor in those subjects. Anne has lived in England and Germany, and travelled extensively in Ireland, Spain, Italy and France. In the UK, Ireland, Europe, USA, South America and Asia, she carried out research in libraries, archives and communities for her novels.





Title: The Lion Behind the Anthill

Author: Gill Shaddick

ISBN: 9781038704665

Retail Price (excl. tax): 43.99 USD

Pages: 428

Publication Date: 2/09/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

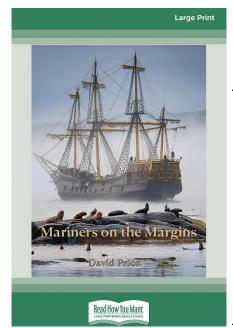
About the Book: The Lion Behind the Anthill by Gill Shaddick is a captivating memoir about love, adventure and travel to exotic places.

Sort/> Gill met her soulmate Mike in Central Africa. He was a reckless, optimistic and adorable biologist who matched her thirst for adventure. They set out on an itinerant life of work and travel where nothing ever quite went to plan. In Iran, they lived an expat life of luxury; in Sudan they made do with no running water or electricity; in Zimbabwe, they had a fishing business on Lake Kariba in the middle of a war zone; in Scotland, they farmed rabbits on the remote Galloway peninsula.

br/> After surviving those challenges, they moved to Australia where Mike was diagnosed with Multiple Sclerosis. While they shared the same goal - to regain Mike's health - their approaches set them as far apart as strangers in an unfamiliar terrain.

About the Author: Gill Shaddick left Britain aged twenty-one to take up a job in Hong Kong and kept on travelling. She met her husband, Mike, in a township in Zambia where she was the only single girl and he the only single guy. Together they embarked on a peripatetic journey living in a dozen countries. They counted cotton bollworms in Egypt, Sudan and Iran, tagged eels in New Zealand, owned a fishing business on Lake Kariba in central Africa and ran a rabbit farm in one of Scotland's remotest corners. Their four daughters, each a constant source of joy, amusement and awe, were all born in different countries. In 1987, Gill and her family moved to Australia. Months later Mike was diagnosed with Multiple Sclerosis and with that his future plans for overseas contracts disappeared overnight. But travel was Gill's passion and she determined there'd be many journeys ahead, at first with Mike, then backpacking with her daughters and ultimately going solo. Gill is a distant cousin of Robert Louis Stevenson. His grandfather's clock ticked out the hours as she grew up, which she credits as one reason why, from an early age, she was enchanted by travel and writing.





Title: Mariners on the Margins: Plundering Seals in Colonial Australasia

Author: David Prior

ISBN: 9781038704658

Retail Price (excl. tax): 63.99 USD

Pages: 704

Publication Date: 2/09/2025

Category: HISTORY / Australia & New Zealand

BISAC: HIS004000

Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: Mariners on the Margins is a fascinating account that traces the history of Colonials who hunted seals across the Fishery to the point of extinction. Most only survived with the help of First Nations people who had hunted seals sustainably for generations.

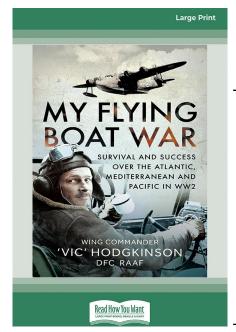
This is the first such narrative exposing the full story of this industry. Through his extensive research, David Prior gives you rare insights into a neglected chapter of Australia's history. From respectable ship owners like Robert Campbell to daring pirates like Black-Jack Anderson, this book presents a range of personalities living marginal lives, motivated by greed and competition.

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Through his extensive research, David Prior gives you rare insights into a neglected chapter of Australia's history.

About the Author: David Prior (B.A. M.A., L.L.B.) has always been interested in history. He studied ancient history at school before matriculating to study arts and law at Sydney University. His thesis, completed in 2011, was Pirates Slave Traders Savages or simply misunderstood? Colonial Imagination of the Sealers and the Frustration of Authority. Since then, David's research has led to the publication of Stone Carver: The Life and Times of Franco Vallario, as well as Mariners on the Margins. David is now working on a third manuscript, Beyond Dystopia: The Enduring legacy of the Chief and Missionary. David has reviewed three books on maritime subjects, published in The Great Circle, a journal of the Australian Association for Maritime History. He was recently granted a residency at the Lighthouse Arts Centre at Nobbys in Newcastle. Apart from his interest in Australian colonial history, David is an avid photographer, gardener and plays field hockey at a reasonably high level. He practices part -time as a business family and commercial lawyer.





Title: My Flying Boat War: Survival and Success over the Atlantic, Mediter-

ranean and Pacific in WW2

Author: Wing Commander 'Vic' Hodgkinson

ISBN: 9781038704641

Retail Price (excl. tax): 36.99 USD

Pages: 380

Publication Date: 2/09/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Military

BISAC: BIO008000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Wing Commander Vic Hodgkinson DFC served as a pilot in the Royal Australian Air Force throughout WWII. Starting in 1939, he was a founding member of 10 Squadron RAAF, operating Short Sunderland flying boats. Loaned to the RAF in early 1940, the squadron played a crucial role in the Battle of the Atlantic, conducting air-sea rescues and attacks on German submarines.

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During this time, Vic participated in numerous air-sea rescues, including saving twenty-one survivors of a U-boat attack. He also conducted depth charge attacks on German submarines. Vic's resilience was tested when his Sunderland crashed into the Irish Sea near Bardsey Island in fog, resulting in the loss of six of his eleven crew members and a gruelling twelve-hour wait for rescue.

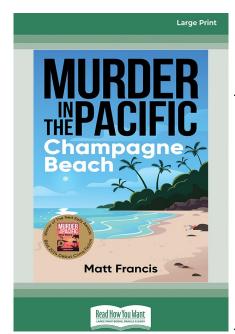
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Later, he flew missions in the Mediterranean, enduring heavy enemy fire to support Allied troops in Crete. Returning to the Atlantic, his crew successfully engaged a Focke-Wulf Fw 200 Condor.

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Condor.

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In 1942, Vic returned to Australia, serving with 20 and 40 Squadrons RAAF, flying various aircraft including the Catalina and Dornier Do 44. His missions ranged from supply drops and minelaying to bombing and reconnaissance. This is Vic's remarkable story, told in his own words for the first time.

About the Author: Wing Commander VIC HODGKINSON DFC served throughout the Second World War as a pilot in the Royal Australian Air Force. He lived his life fascinated by aviation, an interest that started when, living in Australia, he watched the biplanes that used a nearby crossroads as a guide to the local aerodrome. Determined to fly, Vic, the son of a signwriter, joined the RAAF as a storekeeper in 1937. He then trained to be a pilot, gaining his coveted 'Wings' before the outbreak of war. In the post-war years, Vic enjoyed a lengthy and enjoyable career as a pilot for BOAC. It was in the 1970s that he wrote about his RAAF training and wartime flying experiences. He passed away in 2010.





Title: Murder in the Pacific - Champagne Beach

Author: Matt Francis

ISBN: 9781038704634

Retail Price (excl. tax): 35.99 USD

Pages: 292

Publication Date: 2/09/2025

Category: FICTION / Mystery & Detective / Traditional

BISAC: FIC022030

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: In the serene setting of Vanuatu's Santo Island, tranquillity shatters when the lifeless body of a French farmer, Guy Simeon, is discovered on the pristine white sands of Champagne Beach. As they delve deeper, a labyrinth of secrets, coercion, and lies emerges. Simeon's missing wife and strained relationship with his son paint a complex picture of his troubled life. Moreover, his financial woes and grievous interactions with locals only deepen the pool of suspects. 'Ifira Point' the first book in the series won 2025 Ned Kelly Award, for, Best Debut Crime Fiction.

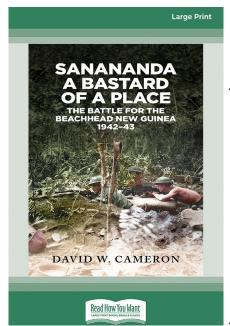
From the bustling port town of Luganville to the idyllic beaches and azure waters of Santo, George and Jayline tirelessly pursue leads, but find themselves entangled in a web of confusion with no clear motive, weapon, or suspect in sight.

Fraise for the series ... a tour de force both in its vivid descriptions of warts-and-all Vanuatu and its ability to suck the reader into the frustrating investigation of its likeable detective. A thoroughly enjoyable read. - Colin Cotterill, best-selling crime fiction author

The life is a point of the series when the life is a point in the property of the book. - Emily Webb, best-selling author.

About the Author: Matt Francis is an Australian-based academic with a love of Vanuatu and the Pacific. He has spent the last two decades researching and writing about this part of the world. Matt began his career working for an international aid agency and has undertaken development work across Asia and the Pacific. Matt's academic research has largely focused on the Pacific, where he has written on sustainability of aid projects, national identity, religion and development action, children with disability, and humanitarian responses. He continues to work as a university professor and still undertakes field-work across the Pacific.





Title: Sanananda a Bastard of a Place: The Battle for the Beachhead New

Guinea 1942-43

Author: David W Cameron

ISBN: 9781038704627

Retail Price (excl. tax): 68.99 USD

Pages: 848

Publication Date: 2/09/2025

Category: HISTORY / Military / World War II

BISAC: HIS027100

Format: [Large Print]

Original Publisher: Big Sky Publishing

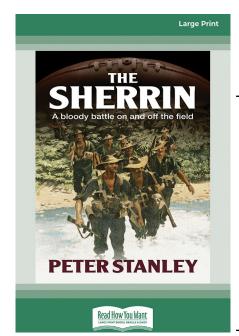
About the Book: With the Australian troops crossing of the Kumusi River in mid-November 1942, after pushing the Japanese back along the Kokoda Track to the north coast of Papua New Guinea, the time had come to face the entrenched Japanese at their beachhead at Gona, Buna and Sanananda.

beachhead of the Kokoda Campaign in mid-November 1942 marked a turning point for the Australians, but the fighting was far from over. Within days, the battles for the Japanese beachheads would commence. The fighting for the Japanese beachheads was among the fiercest of the whole Pacific War and the first combined large-scale operation between Australian and American troops against the Japanese.

beachheads at Gona and Buna were finally in Australian and American hands after almost two months of desperate fighting. One beachhead, however, remained to be taken, the best defended, not only in terms of its deep defence and network of supporting bunkers and slit trenches, but also by its large deep swamps and jungle. Hundreds of men had already been killed - Australian and American - in trying to take Sanananda. It was recognised that this beachhead was the worst of the three battlefields. Isolated pockets of Australians and Americans confronted well dug in and camouflaged positions, often on small 'islands' in the fetid and crocodile infested swamps. It would be another three weeks before Sanananda fell to the Australian and American forces. It was appropriately described by Sergeant Bill Spencer, 2/9th Battalion as: 'A bastard of a place'.

About the Author: David W. Cameron is a Canberra based author and has written several books on Australian military and convict history and human and primate evolution including over 60 internationally peer reviewed papers for various journals and book chapters. He received 1st Class Honours in Prehistoric Archaeology at the University of Sydney and later went on to complete his Ph.D. in palaeoanthropology at the Australian National University. He is a former Australian Research Council (ARC) Post Doctorial Fellow at the Australian National University (School of Archaeology) and an ARC QEII Fellow at the University of Sydney (Department of Anatomy and Histology). He has participated and led several international fieldwork teams in Australia, the Middle East (Turkey, Jordan, Israel, and the United Arab Emirates); Europe (Hungary) and Asia (Japan, Vietnam and India) and has participated in many conferences and museum studies throughout the world.





Title: The Sherrin: A Bloody battle on annd off the field

Author: Peter Stanley

ISBN: 9781038704603

Retail Price (excl. tax): 36.99 USD

Pages: 354

Publication Date: 2/09/2025

Category: FICTION / Historical / World War II

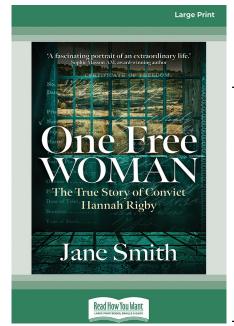
BISAC: FIC014050

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Author: Prof. Peter Stanley is one of Australia's most distinguished military historians. Formerly the Principal Historian of the Australian War Memorial (Australia's national military museum), where he worked from 1980 to 2007, he was Research Professor at the University of New South Wales, Canberra, from 2013 to 2023, where he is now Hon. Prof.. In 2011, his book' Bad Characters' was the joint winner of the Prime Minister's Prize for Australian History. Peter is the author of over 45 books, most in Australian military history. Peter is a frequent contributor to the media on military history.





Title: One Free Woman: The True Story of Convict Hannah Rigby

Author: Jane Smith

ISBN: 9781038704597

Retail Price (excl. tax): 36.99 USD

Pages: 384

Publication Date: 2/09/2025

Category: HISTORY / Australia & New Zealand

BISAC: HIS004000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Hannah Rigby was a poor Liverpool seamstress, a prisoner and a serial thief. Exiled from her homeland, oppressed by poverty and rigid social mores, used and discarded by a series of men. An "exemplary" servant who was fond of a lark - and a single mother determined to keep her family together.
br/>cbr/>One Free Woman tells the compelling true story of the only female convict to stay in Moreton Bay when the penal settlement closed - a woman who notoriously served three separate sentences of transportation, including two at one of the harshest establishments in the country.
br/>cbr/>lt is a heartbreaking and sensitively told story of a life that was typical of many women of the time struggling against poverty and gender inequality - women whose voices throughout history have seldom been heard.
br/>cbr/>One Free Woman reveals new information and celebrates a remarkable woman who, despite a lifetime of immeasurable suffering and loss, could still summon the joy to dance until she dropped.

About the Author: Jane Smith, an award nominated author, archivist, editor and librarian, dedicated to resurrecting captivating tales from history's depths for readers of all ages. With a prolific portfolio spanning fiction and non-fiction since 2014, Jane has published over twenty books with a historical focus.

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Title: Mumming: A Year of Trying (and Failing) to Be a Better Parent

Author: Victoria Vanstone

ISBN: 9781038704580

Retail Price (excl. tax): 39.99 USD

Pages: 316

Publication Date: 2/09/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

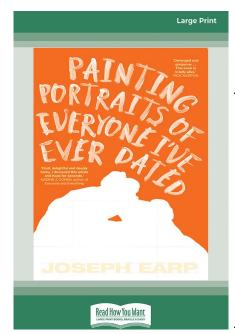
Original Publisher: Pantera Press

About the Book: A hilarious and painfully relatable memoir about a mum who sets out to revolutionise herself and her parenting -Â one failed experiment at a time.

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About the Author: Victoria Vanstone is the host of Sober Awkward, a popular comedy podcast. Victoria became a renowned over-sharer on her blog drunkmummysobermummy.com. Originally from Reading in the UK, Victoria now lives on the Sunshine Coast in Queensland with her brood of uncontrollable children, a rather confused dog and a very patient husband. Sober Awkward won the best wellness podcast at the 2023 Australian Podcast Awards.





Title: Painting Portraits of Everyone I've Ever Dated

Author: Joseph Earp

ISBN: 9781038704573

Retail Price (excl. tax): 36.99 USD

Pages: 372

Publication Date: 2/09/2025

Category: FICTION / Literary

BISAC: FIC019000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: A wry, tender and funny debut novel about art and love - and how the act of seeing lies at the heart of both.

both.

| So Ellie decides to do what any normal person would do: paint a portrait of each of her exes, from the childhood crush to the woman she may or may not still be madly in love with. The only problem is that she now needs to get in touch with everyone she's dated, and not everyone is exactly happy to talk to her.

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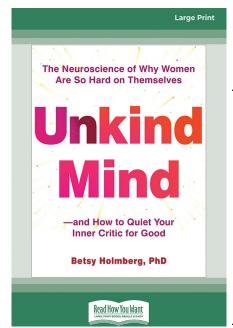
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About the Author: Joseph Earp is a writer, painter and poet. Earp has been shortlisted for the Peter Carey Short Story Award twice, and his journalism, fiction and non-fiction has published in the Sydney Morning Herald, Junkee, the Guardian, Vice, LitHub, Sydney Review of Books and more.





Title: Unkind Mind: The Neuroscience of Why Women Are So Hard on

Themselvesâ€"and How to Quiet Your Inner Critic for Good

Author: Betsy Holmberg

ISBN: 9781038704429

Retail Price (excl. tax): 27.99 USD

Pages: 198

Publication Date: 12/06/2025

Category: SELF-HELP / Personal Growth / Self-Esteem

BISAC: SEL023000

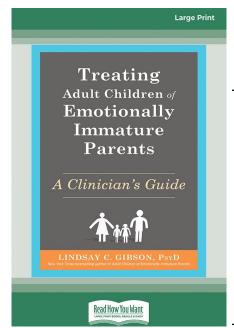
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Many women live with a hypercritical inner voice that constantly tells them they aren't good enough, smart enough, or worthy of success or love. Written by a psychologist and expert in negative thinking, this book shines a light on where this voice comes from-a deeply rooted survival mechanism in the brain called the default mode network (DMN). Using powerful skills drawn from neuroscience, readers will learn how to flip the switch on this unkind mind, so they can live with greater confidence and self-compassion.

About the Author: Betsy Holmberg, PhD, is a psychologist and author specializing in overthinking and negative self-talk. She writes for Psychology Today, and has been featured on radio, television, and podcasts. Before that, she ran the mental health service line at McKinsey & Dompany, and received her PhD from Duke University.





Title: Treating Adult Children of Emotionally Immature Parents: A Clini-

cian's Guide

Author: Lindsay C Gibson

ISBN: 9781038704412

Retail Price (excl. tax): 52.99 USD

Pages: 550

Publication Date: 12/06/2025

Category: PSYCHOLOGY / Psychopathology / General

BISAC: PSY022000

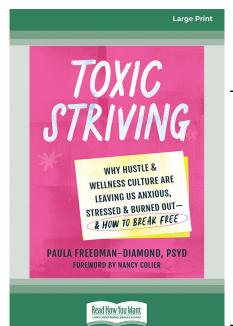
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: In this highly anticipated guide for clinicians, psychologist Lindsay C. Gibson outlines her unique approach to treating adult children who grew up with emotionally immature, unavailable, or selfish parents. In this comprehensive manual, clinicians will find powerful insights to help their clients heal the emotional wounds created by their parents, move on from feelings of loneliness and abandonment, decrease reactivity to emotionally immature behavior, find healthy ways to meet their own emotional needs, and rediscover their true selves.

About the Author: Lindsay C. Gibson, PsyD, is a clinical psychologist and psychotherapist with more than thirty years' experience working in public service and private practice. Her books-including the New York Times bestseller, Adult Children of Emotionally Immature Parents-have sold more than a million copies, and have been translated into thirty-seven languages. In the past, Gibson has served as an adjunct assistant professor, teaching doctoral clinical psychology students clinical theory and psychotherapy techniques. She specializes in therapy and coaching with adults to attain new levels of personal growth, emotional intimacy with others, and confidence in dealing with emotionally immature family members. Gibson lives and works in Virginia Beach, VA.





Title: Toxic Striving: Why Hustle and Wellness Culture Are Leaving Us Anx-

ious, Stressed, and Burned Outâ€"and How to Break Free

Author: Paula Freedman-Diamond

ISBN: 9781038704405

Retail Price (excl. tax): 36.99 USD

Pages: 330

Publication Date: 12/06/2025

Category: SELF-HELP / Anxieties & Phobias

BISAC: SEL036000

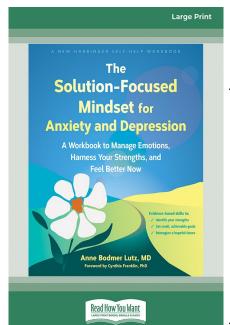
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: External influences like social media, wellness culture, and hustle culture pressure us to strive toward unrealistic goals that leave us feeling anxious, burned out, and like we're never enough. In this groundbreaking book, clinical psychologist Paula Freedman guides readers to move beyond toxic striving-the relentless pursuit of perfection, societal ideals, and external validation at the expense of their physical, mental, and emotional health-and instead turn inward for guidance. Using the skills outlined in this timely guide, readers will gain the insight needed to reconnect with their true values, reclaim their mental health, and live by their own rules.

About the Author: Paula Freedman-Diamond, PsyD, is a licensed clinical psychologist, certified intuitive eating counselor, and owner and clinical director of HumanKind Psychological Services, where she specializes in treating anxiety, perfectionism, and disordered eating. She regularly contributes to Psychology Today in her online series, "Fat is Not a Feeling." She has been a featured expert for The New York Times, Oxygen, Allure, Reebok, and Bark Technologies. She regularly provides mental health advocacy, education, and engaging content to her audience on Instagram and TikTok.Nancy Colier is a psychotherapist, author, interfaith minister, and public speaker. A longtime student of Eastern spirituality, she is a thought leader on mindfulness, well-being, and digital life. Featured on Good Morning America, in The New York Times, USA Today, and other media, Colier is also a regular blogger for Psychology Today and HuffPost. She is author of Can't Stop Thinking, The Power of Off, Inviting a Monkey to Tea, and Getting Out of Your Own Way.





Title: The Solution-Focused Mindset for Anxiety and Depression: A Workbook to Manage Emotions, Harness Your Strengths, and Feel Better Now

Author: Anne Bodmer Lutz

ISBN: 9781038704375

Retail Price (excl. tax): 28.99 USD

Pages: 236

Publication Date: 12/06/2025

Category: SELF-HELP / Anxieties & Phobias

BISAC: SEL036000

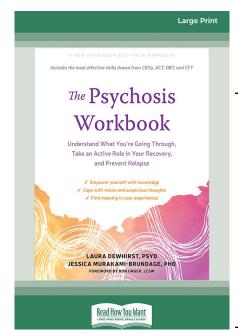
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: For some people struggling with co-existing depression and anxiety, traditional talk therapy can be a painful, grueling, and triggering process that often doesn't work. This workbook offers readers a strengths-based, right now approach to manage symptoms, focus on the positive, deal with stress, balance emotions, harness personal strengths, and live a life filled with more joy and hope.

About the Author: Anne Bodmer Lutz, MD, is executive director of the Institute for Solution-Focused Therapy, a board-certified child and adolescent psychiatrist, and assistant professor of psychiatry at the University of Massachusetts. Mentored by solution-focused brief therapy founders Insoo Kim Berg and Steve de Shazer, she has spent more than three decades applying this approach across mental health, education, and beyond. Author of Learning Solution-Focused Therapy, Lutz trains professionals worldwide, helping them create meaningful change-one conversation at a time.Cynthia Franklin, PhD, LCSW-S, LMFT, is director of external relations and Stiernberg/Spencer Family Professor in mental health in the Steve Hicks School of Social Work at the University of Texas at Austin, courtesy professor in the department of psychiatry and behavioral sciences at Dell Medical School at the University of Texas at Austin, and editor in chief of Social Work.





Title: The Psychosis Workbook: Understand What You're Going Through,

Take an Active Role in Your Recovery, and Prevent Relapse

Author: Laura Dewhirst

ISBN: 9781038704368

Retail Price (excl. tax): 36.99 USD

Pages: 232

Publication Date: 12/06/2025

Category: PSYCHOLOGY / Psychopathology / Schizophrenia

BISAC: PSY022050

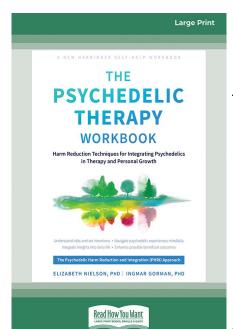
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Combining cognitive behavioral therapy for psychosis (CBTp), acceptance and commitment therapy (ACT), cognitive remediation therapy (CRT), and dialectical behavior therapy (DBT), The Psychosis Workbook offers a targeted approach to help individuals manage their symptoms, sustain their recovery, and achieve better mental health.

About the Author: Laura Dewhirst, PsyD,?is a licensed clinical psychologist?who focused her predoctoral and postdoctoral training on the treatment of more persistent mental health concerns, including personality disorders, bipolar disorders, co-occurring substance use disorders, and behavioral concerns. She has specialized training in the treatment of schizophrenia spectrum disorders and psychosis, and has served this population in inpatient, residential, and outpatient settings across the United States.Jessica Murakami-Brundage, PhD,?is a licensed clinical psychologist who has over twenty years of experience working with individuals with serious mental illness (SMI). She is passionate about the recovery model and has served on the American Psychological Association (APA)Task Force for Serious Mental Illness and Severe Emotional Disturbance (TFSMI/SED), as well as APA's SMI Psychology Specialty Council.Ron Unger, LCSW,is a therapistwho specializes in cognitive behavioral therapy (CBT) for the treatment of psychosis.





Title: The Psychedelic Therapy Workbook: Harm Reduction Techniques for

Integrating Psychedelics in Therapy and Personal Growth

Author: Elizabeth Nielson

ISBN: 9781038704351

Retail Price (excl. tax): 28.99 USD

Pages: 260

Publication Date: 12/06/2025

Category: SELF-HELP / Personal Growth / General

BISAC: SEL031000

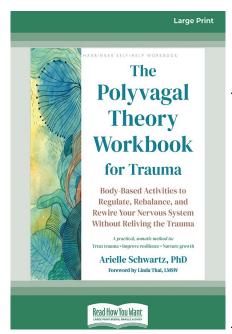
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Research shows the tremendous benefit of psychedelic drugs for people suffering from post-traumatic stress disorder (PTSD), depression, anxiety, and trauma. This workbook draws on evidence-based harm reduction techniques to help readers experiment with psychedelic substances-on their own, in a group, or with a therapist-and integrate the lessons they've learned from psychedelic experiences into daily life.

About the Author: Elizabeth Nielson, PhD, is a psychologist, and cofounder of Fluence. She served as site coprincipal investigator of an FDA-approved Phase 3 clinical trial of MDMA-assisted therapy for post-traumatic stress disorder (PTSD), and worked on developing psychedelic therapies through conduct of additional FDA-approved trials of psychedelics for substance use problems and mood disorders. Nielson has published research on psychedelic therapies, psychedelic therapist training, and ethical considerations for the future of the field. Nielson has worked as an educator for clinicians for over a decade, and continues to create training programs to ensure the highest-quality care for psychedelic users. Ingmar Gorman, PhD, is a psychologist, educator, and cofounder of Fluence. As site coprincipal investigator on FDA Phase 2 and Phase 3 clinical trials of MDMA-assisted therapy for PTSD, Gorman has been at the forefront of groundbreaking research in psychedelic-assisted psychotherapy. He has authored numerous publications on psychedelics, harm reduction, and integration therapy. Through his private practice and contributions to the field, Gorman continues to shape the future of mental health care.





Title: The Polyvagal Theory Workbook for Trauma: Body-Based Activities to Regulate, Rebalance, and Rewire Your Nervous System Without Reliving the Trauma

ISBN: 9781038704344

Retail Price (excl. tax): 28.99 USD

Pages: 228

Publication Date: 12/06/2025

Category: PSYCHOLOGY / Neuropsychology

BISAC: PSY020000

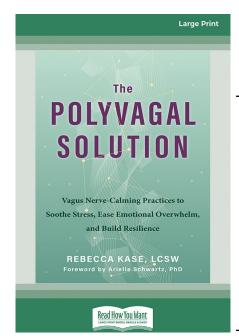
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Most therapies for treating trauma require you to "revisit" your traumatic experience in potentially triggering ways. In this cutting-edge workbook, best-selling author and trauma expert Arielle Schwartz provides readers with a practical, body-based method to treat their trauma symptoms-without reliving their trauma or being exposed to triggers. The polyvagal techniques in this book can be used to regulate and rewire the nervous system, helping survivors build the resilience needed to move forward and thrive.

About the Author: Arielle Schwartz, PhD, is a licensed clinical psychologist, certified complex trauma professional, eye movement desensitization and reprocessing (EMDR) consultant, and Kripalu yoga teacher. She is an internationally sought-out speaker, leading voice in the field of trauma recovery, and award-winning author. As a faculty member at the Polyvagal Institute, she is a course instructor on mind-body approaches that apply polyvagal theory for trauma recovery. She earned her doctorate in clinical psychology at Fielding Graduate University, and holds a master's degree in somatic psychology through Naropa University. She is author of seven books, including The Complex PTSD Workbook, EMDR Therapy and Somatic Psychology, and The Post-Traumatic Growth Guidebook.Linda Thai, LMSW, is a trauma therapist who specializes in complex developmental trauma. Born in Vietnam, raised in Australia, and now living in Alaska, she is a former child refugee who is passionate about breaking the cycle of historical and intergenerational trauma at individual and community levels.





Title: The Polyvagal Solution: Vagus Nerve-Calming Practices to Soothe

Stress, Ease Emotional Overwhelm, and Build Resilience

Author: Rebecca Kase

ISBN: 9781038704337

Retail Price (excl. tax): 28.99 USD

Pages: 254

Publication Date: 12/06/2025

Category: SELF-HELP / Self-Management / Stress Management

BISAC: SEL024000

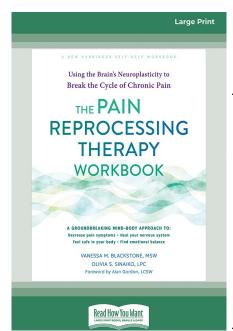
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: In an increasingly uncertain world, it can feel like we're in a constant state of high alert-fighting, fleeing, or flailing our way through daily life as best as we can. Stress and emotional overwhelm are at the root of many common forms of suffering-often wreaking havoc on our bodies and minds. Drawing on the power of polyvagal theory and body-based techniques, this groundbreaking book reveals the secrets to conquering stress, finding emotional balance, building resilience, and discovering true inner peace.

About the Author: Rebecca Kase, LCSW, is a licensed psychotherapist and trauma expert. She is an eye movement desensitization and reprocessing (EMDR) consultant and trainer; and owns the Trauma Therapist Institute, a professional trauma training and consulting company. She is a polyvagal theory expert, published author, trained yoga instructor, and transformation coach. She lives outside of Tacoma, WA.Arielle Schwartz, PhD, is a licensed clinical psychologist, certified complex trauma professional, eye movement desensitization and reprocessing (EMDR) consultant, and Kripalu yoga teacher. She is an internationally sought-out speaker, leading voice in the field of trauma recovery, and award-winning author. As a faculty member at the Polyvagal Institute, she is a course instructor on mind-body approaches that apply polyvagal theory for trauma recovery. She earned her doctorate in clinical psychology at Fielding Graduate University, and holds a master's degree in somatic psychology through Naropa University. She is author of seven books, including The Complex PTSD Workbook, EMDR Therapy and Somatic Psychology, and The Post-Traumatic Growth Guidebook.





Title: The Pain Reprocessing Therapy Workbook: Using the Brain's Neuro-

plasticity to Break the Cycle of Chronic Pain

Author: Vanessa M. Blackstone

ISBN: 9781038704320

Retail Price (excl. tax): 27.99 USD

Pages: 196

Publication Date: 12/06/2025

Category: HEALTH & FITNESS / Pain Management

BISAC: HEA036000

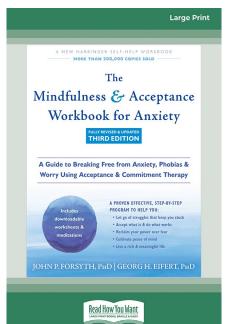
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: There is a silent epidemic of people struggling with chronic pain. Pain reprocessing therapy (PRT) is an evidence-based treatment for chronic pain that actually retrains the brain to accurately interpret sensory signals from the body, breaking the cycle that perpetuates pain. This groundbreaking workbook guides readers to use the natural power of the brain's neuroplasticity to rewire and reinterpret pain signals, so they can finally free themselves from chronic pain.

About the Author: Vanessa M. Blackstone, MSW, citizen of the Eastern Band of Cherokee Indians Nation, is executive director of the Pain Psychology Center. She earned her MS in social work from the University of Southern California. Following her own personal recovery from chronic pain, Vanessa began her career as a therapist in 2018. She was one of the first clinical consultants at the Pain Reprocessing Therapy Center, and has helped train hundreds of practitioners in pain reprocessing therapy (PRT). In addition to chronic pain treatment, she specializes in sex therapy, substance use and recovery, mindfulness-based relapse prevention, and works on film sets as an onset wellness professional. Outside of her professional roles, Vanessa is a former foster youth who advocates for current and former foster youth by sharing her personal experiences in public speaking events. She lives in Los Angeles, CA.Olivia S. Sinaiko, LPC, leads the behavioral health pain program at the tribal health organization, Southeast Alaska Regional Health Consortium (SEARHC). She has been a featured presenter in the American Society of Addiction Medicine's (ASAM) training modules on nonpharmacological approaches to pain treatment and interdisciplinary care in the treatment of chronic pain, and has presented to the Pain Psychology Center on the relationship between attachment trauma and chronic pain. She earned her BA from Stanford University and her MA in counseling psychology from The Wright Institute, as well as a JD from Yale Law School. She lives in Juneau, AK.Alan Gordon, LCSW, is a psychotherapist in Los Angeles, CA, specializing in the treatment of chronic pain and other physical symptoms. He is the developer of PRT, a cutting-edge protocol for treating chronic pain, and author of The Way Out. Gordon is also director of the Pain Psychology Center in Beverly Hills, CA; is an adjunct assistant professor at USC; and has presented on the topic of pain treatment at conferences and trainings throughout the count





Title: The Mindfulness and Acceptance Workbook for Anxiety: A Guide to Breaking Free from Anxiety, Phobias, and Worry Using Acceptance and Commitment Therapy

ISBN: 9781038704313

Retail Price (excl. tax): 52.99 USD

Pages: 568

Publication Date: 12/06/2025

Category: SELF-HELP / Anxieties & Phobias

BISAC: SEL036000

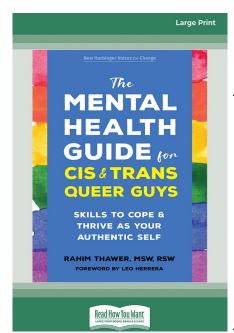
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: The award-winning The Mindfulness and Acceptance Workbook for Anxiety has introduced countless readers to the concept of mindfulness, and has successfully helped many people manage worry, fear, and panic so they can live a better life. This fully revised and updated third edition of the best-selling and innovative workbook offers readers compelling new acceptance and commitment therapy (ACT) exercises to help them finally conquer their anxiety.

About the Author: John P. Forsyth, PhD, is an internationally renowned author and speaker in the fields of acceptance and commitment therapy (ACT), mindfulness practices, and self-development and growth. For over twenty years, his writings, teachings, and research have focused on developing ACT and mindfulness practices to alleviate human suffering, awaken the human spirit, and nurture psychological health and vitality. His personal journey and experience, balanced with practical insights grounded in scientific evidence, offers hope to those wishing to find a path out of suffering and into wholeness. He has coauthored several popular ACT books, including Acceptance and Commitment Therapy for Anxiety Disorders for mental health professionals, and several self-help books for the public: The Mindfulness and Acceptance Workbook for Anxiety, Anxiety Happens, The Anxiety Happens Guided Journal, ACT on Life Not on Anger, and Your Life on Purpose. Forsyth regularly gives inspirational talks and practical workshops to the public and professionals in the United States and abroad, and offers ACT trainings with his wife at the Kripalu Center for Yoga and Health, the Omega Institute for Holistic Studies, The Esalen Institute, and Cape Cod Institute where he serves as a member of the teaching faculty. He is known to infuse his teaching and trainings with energy, humility, and compassion, and his down-to-earth workshops are consistently praised for their clarity, depth, and utility. Collectively, Forsyth's work has helped foster growing interest in acceptance and mindfulness in psychology, mental health, medicine, and society. Georg H. Eifert, PhD, is an internationally recognized author, scientist, speaker, and trainer in the use of ACT, an integrative approach balancing mindful acceptance, change, and compassion to foster psychological health and wellness. He is also professor emeritus of psychology at Chapman University in Orange County, CA, where he was previously department chair and associate





Title: The Mental Health Guide for Cis and Trans Queer Guys: Skills to Cope

and Thrive as Your Authentic Self

Author: Rahim Thawer

ISBN: 9781038704290

Retail Price (excl. tax): 28.99 USD

Pages: 282

Publication Date: 12/06/2025

Category: SELF-HELP / Personal Growth / General

BISAC: SEL031000

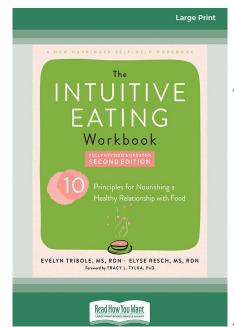
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Queer and trans men face unique and challenging circumstances, including homophobia, biphobia, transphobia, and rejection from family. In addition, the lingering effects of bigotry, discrimination, and hate crimes can have a traumatizing and devastating impact on both body and mind. The Mental Health Guide for Cis and Trans Queer Guys offers GBTQ men a powerful, cognitive behavioral therapy (CBT)-based approach to heal from systemic inequities and improve their mental health.

About the Author: Rahim Thawer, MSW, RSW, is a clinical social worker and psychotherapist from Toronto, ON, Canada. He is a clinical supervisor, facilitator and public speaker, university instructor, writer, and host of The CBT Dive podcast. He's trained in cognitive behavioral therapy (CBT), Gestalt, psychoanalytic, and sex therapy approaches. His clinical practice and writing explore the intersection of systemic oppression and mental health, while also honoring innovation in queer relationships.Leo Herrera is a queer Mexican artist who explores queer and immigrant experiences through the lenses of sex, technology, and history. His work centers on themes of disease and stigma, always searching for utopia in LGBTQ history's darkest chapters. Herrera is director of Fathers, a multimedia project which imagines the world if AIDS never existed. He is author of Analog Cruising, a manual for modern sex outside of our phones.





Title: The Intuitive Eating Workbook: Ten Principles for Nourishing a

Healthy Relationship with Food

Author: Evelyn Tribole

ISBN: 9781038704283

Retail Price (excl. tax): 43.99 USD

Pages: 428

Publication Date: 12/06/2025

Category: SELF-HELP / Eating Disorders & Body Image

BISAC: SEL014000

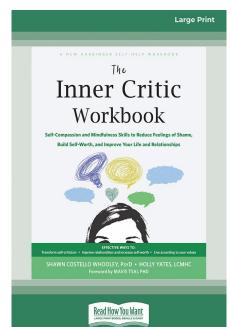
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Many people overeat due to stress, intense emotions-or even out of boredom! Based on the best-selling book, Intuitive Eating, this fully revised and updated workbook addresses the ten principles of intuitive eating, and provides an evidence-based model to help readers reject diet mentality, develop a healthy relationship with food, pay attention to cues of hunger and satisfaction, and cultivate a profound connection with both mind and body.

About the Author: Evelyn Tribole, MS, RDN, is author and coauthor of ten books, including Intuitive Eating and Intuitive Eating for Every Day. As an international speaker, Tribole trains health professionals on how to help their clients cultivate a healthy relationship with food, mind, and body through the process of Intuitive Eating. To date there are more than 2,500 certified Intuitive Eating counselors in sixty countries. The media often seeks Tribole for her expertise, including a feature in The New York Times. She's been on CNN, NBC's Today Show, MSNBC, Fox News, USA Today, The Wall Street Journal, The Atlantic, Vogue, Ten Percent Happier, and People. Tribole was the nutrition expert for Good Morning America, and a national spokesperson for the Academy of Nutrition and Dietetics for six years. Tribole qualified for the Olympic Trials in the first-ever women's marathon in 1984. Although she no longer competes, she is a passionate surfer. To connect with Evelyn, you can find her on Instagram: @evelyntribole.Elyse Resch, MS, RDN, is a nutrition therapist specializing in eating disorders, Intuitive Eating, and health at every size. She is coauthor of Intuitive Eating, and author of The Intuitive Eating Workbook for Teens and The Intuitive Eating Journal.Tracy Tylka, PhD, is professor of psychology at the Columbus and Marion campuses of The Ohio State University. She attended the University of Akron for her undergraduate and graduate studies, earning her BA in psychology in 1995, MA in counseling psychology in 1998, and PhD in counseling psychology in 2001. Tylka completed her predoctoral internship at the counseling center at Southern Illinois University at Carbondale. She joined the department of psychology at The Ohio State University as an assistant professor in 2001, received tenure and promotion to associate professor in 2007, and was promoted to full professor in 2013.





Title: The Inner Critic Workbook: Self-Compassion and Mindfulness Skills to Reduce Feelings of Shame, Build Self-Worth, and Improve Your Life and Relationships

ISBN: 9781038704276

Retail Price (excl. tax): 28.99 USD

Pages: 214

Publication Date: 12/06/2025

Category: SELF-HELP / Personal Growth / Self-Esteem

BISAC: SEL023000

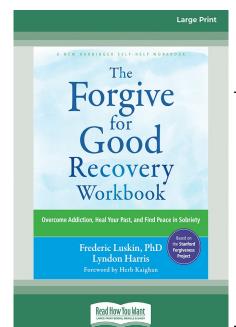
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Many of us live with the incessant chatter of our inner critic, constantly evaluating and pointing out everything we do wrong-how we're not good enough, and that we'll never be good enough. Sometimes this unwelcome voice becomes so loud and overwhelming, it starts interfering with our daily lives. Using this friendly guide, readers will learn how to turn down the volume on their inner critic, and crank up their confidence using proven-effective tools like mindfulness, acceptance, and self-compassion.

About the Author: Shawn Costello Whooley, PsyD, is a psychologist, behavior change coach, and peer-reviewed acceptance and commitment therapy (ACT) trainer in private practice in Baltimore, MD. She also serves as a staff psychologist in the Trauma Recovery Program at the Baltimore VA Medical Center. Costello Whooley specializes in the use of evidence-based treatments for anxiety, trauma, and interpersonal relationship problems. She is also founder of Stillpoint Journeys, a coaching and training practice focused on moving the work of behavior change out of the office and into life by using extended hiking, horseback riding, and sailing treks to experience the processes of ACT in real time. Shawn provides ACT and contextual behavioral science (CBS) training internationally and in academic settings. Holly Yates, MS, LCMHC, has been in private practice in North Carolina since 2004. She is trained in functional analytic psychotherapy (FAP), ACT, and dialectical behavior therapy (DBT). She is a founding facilitator of the online ACT Peer Intervision Group sponsored through the Association of Contextual Behavioral Science (ACBS), and a Certified FAP Trainer through the University of Washington. Yates has been a presenter of FAP and ACT at ACBS World Conferences since 2016, and continues to train both internationally and domestically. Yates was a plenary speaker at the ACBS Brazil Conference in 2021. She has coauthored a chapter on FAP and couples counseling which will be released in Argentina at the upcoming ACBS World Conference. Yates is on the board of ACL Global Project, and is a member of the Functional Analytic Psychotherapy International Board for Certification (FAP/CEP). Mavis Tsai, PhD, is cofounder of FAP, and director of the FAP Specialty Clinic at the University of Washington. Tsai has an international following as a trainer, consultant, and clinician.





Title: The Forgive for Good Recovery Workbook: Overcome Addiction, Heal

Your Past, and Find Peace in Sobriety

Author: Frederic Luskin

ISBN: 9781038704252

Retail Price (excl. tax): 27.99 USD

Pages: 208

Publication Date: 12/06/2025

Category: SELF-HELP / Substance Abuse & Addictions / General

BISAC: SEL026000

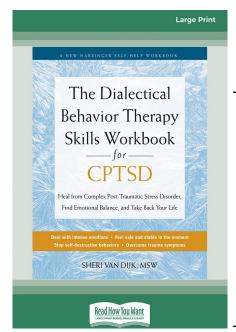
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Drawing on extensive research conducted by the Stanford University Forgiveness Project, this unique workbook offers a comprehensive approach to substance use recovery. By practicing forgiveness-both toward oneself and others who may have contributed to past traumas-readers can heal the pain at the root of their addiction and look toward the future with renewed clarity and hope.

About the Author: Frederic Luskin, PhD, cofounded and currently serves as director of the Stanford University Forgiveness Project. Luskin has been a pre- and postdoctoral fellow in preventive cardiology, and cofounded the Life Works and Wellness Education programs at the Stanford School of Medicine. He is on faculty for the Stanford School of Business Executive Education program, where he teaches mindfulness and positive psychology to business executives from all over the world. He also coaches multiple Stanford sports teams in mindfulness and positive psychology. Luskin's forgiveness work has been applied and/or researched in universities, veteran's hospitals, churches, corporate sites, and hospitals. He is author of the best-selling books, Forgive for Good and Forgive for Love, which together have sold more than 225,000 copies. Luskin teaches stress management, emotional intelligence, and happiness skills to corporate clients throughout the US. His work focuses on the research -proven triad of a healthy and happy life: enhancing interpersonal relationships, creating a positive purpose in life, and guided practice in appreciation and other positive emotions.Lyndon Harris is a former Episcopal priest, whose journey toward forgiveness began in the aftermath of the terrorist attacks on September 11, 2001. Following 9/11, Harris initiated and led for over eight months a service mission for first responders at the former World Trade Center. This mission offered support as the responders endured the hardship of searching for survivors and, ultimately, the remains of the dead. His work has been covered in The New York Times, The Wall Street Journal, The Washington Post, CBS News, NBC News, and others. But after the work was completed, like many first responders, Harris's life fell apart. Forgiveness became the essential tool for reclaiming his life. He is currently working on a book detailing his journey to forgiveness following the tragedy of 9/11. Harris teaches forgiveness internationall





Title: The Dialectical Behavior Therapy Skills Workbook for CPTSD: Heal from Complex Post-Traumatic Stress Disorder, Find Emotional Balance, and Take Back Your Life

ISBN: 9781038704245

Retail Price (excl. tax): 28.99 USD

Pages: 280

Publication Date: 12/06/2025

Category: PSYCHOLOGY / Psychopathology / Dissociative Identity Disorder

BISAC: PSY022070

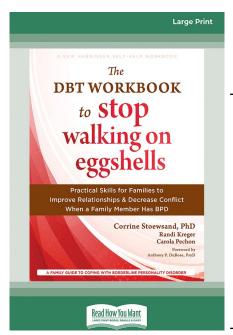
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: People suffering from complex post-traumatic stress disorder (CPTSD) have endured not just one traumatic event, but several-often spanning their entire lives and leading to symptoms as varied and severe as relationship problems, depression, substance abuse, suicidality, and physical illness. Drawing on dialectical behavior therapy (DBT), polyvagal theory, and other proven-effective modalities, this powerful yet accessible workbook will help readers process and manage their intense emotions, free themselves from self-destructive behaviors, and feel more stable-and safe-in the present.

About the Author: Sheri Van Dijk, MSW, is a psychotherapist and renowned dialectical behavior therapy (DBT) expert. She is author of many books with New Harbinger, including Don't Let Your Emotions Run Your Life for Teens?and The DBT Workbook for Emotional Relief. Her work has focused on using DBT skills to help people manage their emotions and cultivate lasting well-being. In recent years, Sheri has been specializing in complex trauma.





Title: The DBT Workbook to Stop Walking on Eggshells: Practical Skills for Families to Improve Relationships and Decrease Conflict When a Family Member Has BPD

ISBN: 9781038704238

Retail Price (excl. tax): 28.99 USD

Pages: 232

Publication Date: 12/06/2025

Category: SELF-HELP / Mood Disorders / General

BISAC: SEL020000

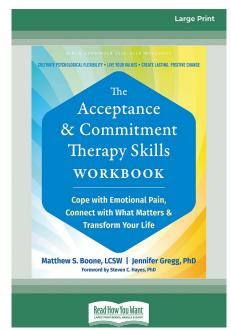
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Millions of people suffer from borderline personality disorder (BPD), and countless more live with the effects of loving, caring about, or caring for someone with BPD. The best-selling book, Stop Walking on Eggshells, has helped nearly a million people survive and thrive in relationships with BPD sufferers. This workbook-written specifically for families-takes Eggshells to the next level by empowering readers with skills from dialectical behavior therapy (DBT) to help them connect with empathy, minimize conflict, and take the space they need to thrive.

About the Author: Corrine Stoewsand, PhD, coaches families on how to manage their relationships and communicate more effectively with loved ones who have symptoms of borderline personality disorder (BPD). She has been leading dialectical behavior therapy (DBT) and mindfulness workshops for families and psychologists internationally since 2006. Stoewsand has had intensive training in DBT from Behavioral Tech Institute, and advanced DBT training from Marsha Linehan. She served as a founding member of FundaciA3n Foro, Buenos Aires, Argentina-the largest and most active DBT team in South America-and then created www.dbtcoach.com to provide online educational programs for families worldwide.Randi Kreger is coauthor of Stop Walking on Eggshells, and author or coauthor of several other books, including The Stop Walking on Eggshells Workbook, The Essential Family Guide to Borderline Personality Disorder, Stop Walking on Eggshells for Partners, and Stop Walking on Eggshells for Parents. Kreger is owner and moderator of the Moving Forward family support group, which can be accessed at her website: www.stopwalkingoneggshells.com. She has given presentations throughout the United States and in Japan. She also has a one-on-one coaching practice which can be accessed through her website. Carola Pechon is a licensed clinical psychologist in Bariloche, Argentina. She is founder and director of Tandem Asistencia y FormaciÃ³n en Psicoterapia. She is currently a DBT mentor at Behavioral Tech Institute. Pechon has been training mental health professionals in DBT in South America since 2012, and leads a clinical team of psychologists treating children, adolescents, and adults. Learn more at www.tandempsicoterapia.com.ar.Anthony P. DuBose, PsyD, has trained healthcare providers worldwide in the treatment of BPD, substance use disorders, and suicidal and self-injurious behaviors. He is a member of the International Dissemination Committee and the Training Committee of the World Dialectical Behavior Therapy As





Title: The Acceptance and Commitment Therapy Skills Workbook: Cope with Emotional Pain, Connect with What Matters, and Transform Your Life

Author: Matthew S Boone

ISBN: 9781038704221

Retail Price (excl. tax): 28.99 USD

Pages: 232

Publication Date: 12/06/2025

Category: SELF-HELP / Mood Disorders / General

BISAC: SEL020000

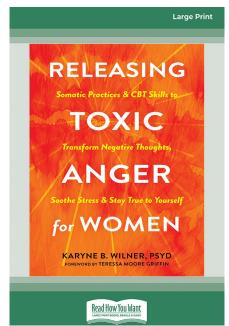
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: As our world becomes increasingly uncertain, mental health issues have increased dramatically, and the need for accessible, effective treatment has never been greater. This flagship acceptance and commitment therapy (ACT) workbook outlines a comprehensive set of core skills to help readers build resilience in the face of uncertainty, and heal the psychological and emotional pain keeping them from living a meaningful, fulfilling life. Whether it's anxiety, sadness, anger, numbness, or grief, readers can rely on ACT to provide genuine and lasting relief.

About the Author: Matthew S. Boone, LCSW, is a social worker, psychotherapist, and educator who specializes in translating mental health concepts for the general public. Boone is a nationally recognized, peer-reviewed trainer in acceptance and commitment therapy (ACT), coauthor of Stop Avoiding Stuff, and editor of Mindfulness and Acceptance in Social Work. He is associate director of student mental health services at the University of Arkansas for Medical Sciences, where he is an instructor in psychiatry. He regularly gives ACT workshops around the country. Jennifer Gregg, PhD, is a psychologist, author, professor, and trainer. She is a professor at San Jose State University, and has spent twenty years treating cancer patients and their families. Gregg has been studying, delivering, and evaluating ACT since 1995, and she has published dozens of research papers, book chapters, and articles on ACT. She is coauthor of Stop Avoiding Stuff and The Diabetes Workbook. Steven C. Hayes, PhD, is Nevada Foundation Professor in the department of psychology at the University of Nevada, Reno. He has been president of numerous professional organizations, and is author of nearly fifty books and more than 700 articles and book chapters. Hayes is originator and codeveloper of acceptance and commitment therapy (ACT), a powerful therapy method that is useful in a wide variety of areas.





Title: Releasing Toxic Anger for Women: Somatic Practices and CBT Skills to Transform Negative Thoughts, Soothe Stress, and Stay True to Yourself

Author: Karyne B. Wilner

ISBN: 9781038704214

Retail Price (excl. tax): 28.99 USD

Pages: 268

Publication Date: 12/06/2025

Category: SELF-HELP / Self-Management / Anger Management (see also FAMILY & RE-

LATIONSHIPS / Anger)

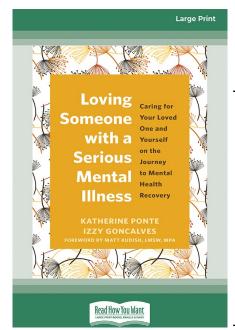
BISAC: SEL033000

Original Publisher: New Harbinger Publishing

About the Book: Women and girls are often taught that anger is an unacceptable emotion. As a result, women are more likely than men to direct anger inward, leading to self-critical inner dialogue, as well as a host of physical and mental health issues. In this much-needed guide, a clinical psychologist and somatic therapist reveals how anger creates stress in the body and mind, and offers women body-based practices and cognitive behavioral therapy (CBT) techniques to release anger for greater health, vitality, and purpose.

About the Author: Karyne B. Wilner, PsyD, is a licensed psychologist with a private practice in Newport, RI. She currently directs the Core Energetics Academy in Bethel, CT; and was formerly assistant director of the International Institute for Core Energetics, senior director of the Brazilian Institute, and associate director in Australia. She has traveled widely giving lectures, workshops, and seminars, and has written numerous journal articles about somatic therapy and psychology. In addition to her therapist training programs, she directed Drexel University's Counseling Center in Philadelphia, PA; and she taught master's level holistic counseling courses at Salve Regina University in Newport, RI, from 2010 through 2022. Her joy lies in helping people become more authentic and lead richer, fuller lives. Teressa Moore Griffin is an organization development consultant, executive coach, author, radio personality, online media thought leader, and speaker. Teressa has worked with domestic and international companies, supporting the growth and success of current and emerging C-level executives since 1987. A self-awareness and personal growth expert, Teressa skillfully helps clients uncover their strengths, clarify their goals, and eliminate beliefs that limit their success and satisfaction.





Title: Loving Someone with a Serious Mental Illness: Caring for Your Loved

One and Yourself on the Journey to Mental Health Recovery

Author: Katherine Ponte

ISBN: 9781038704207

Retail Price (excl. tax): 28.99 USD

Pages: 262

Publication Date: 12/06/2025

Category: PSYCHOLOGY / Psychopathology / General

BISAC: PSY022000

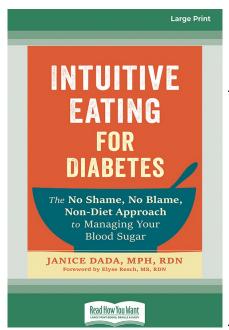
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: When a family member or spouse is struggling with a serious mental illness, readers need practical tools right now. Written by a husband-and-wife team-and drawing on their own lived experience navigating mental illness together-this much-needed guide offers compassionate advice and effective strategies to help readers support their loved one in a crisis, make room for self-care, and create shared goals for recovery.

About the Author: Katherine Ponte is a mental health advocate, author, nonprofit leader, entrepreneur, coach, and lawyer. She is a certified psychiatric rehabilitation practitioner, and a lecturer in psychiatry at the Yale School of Medicine and a graduate of The University of Pennsylvania. She built the ForLikeMinds platform of recovery-focused mental health initiatives and its associated community of over 150,000 that has reached millions. She is on the board of the National Alliance on Mental Illness -NYC. Katherine is author of ForLikeMinds. She has lived with severe bipolar I disorder with psychosis, including extended periods of suicidal depression for over twenty years, and has been happily living in recovery since 2018. She is based in New York, NY, and the Catskills. Izzy Goncalves has worked in finance for nearly thirty years, and has been the primary caregiver for his spouse, Katherine. He has been instrumental in helping her develop several mental illness recovery initiatives. He is a magna cum laude and Phi Beta Kappa graduate from Brown University. Matt Kudish is the Chief Executive Officer of the National Alliance on Mental Illness of New York City. NAMI-NYC is one of the largest NAMI affiliates and helps families and individuals affected by mental illness build better lives through education, support, and advocacy. Under Matt's leadership NAMI-NYC has more than doubled its budget, staff, and impact, touching the lives of thousands of individuals each year through its free programs and services. Matt received his Master's in Social Work from Columbia University and his Master's in Public Administration from New York University. He has taught at Columbia University's School of Social Work and guest lectured at NYU's Silver School of Social Work.





Title: Intuitive Eating for Diabetes: The No Shame, No Blame, Non-Diet Ap-

proach to Managing Your Blood Sugar

Author: Janice Dada

ISBN: 9781038704191

Retail Price (excl. tax): 36.99 USD

Pages: 304

Publication Date: 12/06/2025

Category: HEALTH & FITNESS / Diseases / Diabetes

BISAC: HEA039050

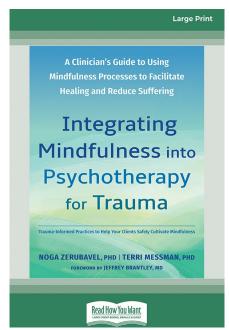
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: For the tens of millions living with diabetes, weight loss is the most commonly prescribed method of treatment. However, evidence now shows that weight-focused approaches can often result in negative health effects for diabetes patients. This groundbreaking guide brings the principles of intuitive eating-a proven-effective, anti-diet approach to nutrition and health-to the management of diabetes, so readers can develop a nourishing relationship with food, and find healthy and compassionate alternatives for managing their condition.

About the Author: Janice Dada, MPH, RDN, is a weight-inclusive registered dietitian with a private practice in Newport Beach, CA. She is a certified Intuitive Eating counselor, certified diabetes care and education specialist (CDCES), and certified eating disorders specialist (CEDS). She is passionate about simplifying and destigmatizing the nutrition- and weight-based discourse around diabetes. Elyse Resch, MS, RDN, is a nutrition therapist specializing in eating disorders, Intuitive Eating, and health at every size. She is coauthor of Intuitive Eating, and author of The Intuitive Eating Workbook for Teens and The Intuitive Eating Journal.





Title: Integrating Mindfulness into Psychotherapy for Trauma: A Clinician's Guide to Using Mindfulness Processes to Facilitate Healing and Reduce Suffering

ISBN: 9781038704184

Retail Price (excl. tax): 66.99 USD

Pages: 560

Publication Date: 12/06/2025

Category: PSYCHOLOGY / Clinical Psychology

BISAC: PSY007000

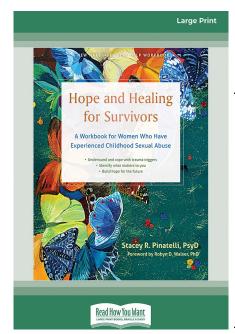
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Mindfulness is a powerful treatment tool-but for people who have experienced trauma, mindfulness practices can also cause significant stress or discomfort. This cutting-edge professional manual offers clinicians a transdiagnostic, process-based approach to safely treat trauma with mindfulness, including interventions that are practical, simple, and easy to teach. Clinicians will gain the tools needed to help their clients gain new personal insights and make lasting positive change.

About the Author: Noga Zerubavel, PhD, is a licensed psychologist, cofounder of Arise Psychological Wellness and Consulting, and medical assistant professor in the department of psychiatry and behavioral sciences at Duke University Medical Center. She is former director of the Stress, Trauma, and Recovery Treatment (START) clinic at Duke, where she led a trauma consultation team and supervised psychiatry residents, clinical psychology interns, and fellows in trauma-informed psychotherapy. Zerubavel led mindfulness-based cognitive therapy (MBCT) groups at Duke from 2014-2020, and supervised psychiatry and psychology learners in providing MBCT. She is an active clinician, trainer, supervisor, and consultant. Terri Messman, PhD, is professor of psychology and distinguished scholar at Miami University. She was an O'Toole Family Endowed Professor from 2013-2018, director of clinical training for the American Psychological Association (APA)-accredited clinical psychology PhD program, and interim deputy Title IX (sexual assault) coordinator. Her research program focuses on trauma and interpersonal violence, mindfulness and self-compassion, and emotion dysregulation. She is a licensed psychologist and certified yoga instructor. Jeffrey Brantley, MD, is professor emeritus in the department of psychiatry and human behavior at Duke University Medical Center. He is founder and former director of the Mindfulness Based Stress Reduction (MBSR) Program at Duke Integrative Medicine. He has represented the Duke MBSR program in numerous radio, television, and print interviews. He is author of Calming Your Anxious Mind, and coauthor of the Five Good Minutes series.





Title: Hope and Healing for Survivors: A Workbook for Women Who Have

Experienced Childhood Sexual Abuse

Author: Stacey R. Pinatelli

ISBN: 9781038704177

Retail Price (excl. tax): 27.99 USD

Pages: 194

Publication Date: 12/06/2025

Category: SELF-HELP / Abuse

BISAC: SEL001000

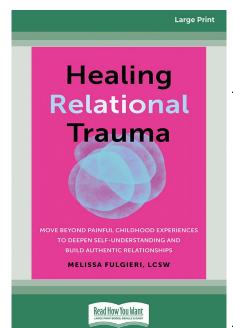
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Grounded in evidence-based acceptance and commitment therapy (ACT) and cognitive behavioral therapy (CBT), this compassionate workbook helps female survivors of childhood sexual abuse identify their trauma triggers, balance emotions, and cultivate self-efficacy and self-awareness. With this gentle guide, readers will also learn how to develop positive coping strategies, discover what is truly important to them, set goals, and build hope for the future.

About the Author: Stacey R. Pinatelli, PsyD, received her PsyD in clinical psychology from the California School of Professional Psychology at Alliant International University in Emeryville, CA. She completed her internship in clinical psychology at VA Northern California Health Care System, East Bay. She is completing her postdoctoral fellowship at Palo Alto VA Medical Center. She has clinical experience working with a diverse population of clients, including veterans, adolescents, trauma survivors across gender identifications, and clients experiencing learning difficulties requesting a neuropsychological assessment. Pinatelli's work with veterans and trauma survivors has provided her with a strong foundation evaluating and treating clients with simple and complex post-traumatic stress disorder (PTSD) and comorbid psychiatric difficulties, as well as experience utilizing exposure-based treatment. She was previously involved in a study that implements hybrid protocols of acceptance and commitment therapy (ACT), ACT and eye movement desensitization and reprocessing (EMDR), and ACT and written exposure therapy for PTSD symptoms, comorbid anxiety, depression, stress, psychological flexibility, state arousal and valence, valuesbased living, and interpersonal functioning. She is an active member of the Association for Contextual Behavioral Science (ACBS), American Psychological Association (APA), and has been an AmeriCorps Member-Corporation for National and Community Service in her past clinical services. Robyn D. Walser, PhD, is director of TL Consultation and Psychological Services, and codirector of Bay Area Trauma Recovery Clinical Services. She works at the National Center for PTSD, developing and disseminating innovative ways to translate science into practice; and serves as assistant clinical professor in the department of psychology at the University of California, Berkeley. As a licensed clinical psychologist, she maintains an international training, consulting, and therapy pra





Title: Healing Relational Trauma: Move Beyond Painful Childhood Experiences to Deepen Self-Understanding and Build Authentic Relationships

Author: Melissa Fulgieri

ISBN: 9781038704160

Retail Price (excl. tax): 28.99 USD

Pages: 222

Publication Date: 12/06/2025

Category: FAMILY & RELATIONSHIPS / Marriage & Long-Term Relationships

BISAC: FAM030000

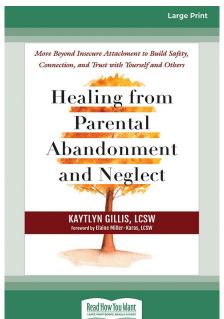
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Beginning in childhood, unmet needs from parents can leave lasting scars, hindering our ability to form healthy relationships as adults. Written by a renowned family therapist, this powerful guide offers an evidence-based approach to help readers move past relational trauma-the psychological wounds that can result from experiences of abuse, neglect, or betrayal. By building self-awareness, understanding triggers, and improving communication skills, readers can start building trust in their relationships, and achieve the love and connection they deserve.

About the Author: Melissa Fulgieri, LCSW, is a social worker, adjunct professor, speaker, and author based in New York, NY. She owns a private therapy practice, helping individuals and couples live and love more authentically. She teaches at Fordham Graduate School of Social Service, and Long Island University Graduate School of Health Professions. She has written features for top publications such as Authority Magazine, Women's Health, and Bustle. She is author of Couples Therapy Activity Book.





Title: Healing from Parental Abandonment and Neglect: Move Beyond Insecure Attachment to Build Safety, Connection, and Trust with Yourself and Others

ISBN: 9781038704153

Retail Price (excl. tax): 28.99 USD

Pages: 236

Publication Date: 12/06/2025

Category: FAMILY & RELATIONSHIPS / Abuse / Child Abuse

BISAC: FAM001010

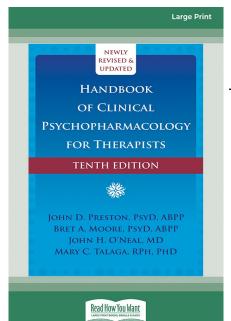
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Survivors of parental abandonment and neglect often struggle with anxiety, self-blame, poor self-esteem, and self-criticism. They may also experience insecurity in relationships, feel unworthy of love, and worry that others will leave them. In this compassionate guide, psychotherapist and family trauma expert Kaytee Gillis helps readers develop a greater awareness of how they were affected by abandonment trauma, and presents powerful strategies to break free from self-blame and shame, trust themselves and those they love, and build a life of connection and empowerment.

About the Author: Kaytlyn "Kaytee" Gillis, LCSW, is a psychotherapist and author with a passion for working with survivors of relationship and family trauma, and with the LGBTQ+ community. Her work focuses on assisting survivors and educating clinicians and the public about the effects of psychological family trauma. She has published several books and contributed to many others, and provides trainings nationwide. Kaytee's work has been featured in TIME, BBC World News, The Dr. Wendy Walsh Show, CP24 News, and many other outlets. She is a regular contributor to Psychotherapy Networker, and writes the popular column "Invisible Bruises" for Psychology Today. An avid traveler, Kaytee enjoys trying the local coffee wherever she goes. She lives with her partner and two fur children. Elaine Miller-Karas, LCSW, is cofounder and executive director emeritus of the Trauma Resource Institute (TRI). Miller-Karas is a psychotherapist, and author of Building Resilience to Trauma. She shares her expertise with the public through her contributions to Psychology Today, and through her weekly radio show, Resiliency Within, on VoiceAmerica.





Title: Handbook of Clinical Psychopharmacology for Therapists

Author: John D Preston

ISBN: 9781038704146

Retail Price (excl. tax): 71.99 USD

Pages: 798

Publication Date: 12/06/2025

Category: PSYCHOLOGY / Psychopathology / General

BISAC: PSY022000

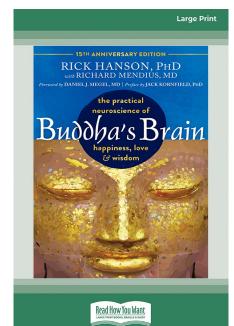
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: The Handbook of Clinical Psychopharmacology for Therapists is the go-to resource for mental health clinicians looking for clear, reliable information about the treatment of mental health issues. This fully revised and updated tenth edition provides essential information on new medications and treatment options, and includes the latest research on side effects, contraindications, and efficacy of all major medications prescribed for mental health disorders.

About the Author: Bret A. Moore, PsyD, ABPP, is a prescribing psychologist and board-certified clinical psychologist in San Antonio, TX. His primary specialties include clinical psychopharmacology, psychological trauma, and post-traumatic growth. In addition to maintaining an active practice in clinical psychopharmacology over the past fifteen years, he has designed and taught courses in clinical psychopharmacology, clinical medicine, and military psychology for the University of Missouri, Fairleigh Dickinson University, and the Chicago School of Professional Psychology. Moore has authored and edited twenty-four books, dozens of book chapters, and over one hundred peer-reviewed and professional articles. John H. O'Neal, MD, is a board-certified psychiatrist who began a private practice in 1977. He is past chief of the department of psychiatry at Sutter Community Hospital in Sacramento, CA, and was an associate clinical professor of psychiatry at the UC Davis School of Medicine. He is a distinguished fellow of the APA. He lectures on depression and psychopharmacology to mental health professionals, employee assistance programs, and the public. O'Neal received his master's in clinical psychology from Harvard University, and doctor of medicine from the University of Washington. Mary C. Talaga, RPh, PhD, has been a pharmacist since 1977, with specialization in psychiatric pharmacy and pharmacy administration. She has extensive experience in health care, and has practiced in a variety of clinical settings. Over her career, she has contributed to the development of best practice guidelines, and has promoted collaborative care models. She has provided training and mentoring to health care professionals, and education to patients and consumers.





Title: Buddha's Brain: The Practical Neuroscience of Happiness, Love, and

Wisdom

Author: Rick Hanson

ISBN: 9781038704139

Retail Price (excl. tax): 36.99 USD

Pages: 352

Publication Date: 12/06/2025

Category: SELF-HELP / Personal Growth / General

BISAC: SEL031000

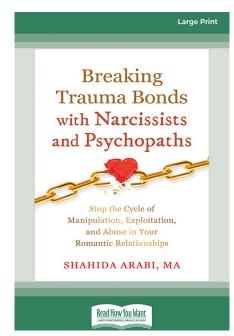
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Change your brain, change your life-that's the message of this self-help classic, now celebrating 15 years in print with more than 500,000 copies sold! In Buddha's Brain, neuroscientist and New York Times bestselling author Rick Hanson draws on breakthroughs in neuroscience to show readers how to develop greater happiness, love, and wisdom. This special anniversary edition also includes a new introduction from the author.

About the Author: Rick Hanson, PhD, is a psychologist, senior fellow at the University of California, Berkeley's Greater Good Science Center, and New York Times bestselling author. His books have been published in thirty-three languages, and include Making Great Relationships, Neurodharma, Resilient, Hardwiring Happiness, Buddha's Brain, Just One Thing, and Mother Nurture-with more than a million copies printed in English alone. His free newsletters have 250,000 subscribers, and his online programs have scholarships available for those with financial need. He's lectured at NASA, Google, Oxford, and Harvard, and taught in meditation centers worldwide. An expert on positive neuroplasticity, his work has been featured on BBC, CBS, NPR, and other major media; and he's the cohost of the Being Well podcast, downloaded over fifteen million times. He began meditating in 1974, and is founder of the Global Compassion Coalition as well as the Wellspring Institute for Neuroscience and Contemplative Wisdom. He and his wife live in northern California and have two adult children. He loves the wilderness and taking a break from emails. Richard Mendius, MD, is a neurologist, and cofounder of the Wellspring Institute for Neuroscience and Contemplative Wisdom. He taught medicine at University of California, Los Angeles and Stanford University in Palo Alto, CA. He also teaches weekly meditation classes at San Quentin State Prison. He and his wife have three children.Daniel J. Siegel, MD, is executive director of the Mindsight Institute and associate clinical professor of psychiatry at the University of California, Los Angeles School of Medicine. He is author of The Developing Mind, The Mindful Brain, and other books, and founding editor of the Norton Series on Interpersonal Neurobiology. Jack Kornfield, PhD, is cofounder of the Insight Meditation Society in Barre, MA, and a founding teacher of Spirit Rock Meditation Center in Woodacre, CA. He is author of many books, including A Path with Heart and The W





Title: Breaking Trauma Bonds with Narcissists and Psychopaths: Stop the Cycle of Manipulation, Exploitation, and Abuse in Your Romantic Relationships

ISBN: 9781038704122

Retail Price (excl. tax): 36.99 USD

Pages: 364

Publication Date: 12/06/2025

Category: FAMILY & RELATIONSHIPS / Abuse / Domestic Partner Abuse

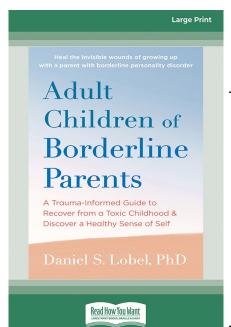
BISAC: FAM001030

Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: People in romantic relationships with narcissists or psychopaths often feel manipulated, exploited, and abused. They may even develop trauma bonds with their abuser-simply out of fear and an instinct to survive. Breaking Trauma Bonds with Narcissists and Psychopaths draws on the latest innovative research to help readers to heal from trauma bonds, gain the courage needed to draw boundaries, and break free from manipulation and gaslighting for good.





Title: Adult Children of Borderline Parents: A Trauma-Informed Guide to Recover from a Toxic Childhood and Discover a Healthy Sense of Self

Author: Daniel S. Lobel

ISBN: 9781038704115

Retail Price (excl. tax): 28.99 USD

Pages: 228

Publication Date: 12/06/2025

Category: FAMILY & RELATIONSHIPS / Parenting / Parent & Adult Child

BISAC: FAM033000

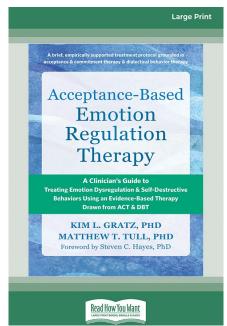
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Growing up with a borderline parent can result in hidden wounds of guilt, anger, and a distorted sense of self that lingers well into adulthood. Borderline personality disorder (BPD) expert and author Daniel Lobel offers adults raised by a parent with BPD a trauma-informed guide for understanding their hidden wounds and healing from their toxic childhood. Using a therapeutic tool called emotional reprocessing, readers will learn how to neutralize the harmful effects of their childhood, develop a healthy sense of self, and reclaim their full potential.

About the Author: Daniel S. Lobel, PhD, is a clinical psychologist who practices in Katonah, NY. He is an internationally known expert on borderline personality disorder (BPD), and consults with families all over the world who suffer with this disorder. He has taught at Mount Sinai School of Medicine, State University of New York, Hofstra School of Law, and lectures with the National Alliance on Mental Illness (NAMI). He has written four books on the topic of BPD, and also writes a blog on the Psychology Today website. He is author of When a Loved One Has Borderline Personality Disorder, When Your Mother Has Borderline Personality Disorder, and When Your Daughter Has BPD.





Title: Acceptance-Based Emotion Regulation Therapy: A Clinician's Guide to Treating Emotion Dysregulation and Self-Destructive Behaviors Using an Evidence-Based Therapy Drawn from ACT and DBT

ISBN: 9781038704108

Retail Price (excl. tax): 75.99 USD

Pages: 466

Publication Date: 12/06/2025

Category: PSYCHOLOGY / Clinical Psychology

BISAC: PSY007000

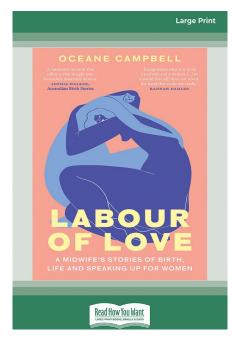
Format: [Large Print]

Original Publisher: New Harbinger Publishing

About the Book: Originally developed for treating self-injury among women with borderline personality disorder, research now shows that acceptance-based emotion regulation therapy is powerfully effective in treating all components of emotion dysregulation and related psychiatric symptoms in a wide range of clients. Grounded in evidence-based acceptance and commitment therapy (ACT) and dialectical behavior therapy (DBT), this professional guide offers clinicians an array of techniques and tools they can use to improve client treatment outcomes and prevent relapse.

About the Author: Kim L. Gratz, PhD, is a senior clinical quality manager and clinical lead of the dialectical behavior therapy (DBT) program at Lyra Health. She also holds an appointment in the department of psychology at the University of Toledo, where she previously served as professor and chair. She has received multiple awards for her research on emotion regulation, personality disorders, and self-injury; and has authored more than 250 peer-reviewed publications and eight books on border-line personality disorder (BPD), self-injury, and DBT.Matthew T. Tull, PhD, is a clinical quality supervisor at Lyra Health, and also holds an appointment in the department of psychology at the University of Toledo. Tull's research and clinical work emphasize the role of emotion regulation in anxiety disorders; trauma and stressor-related disorders; and high-risk behaviors such as substance use, self-injury, and suicide. His work has been recognized through awards from the Association for Behavioral and Cognitive Therapies, and the International Society for Traumatic Stress Studies. Steven C. Hayes, PhD, is Nevada Foundation Professor in the department of psychology at the University of Nevada, Reno. He has been president of numerous professional organizations, and is author of nearly fifty books and more than 700 articles and book chapters. Hayes is originator and codeveloper of acceptance and commitment therapy (ACT), a powerful therapy method that is useful in a wide variety of areas.





Title: Labour of Love: A Midwife's Stories of Birth, Life and Speaking Up for

Women

Author: Oceane Campbell

ISBN: 9781038703736

Retail Price (excl. tax): 43.99 USD

Pages: 432

Publication Date: 4/08/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

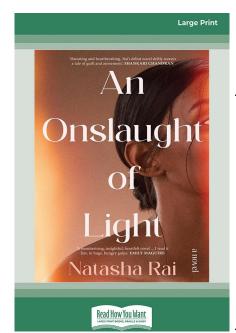
Original Publisher: Pantera Press

About the Book: <is'l get changed into my scrubs, relieved for the focus on other women's bodies, making sure they feel safe, strong and worthy of respect. I know exactly the sort of midwife I want to be: the sort that I need.'</i>
From her first days as a junior midwifery student, through to birthing babies during lockdown measures, Labour of Love follows Australian midwife Oceane Campbell. In her first ten years catching babies she finds the courage to advocate for mothers, save lives, and soothe, grieve with, and celebrate new parents.
Sort/>
As a feminist, woman, mother and midwife, Oceane keenly observes the impacts of birth, and the power dynamics of a system that doesn't always support women when they're most vulnerable. I in 10 women in Australia report obstetric violence, and I in 3 report trauma from their birthing experience. Something needs to change.
Sort/>
Labour of Love explores issues of consent, risk, misogyny and autonomy that surround the monumental transition from woman to mother. Oceane's stories will leave you in awe of the human body and the miracle of witnessing a baby's first breath.
Sort/>
A midwife's stories of birth, babies and learning how to stand up for what she believes - and the women she supports.

About the Author: Oceane Campbell is a proud and passionate midwife and writer working, living and mothering her three children on the unceded lands of the Awabakal nation. Oceane's first book, The Silence Between Us: A Mother and Daughter's Conversation Through Suicide and into Life (2021), is a raw and original double memoir tracing mother and daughter as they try to understand and rebuild their relationship after Oceane's suicide attempt as a teenager.

br/>Before becoming a midwife in 2016, Oceane completed a psychology degree with honours. In 2022, she was named Newcastle Woman of the Year for her advocacy work in mental health and helping LGBTQI+ families access maternity care.





Title: An Onslaught of Light

Author: Natasha Rai

ISBN: 9781038703729

Retail Price (excl. tax): 43.99 USD

Pages: 464

Publication Date: 4/08/2025

Category: FICTION / Literary

BISAC: FIC019000

Format: [Large Print]

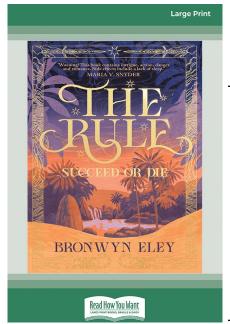
Original Publisher: Pantera Press

About the Book: A luminous, beautifully observed novel about the people we once were, and the people we can become - if only we're brave enough to try.

| Strict | Str

About the Author: Natasha Rai is an Indian-Australian woman who was born in India and migrated to Australia with her parents at the age of ten. She lived in the UK for several years as an adult, and the influence of three homes features in her writing. Her work has appeared in Australia's first #MeToo anthology, Enough, Overland, Verity La and StylusLit. Her first novel, An Onslaught of Light, was longlisted for the 2017 Richell Prize and the 2018 KYD Unpublished Manuscript Award, and was highly commended for the 2022 WestWords/Ultimo Prize.





Title: The Rule

Author: Bronwyn Eley

ISBN: 9781038703712

Retail Price (excl. tax): 52.99 USD

Pages: 596

Publication Date: 4/08/2025

Category: FICTION / Fantasy / Romantic

BISAC: FIC009090

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: <i>She has lived only in shadows, but now she must step into the light.</i>
ber/>sbr/>sbr/>sbr/>sbrn and raised by the Baleful, an assassin guild spoken of only in hushed rumours, Zinha is chosen for a dangerous assignment - a game of seduction with a deadly goal that will test everything she's trained for. The King wishes to invade the neighbouring country of Maetora, but he must first neutralise their ruler - and her dangerous magic.

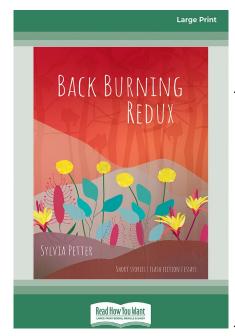
spr/>zlinha infiltrates The Trial of Power, a magical competition during which the Maetorian Heir chooses his consort. She must seduce the Heir, uncover his mother's secrets and topple their kingdom from within. But Heir Reyher is not what she expected, and neither are the Maetorians. Especially Mateo, a fellow contestant with his own secrets.

spr/>sbr/>sbr/>As Zinha gains more distance from the darkness of her previous life, doubts begin to surface about everything she's been told. When rumours of a rival assassin threaten her success - and the lives of the people she has come to love - Zinha is forced to choose between the powerful bonds of her past and the fragile hope of an unexpected future. Because time is running out, and the Baleful live by only one rule:

spr/>Succeed or die.

About the Author: Bronwyn Eley has been doing two things since childhood: writing and fighting. As a fantasy author, she looks for opportunities to incorporate her martial arts experience into her stories. Before being published, Bronwyn was in the military, studied Linguistics at university, worked in the book and travel industries, and continues to travel excessively. Originally from Sydney, Bronwyn now lives in Edinburgh and confirms she does like haggis.





Title: Backburning Redux **Author:** Sylvia Petter

ISBN: 9781038703033

Retail Price (excl. tax): 28.99 USD

Pages: 228

Publication Date: 1/07/2025

Category: FICTION / Anthologies (multiple authors)

BISAC: FIC003000

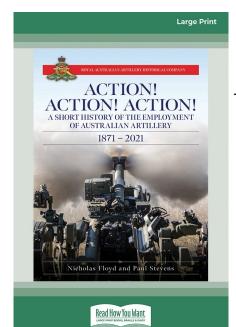
Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: Somewhere in the not too recent past, a misguided moment of youthful naivety threatened to crumble the hopes and aspirations of more than just the people involved. Now, with hindsight, and in an effort to know the truth before it's too late, Nick and Lia have to put aside their differences and put right the many past wrongs as they uncover a family secret that bonds them for life. In the process do they reveal their own hidden secrets?

About the Author: Sylvia Petter was born in Vienna and grew up in Australia. She graduated from the University of New South Wales and studied translation at the University of Vienna. She began writing fiction in the early nineties and was taught by Timothy Findley and Peter Carey through the Humber School for Writers in Toronto. She has been featured at conferences of the Society for the Study of the Short Story in English in New Orleans in 2002 and Alcala de Henares, Spain, in 2004. She was an active member of the Geneva Writers' Group where she participated in workshops with Susan Tiberghien, Isabel Huggan, Thomas E. Kennedy, David Applefield, Peter Ho Davies, and Lee Gutkind.





Title: Action Action Action: The History of the Employment of Australian

Artillery 1871-2021

Author: Nicholas Floyd and Paul Stevens

ISBN: 9781038702845

Retail Price (excl. tax): 43.99 USD

Pages: 496

Publication Date: 1/07/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Military

BISAC: BIO008000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Over one hundred and fifty years ago, on 1st August 1871, the Colony of New South Wales raised its first permanent Battery, known as the New South Wales Artillery. This battery complemented existing colonial volunteer batteries. The previous year, the last British forces had departed for England, leaving the young, dynamic colonies across Australia to uphold their own defences. This occasion marked the origins of the substantive, permanent presence of professional Australian artillery soldiers - a presence that endures to this day as the Royal Regiment of Australian Artillery.

| Soldiers - a presence that endures to this day as the Royal Regiment of Australian Artillery.

| Soldiers - a presence that endures to this day as the Royal Regiment of Australian Artillery.

| Australian Gunners have served their country in war and in peace; abroad, and in the defence of their homeland, with honour and dedication, and will continue to do so into the future.

| Soldiers - Soldiers - Soldiers - Volunteer, Militia, Reserve, Permanent and Regular; at home, and in far-off lands; defending assaults from the sea, in the sky, and on land; and advising, defending and supporting our comrades-in-arms through summoning and orchestrating devastating fires and effects that are accurate, responsive, dependable & Samp; joint. These are, and will remain, the tenets of the Royal Regiment of Australian Artillery in all its forms.

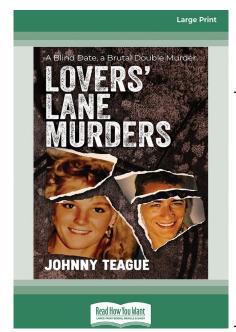
| Soldiers - Soldier

About the Author: Lieutenant Colonel Nick Floyd has over 35 years' regular service with the Royal Australian Artillery in gun regiments, instructional institutions, Army and Defence Headquarters. He has served on warlike operations in Iraq and Afghanistan. As a Director of the RAAHC, he convened the Firepower: Lessons from the Great War Seminar Series, 2015 to 2018. He was previously the Army Contributing Historian to the Official History of Australian Operations in Iraq and Afghanistan, and Australian Peacekeeping Operations in East Timor.

br/>

hajor General Paul Stevens AO (Retd). General Stevens served 33 years in the Australian Army before retirement. He saw active service in South Vietnam with 105 Field Battery. He later served as Commanding Officer/Chief Instructor at the School of Artillery, and Chief of Army Personnel. After the Army, Paul held the statutory appointments of Repatriation Commissioner and Director of the Office of Australian War Graves in the Veterans' Affairs portfolio and was a member of both the Administrative Review Council and the Australian War Memorial Council.





Title: Lover's Lane Murders: A Blind Date, A Brutal Double Murder

Author: Johnny Teague

ISBN: 9781038702838

Retail Price (excl. tax): 36.99 USD

Pages: 322

Publication Date: 1/07/2025

Category: SOCIAL SCIENCE / Criminology

BISAC: SOC004000

Format: [Large Print]

Original Publisher: Big Sky Publishing

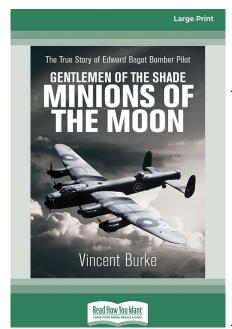
About the Book: Andy Atkinson and Cheryl Henry had known each other for two weeks when their young romance ended in a horrifying tragedy. He was a handsome college student, new to Houston; she was a blonde-haired, hazel-eyed beauty with her whole future ahead of her. On their second date, they headed to a secluded spot known to locals as "Lovers' Lane."

>The romantic setting quickly became the scene of a brutal crime. Cheryl was found raped, buried under fence boards, while Andy was tied to a tree with his throat slashed. The method shared eerie similarities to other unsolved cases. Their savage murders sent shockwaves through Houston, igniting a massive investigation that, despite countless suspects and years of scrutiny, remains unsolved.

>try>the Lovers' Lane Murders delves deep into this chilling true crime case, shedding light on the victims' lives, and the relentless search for answers that continues to haunt the families of Cheryl and Andy. With exclusive, never-before revealed insights, this book brings new hope to solving one of Houston's most infamous cold cases.

About the Author: Dr. Johnny Teague is a historian and the Senior Pastor of Church at the Cross in West Houston. He has been a pastor for over twenty-four years. He has written four books thus far - Living Your Way Out of the Mess, Preaching Your Way Out of a Mess (Preaching Magazine' s 2019 Book of the Year), The Lost Diary of Anne Frank (Association for Jewish Studies Honor Roll of 2021 books, available in hardback, softcover, eBook, and Audible), and The Lost Diary of George Washington, The Revolutionary War Years (Editor's Pick in The Manhattan





Title: Gentlemen of the Shade Minions of the Moon: The True Story of Ed-

ward Bagot Bomber Pilot **Author:** Vincent Burke

ISBN: 9781038702821

Retail Price (excl. tax): 37.99 USD

Pages: 250

Publication Date: 1/07/2025

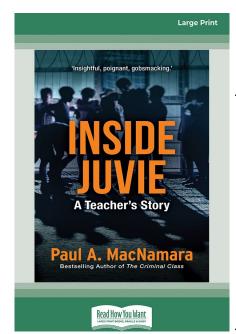
Category: HISTORY / Military / General

BISAC: HIS027000

Format: [Large Print]

Original Publisher: Big Sky Publishing





Title: Inside Juvie: A Teacher's Story

Author: Paul MacNamara

ISBN: 9781038702814

Retail Price (excl. tax): 43.99 USD

Pages: 486

Publication Date: 1/07/2025

Category: TRUE CRIME / General

BISAC: TRU000000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: A gripping look at teaching in the volatile world of juvenile detention. Inside Juvie plunges readers into the eye-opening journey of Tommy, a former state schoolteacher now navigating the tumultuous world of juvenile detention. Transitioning from teaching adults in prisons to stepping into classrooms within youth incarceration facilities is a far cry from the predictability and safety of traditional education. Amidst the chaos, violence, and fleeting moments of connection, Tommy rides a gritty roller-coaster, encountering unexpected breakthroughs amidst the turmoil. The stories are both heartbreaking and compelling: a 12-year-old who has never known the security of three meals a day, a young detainee who waits in vain for a mother's visit that never comes, and the frightening escalations of violence that trigger duress alarms, security guards and devastating consequences. With a candid blend of darkness, hope, and humour, Inside Juvie explores th

About the Author: Paul MacNamara was born in Sydney, Australia. He has worked as an educator in several correctional centres in Australia as well as a teacher in the juvenile justice system. He never held a political position on the prison system and knew very little of the workings of a jail. In Teaching in Juvie, Macnamara has created a thought provoking tale based on his surreal and eye-opening experience, that is, all at once, tragic, amusing and entertaining. The author is currently based on the North Coast of NSW.





Title: Returning to Adelaide **Author:** Anne Freeman

ISBN: 9781038702296

Retail Price (excl. tax): 36.99 USD

Pages: 372

Publication Date: 3/06/2025

Category: FICTION / Romance / Contemporary

BISAC: FIC027020

Format: [Large Print]

Original Publisher: Hawkeye Publishing

About the Book: Adelaide Jones is about to taste the sweet life. Raising her 5-year-old twins is getting easier and her husband, Joe, is selling his IT company for an ungodly sum. Then, it all implodes. Could her quest to be indispensable to her husband have rendered her invisible instead? Maybe it's time Joe learned just how pampered his life is.

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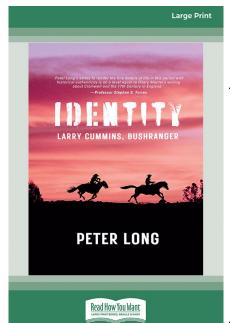
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About the Author: Anne Freeman writes contemporary fiction about women who are stuck in life and the extraordinary ways they shake themselves loose. They're always engaging and sometimes funny with reluctant adventures, sexy escapades and friendships that uplift.





Title: Identity: Larry Cummins, Bushranger

Author: Peter Long

ISBN: 9781038702289

Retail Price (excl. tax): 36.99 USD

Pages: 326

Publication Date: 3/06/2025

Category: FICTION / Historical / General

BISAC: FIC014000

Format: [Large Print]

Original Publisher: Hawkeye Publishing

About the Book: It's 1850 and New South Wales, Australia is awash with gold. Bushrangers are in the press, their names on everyone's lips: Ben Hall, Frank Gardiner, John Peisley, Dan Morgan, Captain Thunderbolt. They roam free, uninhibited, spending big in the shanties. The girls love them, these wild boys.

br/>

Teenager, Larry Cummins, decides to throw his hand in with them. He'll think about consequences later.

br/>

Bail the coach. Grab the bank's cash. Scarper. Take the bullets, the whips, societal stings. If you weaken you die...

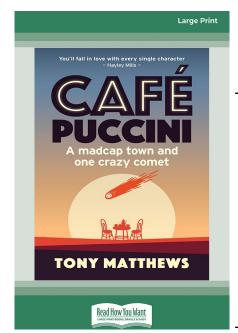
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A tale of adventure, love, tragedy and redemption, touchingly told by Larry Cummins' great-grandson, multi-award-winning author, Peter Long.

br/>
ldentity: Larry Cummins, Bushranger, is literary historical fiction inspired by a real story.

About the Author: Peter Long has worked as a stockman, public servant, consultant, researcher and academic. His first novel was Steve Hart: The Last Kelly Standing (Hawkeye 2022). Peter studied in Canada and holds degrees from University of Queensland and University of Toronto. His poetry has been highly commended in the McGregor Literary Competition and a long poem published in Paper Children. He has been long-listed and published in both The Stringybark and Sydney Hammond short story competitions and his collection of short stories long-listed in the 2020 Hawkeye Manuscript Development Prize.





Title: Café Puccini: A madcap town and one crazy coment

Author: Tony Matthews

ISBN: 9781038702227

Retail Price (excl. tax): 63.99 USD

Pages: 700

Publication Date: 3/06/2025

Category: FICTION / Humorous / General

BISAC: FIC016000

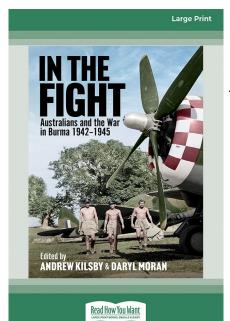
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: You'll fall in love with every single character' - Hayley Mills What happens when a quirky Australian town faces the imminent arrival of a huge fiery comet? Do the residents embrace all possibilities or run like hell? WARNING, WARNING, WARNING, WARNING Cactus Bob, a grizzled pensioner in a red beanie, thought surviving a death-roll by a monster saltwater crocodile was tough. But now he faces an even more devastating challenge: strange messages are arriving via his clapped-out blackand-white TV, warning of a fiery comet hurtling toward his tiny cottage on the outskirts of Wellsprings. Cafã© Puccini, the social hub of the colourful community, is abuzz. Is the comet real or just another zany publicity stunt dreamt up by Ah Sow, the town's crafty trader? Will Angelo, the cafã© owner, reunite with the wife he had somehow 'misplaced' thirteen years earlier? How did a lucky Zulu millionaire and his mysteriously 'top-secret' Norwegian wife become tied to all the comet chaos, and why is a crusty old Scottish boat-builder crafting a unique monument to the stars? As the comet draws closer, secrets unravel, alliances form, and tensions rise. Join Wellsprings' oddball residents as they navigate love, cosmic calamities, and outrageous adventures. Prepare for a wild ride filled with colourful characters, unexpected twists, and a mystery that will keep you guessing in this outlandish tale of resilience, eccentricity, and the sheer magic of the bush.

About the Author: Tony Matthews, a Welsh-Australian author, has devoted much of his adult life to writing nearly forty books, spanning both fiction and non-fiction. His career in the television industry included writing, producing, and directing numerous historical documentaries for the Seven Network and ABC Television, alongside over five hundred historical programs for ABC Radio.





Title: In the Fight: Australians and the War in Burma 1942 -1945

Author: Andrew Kilsby and Darly Moran

ISBN: 9781038702210

Retail Price (excl. tax): 52.99 USD

Pages: 590

Publication Date: 3/06/2025

Category: HISTORY / Military / General

BISAC: HIS027000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Forgotten men and women from Australia in a forgotten war - Burma 1942-1945.

know that Australians were involved in the longest campaign of WWII, in Burma, in what was called 'a forgotten war', this book illuminates the lost stories of their service.

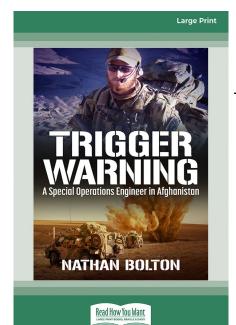
| Stories of their service | Stories of the great sagas of the war against the Japanese in South East Asia, encompassing India, Ceylon, Burma, China, Thailand, Indo-China, Malaya, Singapore and Sumatra. While Australian airmen attached to the Royal Air Force were heavily engaged, many other Australians both uniformed and civilian were part of the monumental struggle to turn 'defeat into victory' in Burma.

| Stories | St

About the Author: Andrew Kilsby is an independent historian with a particular interest in military, business and biographical history. He lived and worked in Asia for nearly two decades. Andrew has a PhD in history from the University of NSW and is a graduate of RMC Duntroon, and author of a number of history publications. Editing, and writing for, In the Fight has brought together his interest in highlighting the unsung wartime contributions of Australians, both service and civilians, as well as bringing together new perspectives on what, for Australians in the Burma campaign at least, has become known as a 'forgotten war'.

-br/>-br/>-Daryl Moran is an independent military historian who has had a long career as a professional educator and administrator in various schools including a two year posting to an international in India. He holds a PhD from the University of Melbourne. Daryl has published Empire's Noble Son (2019) and is currently working as co-author on Resolute: Australian aircrew in the Burma Theatre 1942-1945, with Andrew Kilsby. His special interest in the Burma campaign was aroused during his time as an educator in India when he came across the graves of RAAF members killed in the conflict. In the Fight has given him the chance to further uncover many untold stories of other Australians in the theatre.





Title: Trigger Warning: A Special Operationsn Engineer in Afghanistan

Author: Nathan Bolton

ISBN: 9781038702203

Retail Price (excl. tax): 43.99 USD

Pages: 464

Publication Date: 3/06/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / General

BISAC: BIO000000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: In "Trigger Warning," journey with Nathan Bolton, a former Special Operations Engineer, as he confronts the relentless horrors of combat in Afghanistan. Tasked with detecting and disarming deadly IEDs, Nathan's tours are a combination of chaos and peril, where every step could lead to death or maiming. But the true battleground lies within, as Nathan grapples with the shadows of trauma and the desperate pursuit of his father's approval.

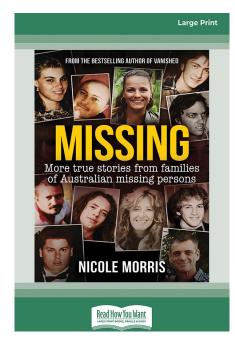
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About the Author: Nathan Bolton was a former Special Operations Engineer deployed twice to Afghanistan with Australia's Special Forces. After numerous traumatic situations, the high-achieving, and confident Nathan would return home a fragmented shell of his former self, struck down by PTSD, Depression and Anxiety. A battle that almost cost him his life but bore a gift of no comparison. He has learned to not only overcome his demons but also how to use the pain of his past to support others walking down the same road.

hr/>Nathan is a mental health advocate promoting mental health awareness, stigma reduction, and help-seeking behaviours. Nathan has dedicated himself to various advocacy roles including the SA Premier's Council on Suicide Prevention and Wellbeing-SA's Community Advisory Committee for Mental Health. He was the State Representative of the Special Operations Engineers Regiment Welfare Association and former Director of Bolton Brothers, a men's psychology company.

hr/>Shr/>Nathan uses his experiences, the mistakes he made, but more importantly the lessons he learned along the way to prevent others from languishing needlessly and to shed light on the true strength and power of vulnerability. You can learn more about Nathan at www.nathanbolton.com.au or FB: Nathan Bolton or Inst: Nathan.Bolton.MMH





Title: Missing: More true stories from families of Australian missing per-

sons

Author: Nicole Norris

ISBN: 9781038702197

Retail Price (excl. tax): 52.99 USD

Pages: 576

Publication Date: 3/06/2025

Category: TRUE CRIME / General

BISAC: TRU000000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: n Missing, Nicole Morris, best-selling author of Vanished and founder of the Australian Missing Persons Register, delves into the chilling world of long-term missing persons cases. With over 55,000 disappearances annually in Australia, each story is a heart-wrenching account of unanswered questions and shattered lives.

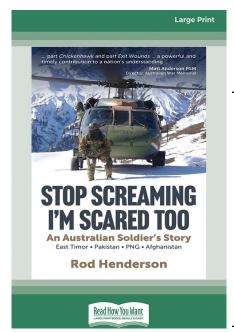
br/>From a West Australian man entangled in the dangers of online dating to an Adelaide father possibly linked to Australia's most notorious serial killings, Morris uncovers haunting tales of those who vanished without a trace. Three mothers leaving behind bewildered children, a young hitchhiker lost on a desolate Queensland highway, and two Sydney men who lost their way-all woven into the fabric of inexplicable disappearances.

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The narrative spans decades, from the 1980s to present-day mysteries, including the puzzling case of a gentle Greenpeace worker vanishing amidst inner-city Melbourne, the suspicious disappearance of a 21-year-old, and the grim discovery of scattered remains in Queensland, unravelling a harrowing tale of violence and tragedy. And then there is the perplexing case of a man who went missing over and over again.

br/>
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Missing sheds light on the untold stories of those who vanished, leaving behind a void of unanswered questions and enduring pain. Nicole Morris brings attention to the cold cases from families of missing persons, raising awareness, and hopefully uncovering new leads for desperate families searching for the truth

About the Author: Nicole Morris is the Director of the Australian Missing Persons Register, which she founded in 2005. In June 2023, Nicole was honoured with the Compassion in Media award by the Queensland Homicide Victims' Support Group. In 2012, she received the Queensland Pride of Australia award for Community Spirit, followed by a National gold medal in the same year. Twice nominated for Australian of the Year, Nicole has made numerous appearances on radio, television, and in newsprint. She serves as a voice for voiceless missing persons, tirelessly advocating for them and raising awareness. Providing comfort and guidance to countless families and friends of missing persons, she supports them on their journeys to find their lost loved ones. With hundreds of thousands of followers on her Facebook page, Nicole has earned the respect of law enforcement and government agencies both in Australia and internationally. Her debut book, "Vanished" (2023), shares the stories of families of Australian missing persons.





Title: Stop Screaming, I'm Scared Too: An Australian soldier's story

Author: Rod Henderson

ISBN: 9781038702180

Retail Price (excl. tax): 43.99 USD

Pages: 474

Publication Date: 3/06/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Military

BISAC: BIO008000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: 'Stop screaming, I'm scared too!' is not what you'd expect to see on the back of a loadmaster's helmet in a Chinook helicopter flying over southern Afghanistan, but for Rod Henderson it sums up his 22 years of service as a soldier in the Australian Army.

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During the busiest period in the Army's history, Rod was deployed to East Timor, Papua New Guinea, Pakistan and Afghanistan. In Australia, he was involved in counter terrorism operations and disaster recovery. From an infantry paratrooper, to Chinook loadmaster and Black Hawk door gunner, Rod reveals an enthralling and unique perspective of service.

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Whether it is 'right place wrong time' or just unlucky, he found himself in a series of life threatening and traumatic events. Each one took a toll. Accepting the physical injuries and mental health challenges from his service, Rod found healing in the hallowed halls of the Australian War Memorial.

br/>

This is not the story of a general or a Special Forces hero. It is the extraordinary memoir of a regular Australian soldier. Like so many others who have served their country with honour and distinction, the little-known stories of ordinary soldiers deserve to be told.

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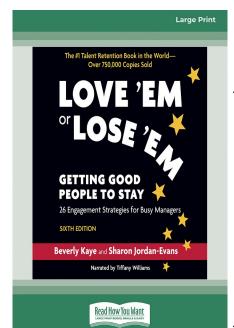
country with honour and distinction, the little-known stories of ordinary soldiers deserve to be told.

br/>

country with honour and distinction and honesty.

About the Author: In 1995, as a young, naÃ-ve teenager, Rod Henderson joined the Australian Army. He spent the next 22 years serving Australia during the busiest period in the Army's history. First as a paratrooper in the infantry, then as a door gunner on board Black Hawk and Chinook helicopters, Rod was deployed to many places in the world during his career. Whether it was luck or good training, he survived many near misses along the way. Rod now lives near Canberra with his wife, three young boys, two German shepherds and a flock of sheep. After a medical separation from the Army in 2017, Rod continues to serve his country working as a voluntary guide with the Australian War Memorial. He is passionate about veterans telling their experiences and has seen firsthand the benefit that storytelling brings.





Title: Love â€~Em or Lose â€~Em (Sixth Edition): Getting Good People to

Stay

Author: Beverly Kaye and Sharon Jordan-Evans

ISBN: 9781038701749

Retail Price (excl. tax): 36.99 USD

Pages: 402

Publication Date: 27/02/2025

Category: BUSINESS & ECONOMICS / Human Resources & Personnel Management

BISAC: BUS030000

Format: [Large Print]

Original Publisher: Berrett-Koehler Publishers

About the Book: This sixth edition of the number one bestselling employee retention book in the world (over 800,000 copies sold) puts a new emphasis on diversity and inclusion but keeps the same appealing format: twenty-six simple strategies from A to Z.
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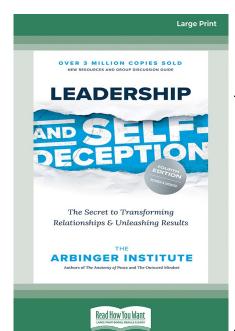
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About the Author: Beverly Kaye is the founder and CEO of her own consulting company, BevKaye&Co. She was honored with the Lifetime Achievement Award from the Association for Talent Development for her groundbreaking and continual contributions to workplace learning. She is the coauthor of several books, including six editions of Love 'Em or Lose 'Em.

Sharon Jordan-Evans is president of the Jordan Evans Group. She has worked with organizations like American Express, Boeing, Disney, Lockheed Martin, Cheesecake Factory, Monster.com, MTV, PBS, Sony, and Universal Studios. She and Beverly Kaye are the coauthor of Love It, Don't Leave It and Hello Stay Interviews, Goodbye Talent Loss.





Title: Leadership and Self-Deception (Fourth Edition): The Secret to Trans-

forming Relationships and Unleashing Results

Author: The Arbinger Institute

ISBN: 9781038701732

Retail Price (excl. tax): 27.99 USD

Pages: 180

Publication Date: 27/02/2025

Category: BUSINESS & ECONOMICS / Leadership

BISAC: BUS071000

Format: [Large Print]

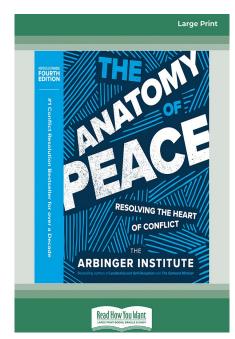
Original Publisher: Berrett-Koehler Publishers

About the Book: With almost 3 million copies sold worldwide, this new edition of an enduring classic is the definitive guide to dramatically improve leadership effectiveness, transform personal and professional relationships, and unleash organizational results.

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About the Author: The Arbinger Institute is an international training, consulting, and coaching firm that specializes in conflict resolution and cultural transformation within organizations of every kind. Arbinger's clients range from nonprofit organizations and high-tech startups to many of the largest companies and governmental institutions in the world.





Title: The Anatomy of Peace (Fourth Edition): Resolving the Heart of Con-

flict

Author: The Arbinger Institute

ISBN: 9781038701725

Retail Price (excl. tax): 36.99 USD

Pages: 324

Publication Date: 27/02/2025

Category: SELF-HELP / Personal Growth / General

BISAC: SEL031000

Format: [Large Print]

Original Publisher: Berrett-Koehler Publishers

About the Book:

From the authors of <i>Leadership and Self-Deception</i>
(i) (over 2 million copies sold) comes a new edition of this bestseller that has been thoroughly revised to more effectively address the diversity, equity, and inclusion challenges that plague our communities and hinder our organizations.
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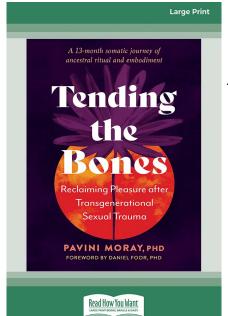
What if conflicts at home, at work, and in the world stem from the same root cause? What if we systematically misunderstand that cause? And what if, as a result, we unwittingly perpetuate the very problems we think we are trying to solve?

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About the Author: The Arbinger Institute is an international training, consulting, and coaching firm that specializes in conflict resolution and cultural transformation within organizations of every kind. Arbinger's clients range from nonprofit organizations and high-tech startups to many of the largest companies and governmental institutions in the world.





Title: Tending the Bones: Reclaiming Pleasure after Transgenerational Sexual Trauma--A 13-month somatic journey of ancestral ritual and embodiment

ISBN: 9781038701718

Retail Price (excl. tax): 52.99 USD

Pages: 506

Publication Date: 24/02/2025

Category: SELF-HELP / Abuse

BISAC: SEL001000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Healing from sexual trauma is deep, transformative, and life-changing work. And when we begin the journey to address not just our own traumas but those borne by our ancestors, we heal across generations-finding wholeness and reclaiming erotic wellness for ourselves while lovingly tending the harm and trauma carried in our lineages.

br/>From altars to reverence practices, resilience plans to somatic resourcing, Tending the Bones holds you in care and power. Pavini Moray, PhD invites you to reconnect to the profound wisdom of your body-and your ancestors.

br/>•Â Part One: Build Inner Resources offers skills, practices, and resilience tools essential to healing the wounds of transgenerational sexual trauma

br/>a€¢Â Part Two: Heal Trauma helps you acknowledge and integrate traumatic experiences and invites you to explore what justice means to you.

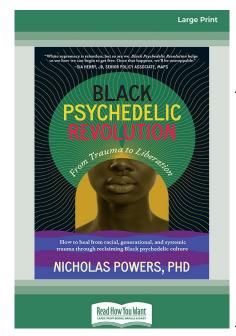
br/>•Â Part Three: Savor shows you how to connect and work with ancestral guides. It also explores principles of somatic sexuality for recovering wholeness and pleasure after sexual trauma.

br/>br/>br/>Guided by the 13 lunar cycles of the year, each module includes a ritual, prayer, poem, daily practice, and worksheet for reflection and healing. With chapters like "Blessing Moon," "Ancestor Moon," "Sovereign Moon," "Integration Moon," and more, Tending the Bones takes a holistic, multidisciplinary approach to healing from sexual trauma and provides a safe container and solid foundation to explore this deep transformational work.

br/>br/>Engaging, warm, and authentic, Tending the Bones centers your experiences as a reader and survivor, whether you've experienced sexual trauma, are living the embodied impacts of your ancestors' trauma, or both.

About the Author: PAVINI MORAY has started, failed, and succeeded at many businesses. A serial entrepreneur, they have built private practices, a worker collective, and a for-profit company. Thirty years of teaching experience has shaped them into a service-oriented leader, facilitator, and teacher who meets students and clients where they are. A somatic coach specializing in trauma and rela- tionships, they have developed pedagogy and methodology for embodied relationships. They have helped thousands live lives of pleasure and satisfac- tion. Pavini is a queer, trans, nonbinary founder with insight into outsider cultures and the need for accessibility. Moray holds an MEd in Montessori curriculum design, as well as a PhD in somatic psychology. They are the author of How to Hold Power. Learn more at pavinimoray.com.





Title: Black Psychedelic Revolution: From Trauma to Liberation--How to heal from racial, generational, and systemic trauma through reclaiming Black psychedelic culture

ISBN: 9781038701701

Retail Price (excl. tax): 36.99 USD

Pages: 362

Publication Date: 24/02/2025

Category: BODY, MIND & SPIRIT / Entheogens & Visionary Substances

BISAC: OCC039000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: The mainstream has long viewed psychedelic medicine as the purview of people with privilege: money to burn, time to trip, and the social safety to experiment. Though psychedelics have deep roots in Black and Indigenous cultures, Western psychedelic spaces have historically excluded People of Color-but the radical healing of psilocybin, MDMA, and ketamine aren't just for a rarefied elite. And they're definitely not just for white people.

br/>cbr/>cbr/>Combined with quality therapy, safe and equitable access, and full-scale societal healing, psychedelics are a shortcut to liberation, dignity, and power-the "Promised Land" as envisioned by Martin Luther King, Jr.
br/>cbr/>Risqué? Sure. But it's true.
br/>cbr/>cbr/>ln Black Psychedelic Revolution, Dr. Nicholas Powers charts how psychedelics can heal racial pain passed on through generations. He shows how this medicine unlocks a return to one's self, facilitating an embodied experience of safety, peace, and being-here-now otherwise disrupted by whiteness-and he explores how psychedelics can catalyze individual wellness even as they transcend it. Drugs taken with therapy can heal. But drugs taken with a social movement can heal a nation.
br/>cbr/>cbr/>Powers unpacks how the Drug War, racist policing, mass incarceration, and community gatekeeping intersect to sideline POC-specifically Black people-from the psychedelic movement. He asserts the need for a full-stop reclamation and revolution: one that eschews psychedelic exceptionalism, breaks down raced and classed constructs of "good" vs. "bad" drugs, realizes healing, and lives into a free, strong, and independent Blackness.

About the Author: Nicholas Powers is an Associate Professor of English at SUNY Old Westbury. Powers has presented talks and reports from the Psychedelic Renaissance since 2017. He has written for numerous psychedelic publications from Lucid News to Double Blind. Alongside published articles, he has given talks at Naropa University and Chacruna. Powers has published three books with Upset Press. The first is a book of poetry, the second a mix of reportage from disaster zones, protests, and Burning Man. The third is a political vampire novel. He regularly attends Wild Seeds Writers Retreat and Cave Canem Black poetry workshops. Powers lives in Brooklyn with his son.





Title: Being (Sick) Enough: Thoughts on Invisible Illness, Childhood Trauma,

and Living Well When Surviving Is Hard

Author: Jessica Graham

ISBN: 9781038701695

Retail Price (excl. tax): 36.99 USD

Pages: 380

Publication Date: 24/02/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: In an unapologetic look at living well with trauma and chronic illness, writer and meditation teacher Jessica Graham offers smart, funny, raw, and mindful insights on untangling-and embracing-the messy realities of being a human alive on this planet today.

Soraham gives us permission to accept care-and accept that it's okay to want care. They weave together personal stories and practical wisdom, offering their take on managing symptoms, getting creative, setting boundaries, and healing from ableist tropes like "you don't look sick" and "we're all a little ADHD."

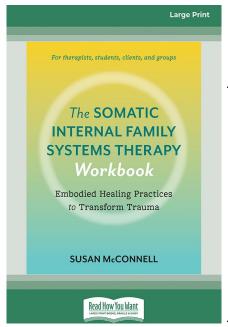
Soraham also shares vulnerable personal history: The adverse childhood experiences that wired their body and brain. The workaholism and addictions that kept their pain lying just below the surface. How illness and trauma intersect to obscure the knowledge that we're each enough, wholly as we are.

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This memoir explores the parts of chronic illness life that don't get enough airtime: How can we center sex and pleasure when pain gets in the way? How can we live well while living through late-stage capitalist hell? How can we come into relationship with our pain without falling prey to self-blame, magical thinking, or toxic positivity?

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Wise and embodied, fearless and necessary, Being (Sick) Enough is both a wild awakening and a love letter to your whole self: the pains and suffering, joys and brightness, and vital connections that hold each of us as we navigate what it means to be here, like this, right now.

About the Author: Jessica Graham is a trauma resolution guide, specializing in complex-developmental trauma and post-traumatic growth. They are also a meditation teacher, chronic pain coach, sex and relationship guide, speaker, and author of Good Sex: Getting Off Without Checking Out. Jessica is certified as both a ReBloom Post-Traumatic Growth Guide and a Grief Recovery Specialist. They have been trained and are qualified to practice in Brainspotting and are a senior teacher of Shinzen Young's meditation system. Jessica's work can be found on many apps and they have offered workshops and retreats at various centers internationally, including Esalen Institute. Their work can also be found in The Great Courses' Masters of Mindfulness. In addition to this, Jessica is an acting teacher and an award-winning actor and filmmaker. Their upcoming book of essays and poems will be released by North Atlantic books in January 2025.





Title: The Somatic Internal Family Systems Therapy Workbook: Embodied Healing Practices to Transform Trauma--For therapists, students, clients, and groups

ISBN: 9781038701688

Retail Price (excl. tax): 36.99 USD

Pages: 320

Publication Date: 24/02/2025

Category: PSYCHOLOGY / Psychotherapy / Counseling

BISAC: PSY010000

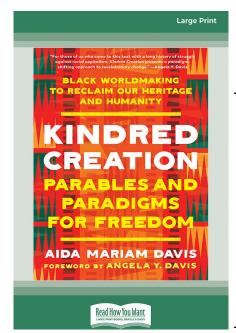
Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: With body-based exercises, foundational tools, and practical guidance, The Somatic Internal Family Systems Therapy Workbook shows you how the 5 practices of Somatic IFS-somatic awareness, conscious breathing, radical resonance, mindful movement and attuned touch-work together to build embodied safety, integrate unresolved harm, and facilitate trauma healing.
br/>cbr/>The workbook opens by inviting the therapist to explore their own Internal System, offering an embodied approach to experiencing the model. Chapter 1 explores and explains foundational concepts like somatics, embodiment, Parts, Self, and the cultural influences that shape and shift our embodied experiences. Chapters 2-6 move into theoretical grounding, clinical applications, and practical exercises for each of the five practices. They offer tools to:
br/>• Develop clients' ability to name, describe, and convey sensations
br/>• Recognize and track for signs of overwhelm
br/>• Work with Parts that fear body awareness
br/>• Understand the purpose and clinical benefits of conscious breathing
br/>• Restore the Embodied Self
br/>• Explore therapeutic shifts from doing to to being with clients
br/>• Understand and practice attuned touch
br/>• Integrate mindful movement into healing developmental trauma
br/>•Â Understand and practice attuned touch
br/>br/>Each practice is designed to be used whenever it will be of benefit: the tools and exercises are non-linear and adaptable, and aren't limited by a prescriptive sequence. The workbook also explores links between current psychotherapeutic practice and ancient healing modalities, grounding SIFS in a larger web of effective somatic trauma healing and embodiment approaches.

About the Author: Susan McConnell, senior trainer for the Center for Self Leadership, has taught Internal Family Systems (IFS) in the U.S. and internationally since 1997. Somatic IFS, which McConnell developed in 2004, is a synthesis of her forty years of study, teaching, and clinical practice with bodywork, psychotherapy, and spiritual practices. McConnell holds a Master's Degree with an emphasis on Somatic Psychology, and is a Certified Internal Family Systems Therapist and a Certified Hakomi Therapist. She was also instrumental in curriculum development for IFS trainings and, as a Hakomi faculty member, for a training for bodyworkers using the Hakomi Method to explore through touch the way mind, body, heart, and spirit weave together to form the client's experiential world. McConnell has had a private practice since 1983 in Chicago, where she offers bodymind integration and consultation.





Title: Kindred Creation: Parables and Paradigms for Freedom--Black

worldmaking to reclaim our heritage and humanity

Author: Aida Mariam Davis

ISBN: 9781038701671

Retail Price (excl. tax): 36.99 USD

Pages: 370

Publication Date: 24/02/2025

Category: SOCIAL SCIENCE / Black Studies (Global)

BISAC: SOC056000

Format: [Large Print]

Original Publisher: North Atlantic Books

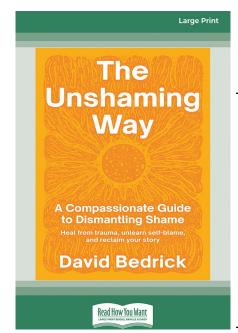
About the Book: This book is not written for settler consumption. Kindred Creation is a call and response to dream and design better worlds rooted in African lifeways: a path to Black freedom, a love letter to Black futures, and a blueprint to intergenerational Black joy and dignity-all (and always) on Black terms.

Author, organizer, and designer Aida Mariam Davis explores the historical and ongoing impacts of settler colonialism, making explicit the ways that extraction, oppression, and enslavement serve the goals of empire-not least by severing ancestral connections and disrupting profound and ancient relationships to self, nature, and community.
Structured in three parts-Remember, Refuse, and Reclaim-Kindred Creation is a philosophical guidebook and a vital invitation to power and reconnection. A Davis employs parable, poetry, theory, memory, narrative, and prophecy to help readers:
si€¢Â Remember: By unforgetting the unending and cascading violence of settler colonialism and other forms of domination and exploring the ways that African land, language, lifestyle, and labor are stolen, distorted, and repackaged for colonial consumption to extract capital and sever ties to ancestral knowledge, lifeways, and dignity
•Â Refuse: By rejecting and interrupting death-making institutions and relationships and choosing kinship and selfdetermination in the face of settler colonial violence
f/>•Â Reclaim: By revealing that freedom is within us-and within reach. Davis shares how the reader can birth new worlds and relationships and offers strategies for reclaiming land, language, lifestyle, and labor.

- The colonial violence and dispossession of African land, language, and labor is inflicted intentionally-and by design. Reclaiming African lifeways and remembering what was forcibly forgotten must be by creation: a remembering of our interconnectedness and kinship.

About the Author: Aida Mariam Davis holds a Bachelor of Arts in Political Science and African American studies from the University of California, Berkeley in addition to a Master's from the University of Southern California in Public Policy and Public Administration. Davis is currently the Chief People Officer of the Sierra Club. Davis founded and led Decolonize Design, a boutique consulting firm with clients spanning the nonprofit sector, philanthropy, and Fortune 500 companies. She created the Belonging, Dignity, Justice, and Joy (BDJJ) framework as an alternative to the Diversity, Equity, and Inclusion (DEI) industrial complex. Her writing can be found online and in print at various publications, including Stanford Social Innovation Review, World Economic Forum, Harvard Journal of African American Public Policy, and UC Berkeley Diaspora Magazine. She teaches a class on social innovation at the University of Pennsylvania. Davis currently resides in California with her husband and two children.





Title: The Unshaming Way: A Compassionate Guide to Dismantling Shame--

Heal from trauma, unlearn self-blame, and reclaim your story

Author: David Bedrick

ISBN: 9781038701664

Retail Price (excl. tax): 43.99 USD

Pages: 496

Publication Date: 24/02/2025

Category: SELF-HELP / Personal Growth / Self-Esteem

BISAC: SEL023000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Shame affects us all… often in ways we might not expect.

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helps us understand how shame shows up-and offers a revolutionary, stigma-free model to help us unshame and release its hold on our happiness.

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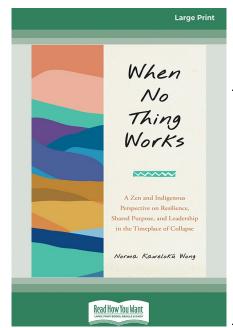
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helps us understand how shame shows up-and offers a revolutionary, stigma-free model to help us unshame and release its hold on our happiness.

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helps us more than feeling guilty, sad, or responsible. It develops when we experience a trauma but can't access the tools or freedom to express how we feel-or are denied the ability to ask for the care we need. It shows up when we aren't witnessed-whether by a loved one, our community, our culture, or anyone from whom we need to hear: whatever happened to you, these parts of you that you think are unlovable or wrong-you're not broken. I see you.

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Bedrick helps readers bring shame out of the shadows, inviting us to get to know it and listen to its wisdom without minimizing our traumas or pathologizing our experiences. He helps us move from seeing shame as a feeling toward holding it as an internal viewpoint-and offers us practical tools and exercises to dismantle the narratives that hold us back from living our lives whole, free, and in alignment with our most authentic selves.

About the Author: David Bedrick, JD, Dipl. PW, is a speaker, counselor, and attorney. He was an adjunct faculty for the University of Phoenix and the Process Work Institute in the U.S. and Poland. He is the founder of the Santa Fe Institute for Shame-based Studies, where he offers facilitation training to deepen the skills and awareness of therapists, coaches, and healers as well as workshops for individuals to further their own personal development. He is a writer for Psychology Today and the author of three books: Talking Back to Dr. Phil: Alternatives to Mainstream Psychology; Revisioning Activism: Bringing Depth, Dialogue, and Diversity to Individual and Social Change; and You Can't Judge a Body by Its Cover: 17 Women's Stories of Hunger, Body Shame and Redemption.





Title: When No Thing Works: A Zen and Indigenous Perspective on Resili-

ence, Shared Purpose, and Leadership in the Timeplace of Collapse

Author: Norma Kaweloku Wong

ISBN: 9781038701657

Retail Price (excl. tax): 23.99 USD

Pages: 92

Publication Date: 24/02/2025

Category: SOCIAL SCIENCE / Social Classes & Economic Disparity

BISAC: SOC050000

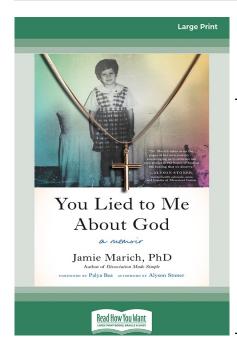
Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Talking story, weaving poetry, and offering wisdom at the intersections of strategy, politics, and spiritual activism, When No Thing Works is a visionary guide to co-creating new worlds from one in crisis. It asks into the ways we can live well and maintain our wholeness in an era of collective acceleration: the swiftly moving current, fed and shaped by human actions, that sweeps us toward ever uncertain futures. Grounded in Zen Buddhism, interconnection, and decades of community activism, When No Thing Works explores questions like:
br/>• As we stand at a threshold of collective change, what leaps must we make?
br/>• How can we push through discord and polarization and meet these critical changepoints collectively?
shr/>• What practices, strategies, and spiritualities can align to vision a sustainable future for our communities and descendents?
shr/>• How can we step out of urgency to tend to our crises with wisdom, intention, and care?
br/>>with wise and witty prose that wanders and turns, guides and reveals, Zen master and Indigenous Hawaiian leader Roshi Norma Wong's meditation holds our collective moment with gravity and tender care. She asks us to not only imagine but to live into a story beyond crisis and collapse-one that expands to meet our dreams of what (we hope) comes next, while facing with clarity and grace our here and now in the world we share today.

About the Author: Norma Wong, a life-long resident of Hawai'i, is a descendant of Native Hawaiians and Hakka Chinese immigrants. She has decades of experience in organizing, policy, strategy, and politics in Hawai'i, particularly in the area of Native Hawaiian issues, serving in the Hawaii State Legislature and as a policy lead and negotiator for Governor John Waihe'e, Hawai'i's first Native governor. Norma began her spiritual practice at the same time as her political life unfolded. These days, it is the intertwined application of Zen practice and an indigenous worldview that Norma brings to provoke practical inquiry and redirect work. She is a thought partner, a strategist, and a teacher.





Title: You Lied to Me About God: A Memoir

Author: Jamie Marich

ISBN: 9781038701640

Retail Price (excl. tax): 36.99 USD

Pages: 404

Publication Date: 24/02/2025

Category: RELIGION / Christian Living / Spiritual Growth

BISAC: REL012120

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: At nine years old, Jamie Marich asked God to end it all.

sin: an affront to the church and her father's God. She prayed instead for the rapture, an accident, a passive death-anything to stop the turmoil of feeling wrong: wrong in her body; wrong in her desires; wrong in her faith in a merciful God that could love her wholly as she was.

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you Lied to Me About God explores the schisms that erupt when faith is weaponized, when abuse collides with the push-and-pull of a mixed religious upbringing tyhat tells you: no matter which path you choose-no matter what you know in your heart to be true-you're probably damned.

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by with resilience, strength, and gut-punching clarity, Marich takes readers through a tumultuous coming-of-age marked by addiction, escapism, spiritual manipulation, misogyny, and abuse. She shares with unflinching detail the complicity of her mother's silence and the lengths her father went to assert dominance and control over her body, her desires, her identity-and even her eternal soul-"for her own good" and with a side of televangelistic hellfire.

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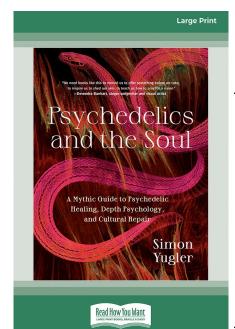
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About the Author: JAMIE MARICH, Ph.D. (she/they) speaks internationally on EMDR therapy, trauma, addiction, dissociation, expressive arts, yoga, and mindfulness, and runs a private practice and online training network in her home base of Akron, OH. Marich has written numerous books, notably Trauma and the 12 Steps: An Inclusive Guide to Recovery and Dissociation Made Simple: A Stigma-Free Guide to Embracing Your Dissociative Mind and Navigating Life. She has won numerous awards for LGBT+ and mental health advocacy, specifically in reducing stigma around dissociative disorders through the sharing of her own lived experience.





Title: Psychedelics and the Soul: A Mythic Guide to Psychedelic Healing,

Depth Psychology, and Cultural Repair

Author: Simon Yugler

ISBN: 9781038701633

Retail Price (excl. tax): 52.99 USD

Pages: 514

Publication Date: 24/02/2025

Category: BODY, MIND & SPIRIT / Entheogens & Visionary Substances

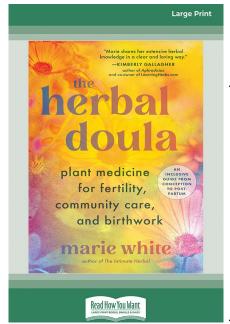
BISAC: OCC039000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Author: Simon Yugler is an internationally experienced psychedelic therapist, educator, and writer. He has a master's degree in depth counseling psychology from Pacifica Graduate Institute, and he has taught for five psychedelic facilitator training programs, including Naropa University and InnerTrek, a groundbreaking legal psilocybin facilitator training program based in Oregon. Weaving together Jungian psychology, mythology, and Internal Family Systems therapy, Simon maintains a private practice specializing in psychedelic integration, masculinity, and depth psychology. He began with anthropological research in an Aboriginal Australian community at the age of twenty. Today Simon draws on his diverse experience traveling across the world and learning from Indigenous cultures, including the Shipibo ayahuasca tradition and the Native American Church. For a year and a half he routinely served as a retreat leader and therapist with MycoMeditations, a leading psilocybin therapy retreat center in Jamaica. Prior to becoming a therapist, Simon served as an experiential educator and guide with National Geographic Student Expeditions and Carpe Diem Education, leading immersive study-abroad journeys for young adults across ten countries. Having worked with psychedelic medicines for over half his life, Simon is passionate about helping his clients and students navigate the liminal wilds of the soul.





Title: The Herbal Doula: Plant Medicine for Fertility, Community Care, and

Birthwork--An inclusive guide from conception to postpartum

Author: Marie White

ISBN: 9781038701626

Retail Price (excl. tax): 36.99 USD

Pages: 338

Publication Date: 24/02/2025

Category: HEALTH & FITNESS / Fertility & Infertility

BISAC: HEA045000

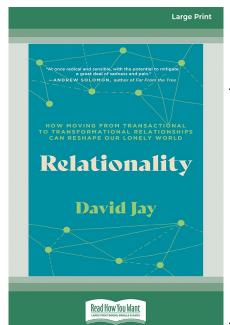
Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Herbal medicines are effective for a host of pregnancy and birth-related concerns. From nausea and mastitis to c-section wounds and fertility assistance, all-natural remedies can be used safely and effectively-and can even amplify the positive outcomes of conventional reproductive medicine treatments. Yet many women and birthing people don't know where to start, or how to find reliable information that's vetted, trustworthy, and-most importantly-safe for their fertility, babies, and babies-to-be.
br/>The Herbal Doula demystifies herbal reproductive care, offering open and expert guidance in being your own budding fertility, conception, and pregnancy doula-or supplementing your existing care plan with your midwife, doula, or physician. Practical chapters explore:
br/>• Herbs for fertility, infertility, and inclusive conception
br/>•Â Herbal remedies for common pregnancy side effects like nausea, heartburn, constipation, hemorrhoids, edema, UTIs, fatigue, and prenatal mood swings
scâ Miscarriage, abortion, and caring for yourself after pregnancy loss
sch/>•â Herbs for the fourth trimester: perineal injuries, C-section wounds, breast care, and postpartum depression
sion
É€¢Â Herbal approaches to breastfeeding and chestfeeding: increasing and decreasing milk supply, plugged ducts, and mastitis
br/>•Â How, when, and when not to use herbs while pregnant and breastfeeding
5ê¢Â How to source, store, and use herbs safely
5ê¢Â Care and herbal medicine for doulas and birthworkers
sec A doula's essential materia medica
br/>br/>While many traditional herbals rely on outdated gender norms, classist assumptions, or problematic standards of care, The Herbal Doula is written for readers of all genders and body types, approaching herbal care with a HAES (health at every size) lens. It celebrates herbal pregnancy and birth work as collective care, recognizing chosen family, disability dignity, and the importance of daily practice in a guide you'll return to again and again throughout any and all stages of your journey.

About the Author: Marie is an herbalist with more than ten years of experience in the field. Her writing has appeared in dozens of publications, and she has collaborated with herbal brands and organizations in the realm of herbal medicine and wellness. As an organizer and health advocate, Marie has led many workshop series and offered one-on-one herbal consultations. She has written over 150 herbalism and health-focused pieces and profiles, collaborating with leaders and organizations across Canada and the US. Marie co-created and delivered online herbal courses that have sold to thousands of students, along with teaching in-person workshops on plant medicine and nature-based herbal practices from a radically inclusive lens.





Title: Relationality: How Moving from Transactional to Transformational

Relationships Can Reshape Our Lonely World

Author: David Jay

ISBN: 9781038701619

Retail Price (excl. tax): 52.99 USD

Pages: 518

Publication Date: 24/02/2025

Category: SOCIAL SCIENCE / Sociology / General

BISAC: SOC026000

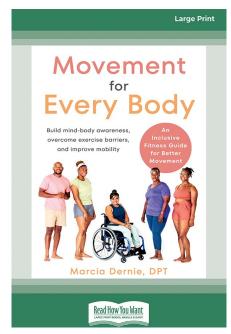
Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Powerful institutions, from schools to tech and social media companies, create breeding grounds for isolation by failing to invest in relational work. This obstacle stands in the way of our fight for racial equity, economic justice, and climate resilience. $\langle br/\rangle < br/\rangle$ In Relationality, leading asexuality and relationship activist David Jay brings clarity to the crisis with a fresh perspective that expands upon the fundamental idea that all entities in the universe are connected. Jay draws from a range of vivid personal experiences, including his time spent helping tech workers and policymakers reform social media. $\langle br/\rangle < br/\rangle$ This book is for people who believe in the power of relationships and want to see increased investment in relational work. Its scientifically grounded framework will help readers foster conversations about relational work, establish conditions for relationships to thrive, and quantify the impact of them. $\langle br/\rangle < br/\rangle = br/\rangle$ Equipping professionals and activists involved in nonprofit, political, and other types of relational work with the knowledge they need to fight for and utilize resources, Relationality shares valuable insight on: $\hat{A} < br/\rangle = \hat{A} < \hat{A} < br/\rangle = \hat{A} < \hat$

About the Author: Born and raised in St. Louis, Missouri, David Jay is a community organizer with a background in physics. From founding the Asexual Visibility and Education Network to working in the heart of the tech reform movement, David has centered the work of building relationship as a tool of healing and driving social change. His research and writing centers on the reasons why these important relational tools so often go underappreciated and underfunded and on how that reality might change. David is regularly invited to speak at conferences and universities on topics that include asexuality, movement organizing, tech reform, and queer family structure. He lives with his two co-parents and two children in Oakland, California.





Title: Movement for Every Body: An Inclusive Fitness Guide for Better Movement--Build mind-body awareness, overcome exercise barriers, and improve mobility

ISBN: 9781038701596

Retail Price (excl. tax): 27.99 USD

Pages: 186

Publication Date: 24/02/2025

Category: HEALTH & FITNESS / Pain Management

BISAC: HEA036000

Format: [Large Print]

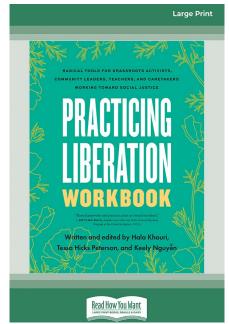
Original Publisher: North Atlantic Books

About the Book: Here's an idea: exercise should be enjoyable-not punishing, elitist, or overly competitive. Nor should gym work cause us harm or bring us shame.

| Standard | Stand

About the Author: Dr. Marcia Dernie (she/they) is the child of Haitian immigrants who lives in Florida on Seminole land. They are a gender-fluid yoga teacher, physical therapist, disabled Black creative, and strength athlete with a chronic illness. She is the owner of Move With Marcia, which provides both free and affordable resources to help people move better through mobility exercises and yoga. Marcia also cohosts the @DisabledGirlsWhoLift podcast. You can connect with her on DoctorMarcia.com, and you can find her on Instagram, YouTube, and TikTok by searching for @MovewithMarcia.





Title: Practicing Liberation Workbook: Radical Tools for Grassroots Activists, Community Leaders, Teachers, and Caretakers Working Toward Social Justice

ISBN: 9781038701589

Retail Price (excl. tax): 26.99 USD

Pages: 158

Publication Date: 24/02/2025

Category: POLITICAL SCIENCE / Public Policy / Social Policy

BISAC: POL029000

Format: [Large Print]

Original Publisher: North Atlantic Books

shows that nourishing our movements and communities depends on nourishing ourselves-and that centering rest, prioritizing joy, and celebrating creativity and radical imagination is necessary for long-term change. To be sustainable and realize the transformation we're working toward, we need to care for our body, mind, and spirit, even (and especially) when the needs of our communities are urgent.

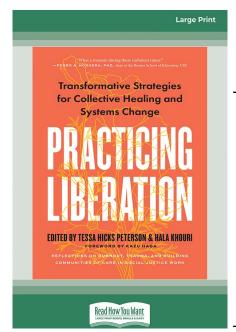
In this accompanying workbook to Practicing Liberation, editors Hala Khouri and Tessa Hicks Peterson respond to the real needs of activists and changemakers-like healing from stress and burnout, processing grief and rage, and addressing overwhelm and disconnection. Examples of practices include:
ch/>•Â Guided journal prompts for self-care critical reflections: Reflect on the ideas and practices you've inherited around survival and self-care. What did you learn about survival in your family of origin? What did you learn about self-care?
se¢Â Embrace and release, an embodied exercise to support you in times of overwhelm
br/>•Â Shared reflections for building community: What experiences or circumstances have shaped you in your life? What gifts has this given you? What can't you see about the world as a result? What support would give you more tools or uplift your gifts in this work?
\$ê¢Â Meditations for self-forgiveness, equanimity, and connection with nature
fr\2ê¢Â Holding space and being present for others through embodied listening
fr/>kerders are invited to try out the practices alone, with friends, in ceremony, at work, and in nature-to pick those that resonate most and use this toolkit in service of the care and transformation we each need to show up, sustain our work, and thrive for ourselves and our communities.

About the Author: TESSA HICKS PETERSON is a scholar activist, teacher, facilitator, mother, wife, daughter, friend, dancer, and community builder. She is the Assistant Vice President of Community Engagement and Associate Professor of Urban Studies at Pitzer College. She has Master's and Ph.D. degrees in Cultural Studies and a BA in Psychology, Sociology, and Spanish. Hicks Peterson teaches classes and facilitates training on issues ranging from anti-bias education and social justice to empowerment through movement, mindfulness, and art.

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br/>
hala KHOURI, MA, is a therapist, yoga teacher, and somatic experiencing. She has been teaching yoga and movement for over 25 years and has been doing healing work with people living with trauma, depression, anxiety, or in life transitions for over 15 years. Khouri is trained in Somatic Experiencing and is an adjunct professor at Pitzer College where she teaches a Critical Community Engagement course. She also runs an online community program, Radical Wellbeing.

br/>
Reely Nguy?n is a Communications Manager at Partnership for Safety and Justice. She is a first-generation Vietnamese-American immigrant who is passionate about uplifting the well-being of communities impacted by structural and direct violence. Nguy?n holds a BA in Public Health and Policy.





Title: Practicing Liberation: Transformative Strategies for Collective Healing & Systems Change: Reflections on burnout, trauma & building communities of care in social justice work

ISBN: 9781038701572

Retail Price (excl. tax): 36.99 USD

Pages: 410

Publication Date: 24/02/2025

Category: POLITICAL SCIENCE / Public Policy / Social Policy

BISAC: POL029000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: When your work is inextricable from your identity, your community, and your own liberation, you need a unique praxis of care to sustain it-and for mission-driven activists, organizers, and changemakers working under oppressive systems, making space to center vital needs like rest, self-care, and healthy boundaries isn't as simple as clocking out.

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Practicing Liberation reorients collective justice work toward a model that transforms the effects of injustice, harm, and oppressive systems into resilience, joy, and community care. Through frameworks like trauma-informed methodology, transformative movement organizing, engaged Buddhism, and healing justice, editors Hala Khouri and Tessa Hicks Peterson show readers how to:

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About the Author: TESSA HICKS PETERSON is a scholar activist and the Assistant Vice President of Community Engagement and Associate Professor of Urban Studies at Pitzer College. Dedicated to social justice, she combines art, movement, and academic rigor to empower communities.

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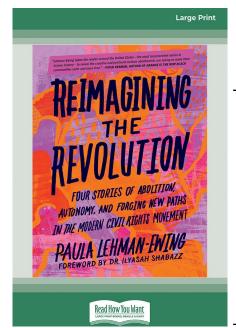
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Title: Reimagining the Revolution: Four Stories of Abolition, Autonomy, and

Forging New Paths in the Modern Civil Rights Movement

Author: Paula Lehman-Ewing

ISBN: 9781038701565

Retail Price (excl. tax): 36.99 USD

Pages: 348

Publication Date: 24/02/2025

Category: SOCIAL SCIENCE / Social Classes & Economic Disparity

BISAC: SOC050000

Format: [Large Print]

Original Publisher: North Atlantic Books

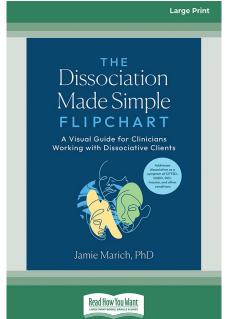
About the Book: Many of us think, I don't support the police. But what should take their place? Or: Prisons don't keep us safe. But what new systems could?

A lot of books about racial justice ask us how we got here, but Reimagining the Revolution is different: award-winning journalist and activist Paula Lehman-Ewing presents an inside-access look at the activists redefining where we go from here. Readers will hear from:
s•Â Ivan Kilgore, an incarcerated activist who founded the 501c3 nonprofit United Black Family Scholarship Foundation from behind prison walls
shr/>•Â Critical Resistance, one of the oldest grassroots organizations in the nation working to dismantle the prison-industrial complex
str/>•Â The co-founders of Greenwood, a Black-owned financial technology institution designed specifically for Black and Latino people and businesses: Michael Render, aka Killer Mike, Amb. Andrew Young and Ryan Glover

br/>•Â Incarcerated activist Heshima Denham on his grassroots efforts to build a society for Black and Brown people independent of the state
br/>•Â The Movement for Black Lives, the Alliance for Safety and Justice, BYP 100, and 8toAbolition
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secâ Incarcerated and formerly incarcerated artists using art to heal from trauma, connect with other incarcerated people, and amplify abolitionist change
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Lehman-Ewing frames each profile within two fundamental truths: The current system-built and sustained by oppression, extraction, and inequity by design-cannot be reformed. And, knowing this, we need abolition; we need creative solutions designed by the people most impacted by the systems they fight to change. Reimagining the Revolution is a call to action for each of us: if we can access the tools we have, we can dream bigger, think outside the box, and follow the paths laid out by change-making activists toward nothing short of revolution.

About the Author: PAULA LEHMAN-EWING is an award-winning journalist and a social documentarian who specializes in profiling racial and social justice organizations and amplifying marginalized voices. She has penned thousands of articles for major publications including BusinessWeek, Reuters, Forbes, and Fortune. In 2020, she relaunched the defunct newspaper for All of Us or None, a nationwide grassroots organization vying for the restoration of human and civil rights for formerly and currently incarcerated individuals. She was awarded the 2021 Silver Heart from the Society of Professional Journalists for exceptional work amplifying marginalized voices. The All of Us or None newspaper is now sent to every prison in California and more than 160 prison yards across the country. Lehman-Ewing is also a volunteer mentor for PEN America, which connects incarcerated writers with outside professionals.





Title: The Dissociation Made Simple Flipchart: A Visual Guide for Clinicians Working with Dissociative Clients--Addresses dissociation as a symptom of CPTSD, OSDD, DID, and trauma

ISBN: 9781038701558

Retail Price (excl. tax): 27.99 USD

Pages: 68

Publication Date: 24/02/2025

Category: PSYCHOLOGY / Psychopathology / Dissociative Identity Disorder

BISAC: PSY022070

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: This easy-to-use, dry-erasable flip chart helps therapists break down the basics of dissociation: what it is, why it happens, and how it can be understood-and embraced-as a key part of your client's healing journey.

br/>

The full-color Dissociation Made Simple Flipchart builds on Jamie Marich, PhD's, bestselling book and expands your clinical toolkit. Designed to be interactive and user-friendly in-session, it offers easy-to-understand definitions, unique client-centered exercises, flexible language options, and visual activity pages thoughtfully illustrated to meet the needs of clients with different learning styles.

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br/>br/>Use the Flipchart with clients to:

br/>•Â Understand-and go beyond-dissociation and trauma 101

br/>à€¢Â Build their "safe-enough" harbor

br/>•Â Relate to real-life examples from people with dissociative experiences

br/>•Â Understand treatment options and different approaches to dissociative symptoms

br/>•Â Practice techniques for grounding, anchoring, settling, and mindfulness

br/>•Â Do interactive activities like mapping their parts

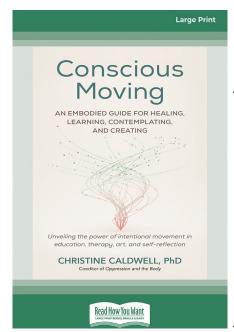
br/>•Â Challenge myths, biases, and stigma

br/>•Â Learn about their dissociative tendencies-and discover what helps them return to the present moment

br/>br/>For use with clients with trauma-related dissociation, dissociative identity disorder, DDNOS, and more, the Flipchart is a compassionate and invaluable clinical resource that helps you explore complex concepts with ease-demystifying dissociation and providing a roadmap to understanding, agency, and empowerment.

About the Author: JAMIE MARICH, Ph.D. (she/they) speaks internationally on topics related to EMDR therapy, trauma, addiction, dissociation, expressive arts, yoga, and mindfulness, and maintains a private practice in her home base of Akron, OH. Marich has written numerous books, notably Trauma and the 12 Steps: An Inclusive Guide to Recovery. She has won numerous awards for LGBT+ and mental health advocacy, specifically in reducing stigma around dissociative disorders through the sharing of her own lived experience.





Title: Conscious Moving: An Embodied Guide for Healing, Learning, Con-

templating, and Creating **Author:** Christine Caldwell

ISBN: 9781038701541

Retail Price (excl. tax): 52.99 USD

Pages: 608

Publication Date: 24/02/2025

Category: SELF-HELP / Meditations

BISAC: SEL019000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Body-based psychotherapist, movement specialist, and renowned author-educator Christine Caldwell (Oppression and the Body) offers a radically ambitious mode of somatic awareness and inquiry-and shows how designing our own conscious movement practices can improve not only our own lives, but our relationships, communities, and culture.

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>This anthology explores how movement practices can help us be more present; more grounded and intentional in responding to and working with experiences in the moment; and claim our own bodily autonomy. Caldwell and contributors explore these key benefits and applications in four critical areas:

br/>•Â Creativity

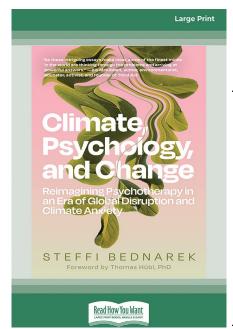
•Â Contemplation

conscious Moving imparts fundamental principles and tools applicable to a broad spectrum of fields and professions. Topics explored in partnership with conscious movement practice include: Trauma and Oppression, Isolation and Loneliness, Addiction, Group Therapy, Sexuality, Creative Arts, and Grief.

>br/>Encouraging each reader to pay attention to-and honor-their own embodied intuition, Conscious Moving is a non-prescriptive guide to accessing body-based wisdom for personal growth, community impact, and widespread social change.

About the Author: Christine Caldwell, Ph.D., BC-DMT, LPC, is the founder of and professor emeritus in the Somatic Counseling Program at Naropa University in Boulder, Colorado, where she has taught coursework in somatic counseling theory and skills, clinical neuroscience, and diversity issues. Caldwell's Moving Cycle involves body-centered psychotherapy, and is called Conscious Moving when applied to other disciplines, such as artmaking, contemplative practice, and education. Caldwell has taught at the University of Maryland, George Washington University, Concordia, Seoul Women's University, Southwestern College, Pacifica, Santa Barbara Graduate Institute, and SRH University in Heidelberg. She trains, teaches, and lectures internationally, and has published more than thirty articles and book chapters. Her previous books include Getting Our Bodies Back, Getting in Touch, Oppression and the Body, and Bodyfulness. She is also an editor for the Journal of Dance, Movement and Psychotherapy, the International Journal of Body Psychotherapy, and the American Journal of Dance Therapy.





Title: Climate, Psychology, and Change: Reimagining Psychotherapy in an

Era of Global Disruption and Climate Anxiety

Author: Steffi Bednarek

ISBN: 9781038701534

Retail Price (excl. tax): 52.99 USD

Pages: 512

Publication Date: 24/02/2025

Category: SCIENCE / Global Warming & Climate Change

BISAC: SCI092000

Format: [Large Print]

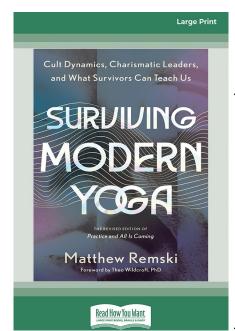
Original Publisher: North Atlantic Books

About the Book: Western psychotherapy views our practice as a way to bring clients back to baseline "normal." But our society's "normal" is profoundly unwell: our ways of being reflect the same unsustainable systems that erode our ecosystems, accelerate global destruction, and ultimately extract our humanity. Moving toward healing and purpose in uncertain times means evolving the way we do therapy and the way we think about mental health.

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About the Author: Steffi Bednarek is a gestalt psychotherapist, trauma therapist, and climate psychologist. Her work explores the interface between climate change and mental health. With twenty-five years of experience in depth psychology, complexity thinking, climate psychology, and grief tending, Bednarek has worked for national governments and global institutions to prepare leaders and organizations for the psychological dimension of climate change in decision-making processes. Her work has been featured in the Huffington Post, BBC, David Milliband's "Reasons to be cheerful" podcast and numerous international publications. She is the co-founder of "Explorations into Climate Psychology" journal and an associate member of the American Psychological Association's climate change group.





Title: Surviving Modern Yoga: Cult Dynamics, Charismatic Leaders, and

What Survivors Can Teach Us **Author:** Matthew Remski

ISBN: 9781038701527

Retail Price (excl. tax): 63.99 USD

Pages: 792

Publication Date: 24/02/2025

Category: RELIGION / Cults

BISAC: REL020000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Yoga culture sells well-meaning westerners the full package: physical health, good vibes, and spiritual growth. Here, investigative journalist Matthew Remski explores how cultic dynamics, institutional self-interest, and spiritualized indifference collude to obscure the truth: Harm happens in plain sight.

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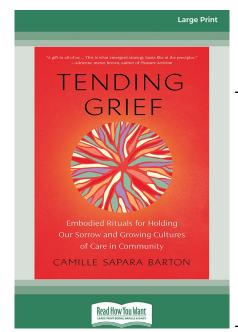
Through in-depth interviews, insider analysis, and Remski's own history with high-demand groups, Surviving Modern Yoga brings to light how we're each susceptible to cult abuse and exploitation. He shows how, with the right kind of situational vulnerability and the wrong kind of guru, the ideas we hold close about ourselves-like It wouldn't happen to me or I'd speak up for victims-fail to protect us.

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br/>Remski reckons with his own complicity in spiritual power dynamics, and shares how a process of disillusionment allowed him to recognize harm. He does the same for readers, peeling back the veneer of yoga marketing to reveal the abuse, assault, and silencing perpetrated against seekers who trusted Jois as a mentor, their guruji-even a father figure. Each survivor speaks in their own words, on their own terms, reclaiming agency against an insular, in-group culture that enabled a charismatic leader's devastating harm-and positioned him as its only remedy.

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Cultivate their literacy of cult tactics

About the Author: Matthew Remski is an author and freelance journalist, with bylines in The Walrus, GEN by Medium, TIME, the Boston Globe, and the Globe and Mail. He's a former yoga teacher whose research is informed by his past experiences as a member of two cults. He's published eight books of poetry, fiction, and nonfiction, including Threads of Yoga: A Remix of Patanjali's Sutras with Commentary and Reverie (2012). Remski has cohosted the Conspirituality podcast since 2020. With colleagues Derek Beres and Julian Walker he has appeared as an expert on COVID-era spirituality and political extremism for dozens of news outlets. In 2023, they published Conspirituality: How New Age Conspiracy Theories Became a Health Threat. Senior yoga teacher Seane Corn called the book "a fascinating, straightforward, well researched, and sobering unpacking of the complex history and present-day phenomena of distorted beliefs within New Age yoga and wellness spaces." The first edition of Surviving Modern Yoga-Practice and All Is Coming: Abuse, Cult Dynamics, and Healing in Yoga and Beyond-earned international praise as a groundbreaking resource for critical thinking and community health. Remski lives in Toronto with his partner and their two sons.





Title: Tending Grief: Embodied Rituals for Holding Our Sorrow and Growing

Cultures of Care in Community **Author:** Camille Sapara Barton

ISBN: 9781038701510

Retail Price (excl. tax): 28.99 USD

Pages: 218

Publication Date: 24/02/2025

Category: SELF-HELP / Death, Grief, Bereavement

BISAC: SEL010000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: We live in a culture that suppresses our ability to truly feel our grief-deeply, safely, and on our own terms. But each person's experience is as unique as the grief itself. Here, Camille Sapara Barton's take on grief speaks directly to the ways that BIPOC and queer readers disproportionately experience unique constellations of loss.

by->br/>>br/>>breply practical and easy to use in times of confusion, trauma, and pain, Tending Grief includes rituals, reflection prompts, and exercises that help us process and metabolize our grief-without bypassing or pushing aside what comes to the fore. Sapara Barton includes exercises that can be done both alone and in community, including:

by-à€¢Â Altar practices to honor and connect with ancestors known and unknown

br/>à€¢Â Locating, holding, and dancing your grief

br/>à€¢Â Sharing circles for processing communal loss

br/>à€¢Â Water, fire, and nature-based rituals

br/>à€¢Â Honoring the survival utility of numbness-and knowing when it's time to release it

br/>à€¢Â Peer support and integration

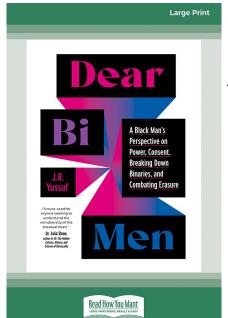
br/>à€¢Â Herbal medicines and plant-based healing

br/>>br/>Sapara Barton honors each and every experience: The loss of displacement from homelands, from severed lineages and ancestral ways of knowing. The grief of colonization and theft. The deep heaviness that burrows into our bodies when society tells us our bodies are wrong. Practical tools and rituals help readers feel into their grief, honor what comes up, and move forward in healing.

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br/>>cbr/>cbr/>cbr/>br/>Written specifically to center and hold the grief of BIPOC readers, Tending Grief is an invitation to reconnect to what we've lost, to find community in our grief, and to tend to our own suffering for our individual and collective wellbeing.

About the Author: Camille Sapara Barton is a writer, artist, and embodied social justice facilitator. They have been tending grief since 2017 and have developed public resources, programs, and tools to cultivate the practice with others. Rooted in Black Feminism, ecology, and harm reduction, Camille is dedicated to creating networks of care and livable futures. Based in Amsterdam, they designed and directed Ecologies of Transformation (2021 - 2023), a masters program exploring socially engaged art-making with a focus on creating change through the body into the world. Camille curates events and offers consultancy combining trauma informed practice, experiential learning, and their studies in political science. They love plants, music, and dancing.





Title: Dear Bi Men: A Black Man's Perspective on Power, Consent, Breaking

Down Binaries, and Combating Erasure

Author: J.R. Yussuf

ISBN: 9781038701503

Retail Price (excl. tax): 52.99 USD

Pages: 568

Publication Date: 24/02/2025

Category: SOCIAL SCIENCE / Sexual Abuse & Harassment

BISAC: SOC060000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Through cutting social analysis, personal stories, and need-to-know advice, Dear Bi Men reclaims bi+ visibility in a culture of erasure-and unapologetically centers Blackness in a practical and deeply researched guide to navigating life, work, and relationships as a Black bi+ man.

br/>>br/>Popular representation of bi and pansexual men is growing, but we're not there yet: It's mostly white. It collapses bisexual identity into tired, hypersexualized tropes. And it fails to interrogate the deeply entrenched stereotypes that insist: You're confused. You just don't know you're gay. You're greedy. You must be great in bed.

bed.

bed.

br/>>Author, peer counselor, and creator of #bisexualmenspeak J.R. Yussuf pushes back against these stigmas and misconceptions, exploring how white supremacy reinforces biphobia and dictates what society thinks it means to "be a man." He contextualizes discourse around queerness and bisexuality within a larger framework that honors readers' intersecting identities. And he offers deeply practical advice, sharing how to:

br/>•Â Unlearn internalized biphobia and homophobia

br/>àê¢Â Navigate an increasingly hostile digital landscape

br/>àê¢Â Think about coming out: who to tell, why to tell them, and how to do it

br/>àê¢Â Fight back against erasure and stigma

br/>àê¢Â Navigate sex, dating, partnerships, marriage, friendship, and work

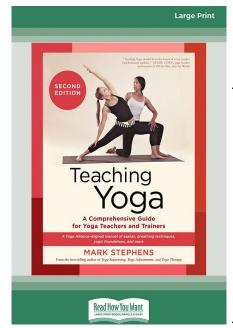
br/>>â¢C Understand your bi+ sexuality through a political lens

br/>>â¢C Process Black bi+ representation

br/>>cbr/>>Rich with personal narratives, insightful analysis, and practical advice, this book is a powerful resource for Black bi+ men to reclaim their identity, counter biphobia, and get empowered-and an offering to all readers looking to fight back against the erasure and dehumanization wrought by patriarchy.

About the Author: J.R. Yussuf is the award-winning author of The Other F Word: Forgiveness and creator of the hashtag #BisexualMenSpeak for bisexual+ men and masculine-identified folks to have the space to speak for themselves and talk about how being bisexual+ impacts the way they move through the world. Yussuf maintains a podcast called Let's Heal Already, revolving around mental wellness, self-improvement, and emotional literacy. Yussuf secured a peer support certification from the Black Emotional and Mental Health Collective (B.E.A.M.) and has used his training to support countless Black bisexual/pansexual men. Yussuf's writing has appeared in Men's Health Magazine, Thrive Global, Black Youth Project, Queerty, Queer Majority, Positively Positive, The Good Men Project, Escarp, Instigatorzine, and The CultureLP.





Title: Teaching Yoga, Second Edition: A Comprehensive Guide for Yoga Teachers and Trainers: A Yoga Alliance-Aligned Manual of Asanas, Breathing Techniques, Yogic Foundations, and More

ISBN: 9781038701497

Retail Price (excl. tax): 63.99 USD

Pages: 820

Publication Date: 24/02/2025

Category: HEALTH & FITNESS / Yoga

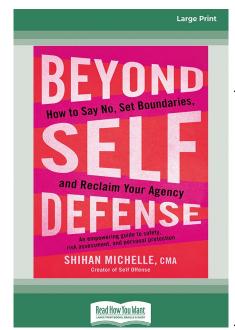
BISAC: HEA025000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Author: Mark Stephens is an esteemed yoga instructor who has trained over 1200 yoga teachers. Stephens conducts classes, workshops, and retreats worldwide. From devoted personal practice and a close study of yoga history and philosophy, he brings a non-dogmatic, accessible, and integrated perspective to yoga that makes yoga a resource for healthy living. Stephens considers anatomy, physiology, social and interpersonal dynamics, as well as eastern and western theories of consciousness. He has been practicing yoga daily since 1991 and teaching since 1996. Mark draws from his years as an education consultant and a progressive social change activist to create practical resources for yoga teachers and therapists. Founder of Yoga Inside Foundation, L.A. Yoga Center, and the recipient of Yoga Journal's first annual Karma Yoga Award in 2000. Stephens lives and teaches in Santa Cruz, CA. Prior books include Teaching Yoga, Yoga Sequencing, Yoga Adjustments, Yoga Therapy, and Yoga for Better Sleep.





Title: Beyond Self-Defense: How to Say No, Set Boundaries, and Reclaim Your Agency--An empowering guide to safety, risk assessment, and personal protection

ISBN: 9781038701480

Retail Price (excl. tax): 27.99 USD

Pages: 204

Publication Date: 24/02/2025

Category: SPORTS & RECREATION / Cheerleading

BISAC: SPO070000

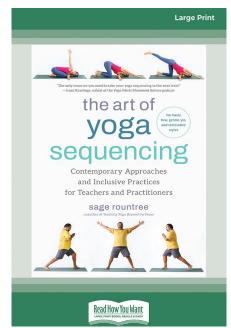
Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Disclaimer: this is not your average self-defense book. As educator, martial artist, movement analyst, somatic therapist, and rape crisis advocate Shihan Michelle explains, "Self-defense doesn't work to prevent assault; it's too late, you're in a fight." Instead, Michelle champions self-offense, a preventative personal protection strategy invested in defusing trouble before violence becomes necessary.
br/>cbr/>Beyond Self-Defense empowers you to prevent and de-escalate violence without resorting to physical contact. Including personal stories, interactive practices, and reflective prompts, this practical, accessible, and timely handbook teaches you how to craft your own unique protection protocols. Topics include how to:
br/>• Use your body weight to fend off attacks
br/>• Recognize the emotional triggers of others before they escalate
br/>• Unlearn common biases about safety and vulnerability
br/>• Use space and time to get the upper hand and control situations before they become unsafe
br/>aê¢Â Challenge patriarchal social standards and claim your voice-and your space
br/>the founder and lead instructor of Self Offense Services, Michelle is a sixth degree black belt in Full Contact karate who gives workshops in assault prevention, boundaries, listening, de-escalation, and bullying prevention.

About the Author: SHIHAN MICHELLE is the founder of Karate-Do Wa Ken in NYC, and of Self Offense Services, a personal protection company that leads workshops in assault prevention, boundaries, listening, and de-escalation. Self Offense was created in 2003, after Michelle trained as a rape crisis advocate for Saint Vincent's Hospital, where she worked with sexual assault survivors of all genders and sexual identities. Michelle is a Laban certified movement analyst and registered movement pattern analyst. She holds a sixth-degree black belt in Karate and second-degree black belt in laido (Japanese sword), and has taught special workshops in traditional Okinawan weapons in the United States and in Germany. For nearly a decade, Michelle was a competitive fighter, and she holds two world and four north american titles in full contact fighting. Michelle presented the Tedx talk Ending Sexual Assault: The Best Defense is a Good Offense in December, 2021. Follow Self Offense on Instagram @self offense and on Tik Tok @selfoffense.





Title: The Art of Yoga Sequencing: Contemporary Approaches and Inclusive Practices for Teachers and Practitioners--For basic, flow, gentle, yin, and restorative styles

ISBN: 9781038701473

Retail Price (excl. tax): 36.99 USD

Pages: 332

Publication Date: 24/02/2025

Category: HEALTH & FITNESS / Yoga

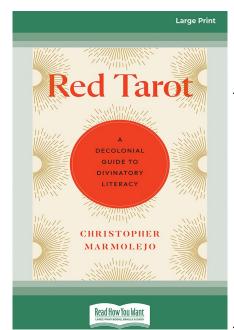
BISAC: HEA025000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Author: Sage Rountree holds a PhD in English literature from the University of North Carolina, is a specialist in yoga for athletes, an endurance sports coach, a yoga teacher trainer at the highest level (E-RYT 500), and co-owner of the Carolina Yoga Company. Rountree is a faculty member at the Kripalu Center for Yoga and Health. In her 20 years of working with yoga students, she's learned to translate the sometimes-esoteric parts of yoga into a deeply practical approach that speaks to modern yoga practitioners at every age and every level of fitness. Her students include yoga and movement teachers, yoga newbies, full-timers, studio owners, as well as athletes and coaches. Her numerous other books include Everyday Yoga, The Athlete's Guide to Recovery, Teaching Yoga Beyond the Poses, cowritten with Alexandra DeSiato, and, most recently, The Professional Yoga Teacher's Handbook. She lives with her husband, Wes, in Carrboro, North Carolina.





Title: Red Tarot: A Decolonial Guide to Divinatory Literacy

Author: Chris Marmolejo

ISBN: 9781038701466

Retail Price (excl. tax): 68.99 USD

Pages: 892

Publication Date: 24/02/2025

Category: BODY, MIND & SPIRIT / Divination / Tarot

BISAC: OCC024000

Format: [Large Print]

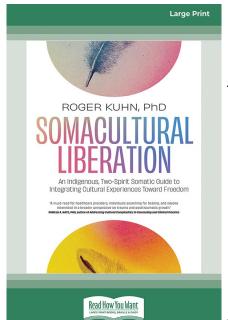
Original Publisher: North Atlantic Books

About the Book: Red Tarot speaks to anyone othered for their identity or ways of being or thinking-LGBTQIA2S+ and BIPOC folks in particular-presenting the tarot as a radical epistemology that shifts the authority of knowing into the hands of the people themselves.

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About the Author: Christopher Marmolejo is a queer Indigenous teacher committed to radical community healing and building. They bring traditional teaching experience as an English teacher, intensive study as an astrologer, and their personal articulation of the tarot archetypes to their classes, workshops, and consultations as they seek to liberate through critical pedagogy and transgressive truth-telling. Marmolejo has facilitated emotional wellness programs with the Center for Community Action and Environmental Justice for the Inland Empire, and has worked with the organization Artists in Solidarity to offer their services to raise money for migrant families and children.





Title: Somacultural Liberation: An Indigenous, Two-Spirit Somatic Guide to

Integrating Cultural Experiences Toward Freedom

Author: Roger Kuhn

ISBN: 9781038701442

Retail Price (excl. tax): 36.99 USD

Pages: 364

Publication Date: 24/02/2025

Category: SOCIAL SCIENCE / Sexual Abuse & Harassment

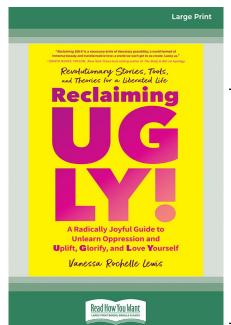
BISAC: SOC060000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Author: Roger Kuhn, PhD is a Poarch Creek Two-Spirit Indigequeer soma-cultural activist, artist, sex therapist, and sexuality educator. Roger's work explores the concepts of decolonizing and unsettling sexuality and focuses on the way culture impacts and informs our bodily experiences. In addition to his work as a licensed psychotherapist, Roger is a board member of the American Indian Cultural Center of San Francisco, a board member and community organizer of the Bay Area American Indian Two-Spirit powwow, a board member of the American Association of Sexuality Educators, Counselors, and Therapists, and a member of the LGBTQ+ Advisory Committee of the San Francisco Human Rights Commission. In 2022, Roger was featured in the Levi's Pride campaign. His writing appears in publications from North Atlantic Books, Anthem Press, and Yellow Medicine Review. He has released five independent music albums. Kuhn lives in Guerneville, CA.





Title: Reclaiming UGLY!: A Radically Joyful Guide to Unlearn Oppression

and Uplift, Glorify, and Love Yourself **Author:** Vanessa Rochelle Lewis

ISBN: 9781038701435

Retail Price (excl. tax): 43.99 USD

Pages: 478

Publication Date: 24/02/2025

Category: SOCIAL SCIENCE / Feminism & Feminist Theory

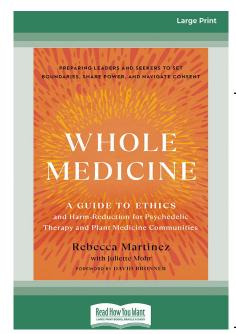
BISAC: SOC010000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Author: VANESSA ROCHELLE LEWIS, MFA, is a Queer, Fat, Black, Femme performer, facilitator, educator, writer, activist, healer, and joyful weirdo. Lewis has been a writer and managing editor for Everyday Feminism and Black Girl Dangerous; an instructor at multiple Bay Area community colleagues; the Artist-Facilitator In Residence for the Young Women Freedom Center; and a core team member for Creating Freedom Movements. She is currently the Director of Programming for the Positive Results Center, an organization that addresses trauma and prevents violence within marginalized communities. Lewis founded Reclaim UGLY: Uplift Glorify Love Yourself - And Create A World Where Others Can As Well, which has hosted conferences, teach-ins, and healing workshops. Please visit www.reclaimugly.org to learn more. You can find Lewis on Instagram @Black.Woman.Blooming or Facebook.com/subversivepedagogies.





Title: Whole Medicine: A Guide to Ethics and Harm-Reduction for Psyche-

delic Therapy and Plant Medicine Communities

Author: Rebecca Martinez

ISBN: 9781038701428

Retail Price (excl. tax): 52.99 USD

Pages: 570

Publication Date: 24/02/2025

Category: HEALTH & FITNESS / Alternative Therapies

BISAC: HEA032000

Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Psychedelic advisor Rebecca Martinez lays out the groundwork for an ethical approach to 21st-century psychedelic therapy. Applying a social-justice lens to entheogenic practice, Martinez provides practical guidance for psychedelic sitters, advocates, explorers, and those practicing (or learning to practice) licensed psychedelic therapy.

become a more accessible pathway to healing, how do practitioners-and seekers-navigate complex issues in a wide range of settings? Here, you'll learn skills like:

br/>•Â Understanding consent and boundaries

br/>•Â Building safe and ethical psychedelic experiences

br/>•Â How to integrate the cultural and historical contexts of plant medicines

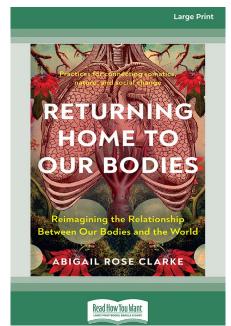
considering the psychological risks and benefits of psychedelic therapy

br/>Acceptable br/>br/>Martinez also discusses how, in many corners of the psychedelic community, an overemphasis on positivity can overwhelm attempts to challenge abuses of power; dismantle internalized hierarchies; and acknowledge and integrate our own flaws and traumas.

br/>
br/>An essential guide for any psychedelic therapist, entheogenic guide, or mindexpanding medicine enthusiast, Whole Medicine brings much-needed conversations about ethics, boundaries, and informed use out of the shadows for better, safer, community-centered psychedelic healing.

About the Author: Rebecca Martinez is a Xicana writer, community organizer, and social entrepreneur who from and lives in Portland, Oregon. Martinez explores the intersections between collective healing, systems design, and expanded states of consciousness. She is a student of transformative justice, Emergent Strategy, Somatic Abolitionism, and regenerative landscape design. She is the Founder and Executive Director of Alma Institute, a nonprofit educational institution that equips students from marginalized communities to become legal psilocybin facilitators. She's a Co-Founder of Fruiting Bodies Collective and a staff member of the Measure 109 campaign which produced the Psilocybin Services Act, the first-ever state program to provide community-based, legal access to psilocybin services. Martinez is an advisor to the American Psychedelic Practitioners Association, the National Psychedelics Association, and the Plant Medicine Healing Alliance. She is a voice on psychedelic justice and has been featured in Business Insider, STAT News, Lucid News, and Psychedelics Today.





Title: Returning Home to Our Bodies: Reimagining the Relationship Between Our Bodies and the World--Practices for connecting somatics, nature, and social change

ISBN: 9781038701411

Retail Price (excl. tax): 36.99 USD

Pages: 386

Publication Date: 24/02/2025

Category: BODY, MIND & SPIRIT / Inspiration & Personal Growth

BISAC: OCC019000

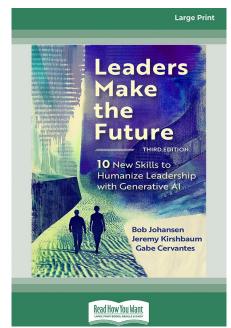
Format: [Large Print]

Original Publisher: North Atlantic Books

About the Book: Pushing back against a consumerist, pleasure-centric somatics industry that privileges product over process, \hat{A} Abigail Rose Clarke reminds us that truly meaningful embodiment practice nurtures our relationships among self, nature, and community. $\langle br/\rangle \langle br$

About the Author: Abigail Rose Clarke is somatic facilitator who was born in and currently lives in Western Massachusetts. Clarke helps people return to a comfortable relationship with their bodies. She teaches that people can use the inherent wisdom of their bodies to be in direct conversation with creativity and aliveness as a way to dismantle oppressive systems and build generative and deeply relational futures. She utilizes somatics and mindfulness. Clarke works with people ranging from CEOs and Board Directors to schoolteachers and parents. She holds a weekly somatic learning space called Anchor Community. Clarke is the creator of The Somatic Tarot, a method of engaging with the archetype Tarot in ways that are rooted in liberatory practices, as a guide to a healing future. Her work is enormously influenced by her study and practice of Embodyoga, of which she is a senior teacher, as well as her background in kinesiology and psychology.





Title: Leaders Make the Future, Third Edition: Ten New Skills to Humanize

Leadership with Generative AI

Author: Bob Johansen, Jeremy Kirshbaum and Gabe Cervantes

ISBN: 9781038701404

Retail Price (excl. tax): 36.99 USD

Pages: 250

Publication Date: 4/03/2025

Category: BUSINESS & ECONOMICS / Leadership

BISAC: BUS071000

Format: [Large Print]

Original Publisher: Berrett-Koehler Publishers

About the Book: In a world of chaos, how can generative AI help leaders lead?

b>cbr/>obr/>obr/>obr/>obr/>over the next decade, all leaders will be augmented with some form of generative artificial intelligence, or GenAI. For the best leaders, this will mean dramatic improvement. For mediocre leaders, this will mean persistent confusion, distraction, and pretense. With futureback thinking-looking ten years ahead, then planning backward from future to next to now-this third edition of <i>Leaders Make the Future</i> shows how people can improve their leadership skills while expanding their human perspective.

br/>cbr/>Now 75 percent revised and expanded with resources from the Institute for the Future, this new edition is organized around ten future leadership skills:

br/>Augmented futureback curiosity

curiosity

br/>Augmented clarity

clarity

br/>Augmented depolarizing

br/>Augmented commons creating

br/>Augmented smart mob swarming

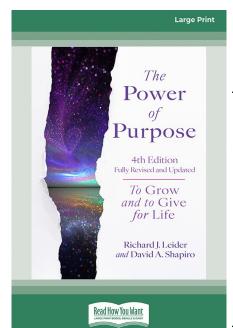
br/>Augmented strength with humility

br/>Human calming

br/>cbr/>Alaugmented leadership will be key for any organization to tackle the uncertainty of the future. And by incorporating practical methodologies, ethical guidelines, and innovative leadership practices, this book will help leaders develop their clarity and moderate their certainty.

About the Author: Bob Johansen is a leading futurist at Institute for the Future. He is the author or coauthor of many books, including <i>Get There Early</i>, <i>The Reciprocity Advantage, Full-Spectrum Thinking</i>, and <i>Office Shock</i>. His insights guide leaders as they navigate chaotic futures.
b>Jeremy Kirshbaum</br/>b> founded the generative AI software studio and consultancy Handshake, which develops generative AI systems for nonprofits, research groups, companies, and governments. He has collaborated with senior leaders at companies such as Walmart, Kellogg, and Deloitte, guiding them through the evolving landscape of generative models and systems.
b>Gabe Cervantes</br>
foresight at Institute for the Future, where he supports leaders in learning, understanding, and implementing foresight projects. He works closely with large organizations to help them foster an environment that encourages the development and application of foresight among the next generation of future leaders and top-tier leadership.





Title: The Power of Purpose, 4th Edition: To Grow and to Give for Life

Author: Richard J. Leider and David A. Shapiro

ISBN: 9781038701398

Retail Price (excl. tax): 28.99 USD

Pages: 240

Publication Date: 24/02/2025

Category: BUSINESS & ECONOMICS / Careers / General

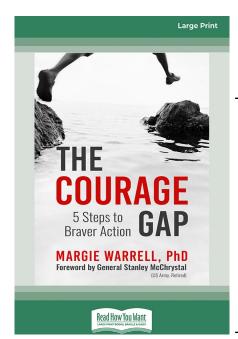
BISAC: BUS012000

Format: [Large Print]

Original Publisher: Berrett-Koehler Publishers

About the Author: Richard Leider is founder and chairman of The Inventure Group, a coaching and consulting firm with offices in Minneapolis, MN. He is an Executive Fellow at the University of Minnesota Carlson School of Management and is a guest lecturer in the Harvard Business School and Duke Corporate Education. Richard holds a Master's Degree in Counseling and is a Nationally Certified Master Career Counselor. He is a Senior Fellow at the University of Minnesota's Center for Spirituality and Healing where he is a founder of The Purpose Project. David Shapiro teaches with PLATO The Philosophy Learning and Teaching Organization; a nationwide non-profit that brings philosophy and philosophers into the lives of K-12 students. His scholarly interests include applied ethics, philosophy of human rights, and philosophy with children. Shapiro holds a Master's Degree in Philosophy from the University of Washington.





Title: The Courage Gap: 5 Steps to Braver Action **Author:** Margie Warrell and Stanley McChrystal

ISBN: 9781038701381

Retail Price (excl. tax): 27.99 USD

Pages: 200

Publication Date: 24/02/2025

Category: BUSINESS & ECONOMICS / Decision-Making & Problem Solving

BISAC: BUS019000

Format: [Large Print]

Original Publisher: Berrett-Koehler Publishers

About the Book: Do you sometimes hold back when you know you need to speak up or step forward?

>cbr/>

>Fear creates the gap. Courage closes it.
>tr/>This powerful guide from the bestselling author of <i>You've Got This!</i> through the hype to connect the 'why' of courage to the 'how' of courage. Drawing on cutting-edge research woven together with stories that compel head <i>and</i> heart, <i>The Courage Gap</i> will help you bridge the think/do gap between what you've been doing and what you <i>can do</i>; between where you are and where you want to be-in your career, relationships, leadership, and life.

Sor/>Distilling theory and hard-won wisdom spanning from Margie's childhood in rural Australia to her decades of living around the world and coaching & amp; #8216; insecure overachievers' in Fortune 500 organizations, Margie shares a powerful 5-step roadmap to reprogram the self-protective patterns of thought and behavior that sabotage success to bring your bravest self to your biggest challenges and boldest vision.

At a time when courage seems in short supply, in a culture continually stoking insecurity and anxiety, this book will transform your deepest fears into a catalyst for your highest growth and the greatest good.

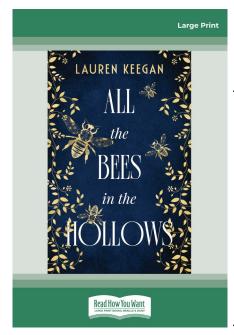
Applying the five steps will:
br/>• Ignite passion and unlock the potential fear holds dormant
br/>• Rewrite the scripts that have kept you stuck, stressed, and living too safely
br/>• Reset your 'nervous' system and embody courage in critical moments
sty/>• Transform discomfort as a cue to step forward and expand your bandwidth for bold action

sê¢ Reset your relationship to failure and make peace with the part of you that wimps out

For leaders, <i>The Courage Gap</i> provides a guide to operationalize and scale the courage mindset across your team and organization to deepen trust, dismantle silos, foster innovation, accelerate learning, and unleash collective courage toward a more secure and rewarding future.

About the Author: Margie Warrell, PhD, is a leadership authority with extensive international experience supporting leaders and businesses in transformative change agendas. A Senior Partner in Korn Ferry's Board, CEO and Leadership practice, Margie draws on her international background in Fortune 500 business, psychology, and coaching to help leaders accelerate change, incubate innovation, and cultivate more forward-leaning cultures. Raised in Australia and based in the US, Margie has lived around the world, including Papua New Guinea and Singapore, and brings a global cross-cultural lens and sharp insights to address the complex challenges facing leaders and organizations today. Margie commenced her career at BP. She has since been engaged by numerous energy companies (including Shell, Chevron, ExxonMobil) to help leaders foster more agile, collaborative "cultures of courage." A Forbes columnist and regular media contributor (CNN, Bloomberg, WSJ), Margie's doctoral research in human development and organizational change informs her work in cultivating more inclusive enterprises that unleash the value of diversity and advance more women to top tables. Margie lives in the Washington, DC area.





Title: All the Bees in the Hollows

Author: Lauren Keegan

ISBN: 9781038701084

Retail Price (excl. tax): 36.99 USD

Pages: 350

Publication Date: 1/05/2025

Category: FICTION / Historical / General

BISAC: FIC014000

Format: [Large Print]

Original Publisher: Affirm Press

About the Book: Bees choose their masters. Bees don't sting good people.

| She lives by the old rules: work with fellow beekeepers, be a good Christian and a good harvest will follow. These rules help her cope with her grief when she inherits her husband's tree hollows. But as harsh conditions and tax increases threaten the harvest, MarytÃ" begins to question her faith, her community and her own sanity.

| She lives by the old rules: work with fellow beekeepers, be a good Christian and a good harvest will follow. These rules help her cope with her grief when she inherits her husband's tree hollows. But as harsh conditions and tax increases threaten the harvest, MarytÃ" begins to question her faith, her community and her own sanity.

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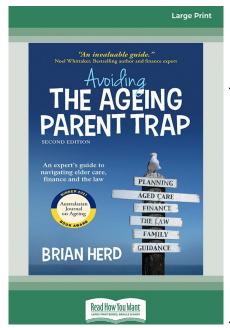
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About the Author: Lauren Keegan is a perinatal psychologist, writer and mother who lives in the Wollondilly Shire; the land of the Dharawal and Gundungurra people. She has worked in public mental health for twelve years, has two young girls and drinks more tea than is sensible. This is her first published novel.





Title: Avoiding the Ageing Parent Trap, Second Edition: An expert's guide to

navigating elder care, finance and the law

Author: Brian Herd

ISBN: 9781038701039

Retail Price (excl. tax): 43.99 USD

Pages: 452

Publication Date: 1/05/2025

Category: FAMILY & RELATIONSHIPS / Eldercare

BISAC: FAM017000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Winner of the 2021 Australasian Journal on Ageing (AJA) Book Award.

| Soby Award.</br>About the Book:

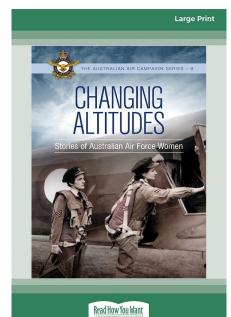
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About the Author: Brian is a passionate lawyer, working in the frontier of elder law, or law relating to older people and their families, involving the new dynamic emerging in families - disputes and dysfunction brought on by ageing parents. He was exposed to the simmering issues some 35 years ago in his first visit to a nursing home.

| Some of the language of aged care -he discovered a new calling - change management for families and their ageing parents. Since then, as a lawyer, he has been involved in countless family experiences, some which are truly eye-opening. He has many stories and practical advice to share and is a regular columnist and presenter on the topic of planning for ageing. Brian is an award-winning author, and public speaker and is recognised as one of Australia's leading experts in the areas of elder law, retirement, disability and aged care where he continues to win awards as a leading elder lawyer.

| Some of Australia's best lawyers in retirement villages and senior living law, and health and aged-care law. Including 2022 Solicitor of the Year (Large Firm) at the Queensland Law Society Excellence in Law Awards 2022.





Title: Changing Altitudes: Stories of Australian Air Force Women **Author:** Air Commandor Kirrilly Dearing AM, Squadron Leader Anna Williams PhD, Flight Lieutenant Karyn Markwell MA MIntell, Flight Lieutenant

ISBN: 9781038701022

Retail Price (excl. tax): 52.99 USD

Pages: 582

Publication Date: 1/05/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Military

BISAC: BIO008000

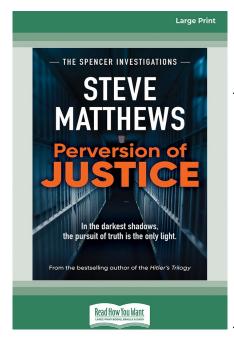
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: In the early years of the Second World War, Australian women began lobbying to contribute to the nation's wartime effort. From 1940, women were signing up to serve in the Royal Australian Nursing Service. In 1941, an Auxiliary arm of the Royal Australian Air Force was established, allowing women to join temporarily to enhance the organisation's ability to fight.
br/>
In the decades since Australian women have contributed significantly to the operational capability of the world's second oldest air force. They have done so regardless of the social norms of the time, or the perceived limits of their abilities, always showing their detractors that they are capable of great things.
br/>'Changing Altitudes: Stories of Australian Air Force Women' includes the personal stories of some of these women, recounting in their own words their experiences while proudly wearing the uniform of the Service.
br/>
This is the second volume of the Royal Australian Air Force Oral Histories series, aiming to capture the one capability the RAAF cannot operate without - its people.

About the Author: Air Commodore Kirrily Dearing AM Kirrily Dearing joined the Royal Australian Air Force as a supply officer (now logistics) through the Australian Defence Force Academy in 1988. Throughout her 34 years of permanent service, Kirrily served at Air Force and joint Defence establishments throughout eastern Australia in both logistics and other roles. She spent three years in Hawaii from 2014 to 2016 as the inaugural liaison officer to the US Pacific Air Forces. She deployed on numerous operational tasks overseas, including to Papua New Guinea, the Solomon Islands and the Middle East, including a deployment to Afghanistan. Kirrily retired from full-time service in March 2022, and now enjoys working on select Reserve opportunities and other work and hobby interests. Squadron Leader Anna Williams PhD Anna Williams is a museum curator, educator and social historian. She holds a Master of Arts - Museum Studies and a Doctorate of Philosophy from The University of Sydney. Her multidisciplinary thesis, awarded in 2022, sought to understand the disparities between the artefactual, archival, and written histories of Air Force training in Australia during the Second World War. Anna was appointed as a squadron leader (specialist capability officer) in the Royal Australian Air Force (RAAF) in December 2021. She currently works as a curator for the Royal Australian Navy and holds a reserve position with History and Heritage - Air Force. As an extracurricular activity, Anna enjoys singing for and with military veterans, transporting them to yesteryear with the sweet harmonies of the Second World War-era and beyond with her band Company B. She has a son with whom she shares her love of music, a pet rabbit called George, skiing and weekends kayaking on Sydney Harbour. Flight Lieutenant Karyn Markwell MA MIntell Karyn Markwell holds a Master of Publishing from The University of Queensland and a Master of Intelligence from Macquarie University. She joined the RAAF as a reservist in 2015





Title: Perversion of Justice **Author:** Steve Matthews

ISBN: 9781038701008

Retail Price (excl. tax): 52.99 USD

Pages: 534

Publication Date: 1/05/2025

Category: FICTION / Mystery & Detective / General

BISAC: FIC022000

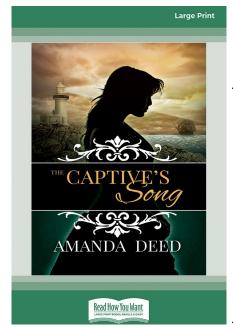
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: A captivating new voice in Australian crime fiction. A seemingly decent family man is accused of an abhorrent crime by his family and arrested by DI Bruce Spencer. The ambitious detective's sister and an enigmatic lawyer set out to prove the man's innocence.

About the Author: Born in the UK in 1953, Steve Matthews migrated to Australia in 1985. After a successful career in commercial banking, he purchased a share in an industrial business before retiring at the age of 55 to write full time. Steve's books for young, reluctant readers and his work in children's literacy have been acknowledged in the NSW State Parliament and his adult books have mostly dealt with women's issues. Now a best-selling author, published in nine countries and five languages, Steve continues to write full-time from the farm he shares with his wife Diane at Razorback, in NSW.





Title: The Captive's Song **Author:** Amanda Deed

ISBN: 9781038700858

Retail Price (excl. tax): 36.99 USD

Pages: 366

Publication Date: 1/05/2025

Category: FICTION / Christian / Romance / Historical

BISAC: FIC042110

Format: [Large Print]

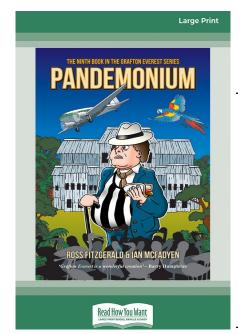
Original Publisher: Wombat Books

About the Book: Freedom is a pipe dream. At least, that's what Olivia Cruikshank believes. Six years as a convict transported to Van Diemen's Land has taught her none can be trusted. Until Michael Reeve shows up-a prison guard unlike any other. He acts like Olivia matters. Like her future matters.

| Song is an Australian retelling of Rapunzel, complete with a tower, a braid and a beautiful song.

About the Author: Amanda Deed is an award-wining author residing in Melbourne with her husband, her three grown up children and a menagerie of birds and bunnies. Outside of her family, her life revolves around words, numbers (writing and accounting) and a healthy splash of music. Her first novel, The Game, won the 2010 CALEB Prize for Fiction, and she has since had several novels final in the same prize. Amanda loves to write about her favourite things: her faith, Australia, romance and Australian history. As such, her novels explore themes involving spiritual convictions, relationships and historical events.





Title: Pandemonium

Author: Ross Fitzgerald and Ian McFadyen

ISBN: 9781038700322

Retail Price (excl. tax): 40.99 USD

Pages: 468

Publication Date: 1/04/2025

Category: HUMOR / General

BISAC: HUM000000

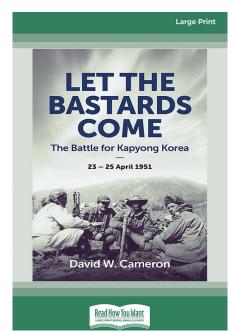
Format: [Large Print]

Original Publisher: Hybrid Publishers

About the Book: In this, the ninth book of the Grafton Everest series, our hapless hero reaches the culmination of his haphazard career by being appointed the first Australian Secretary-General of the United Nations. Despite Grafton's fervent hope that it will be a purely honorary position, he finds himself forced to actively head an organisation not only made ineffective by its Byzantine organisation but threatened by a deadly conspiracy within its own ranks.

About the Author: Ross Fitzgerald AM is Emeritus Professor of History & Ditics at Griffith University. He is the author or co-author of forty-five books, including a memoir Fifty Years Sober: An Alcoholic's Journey. He lives in Redfern, Sydney. Ian McFadyen is a multi-award winning writer, actor and television producer who has created a number of successful television series, books and plays. He has collaborated with Ross Fitzgerald to write the previous Grafton Everest novels, Going Out Backwards, The Dizzying Heights, and The Lowest Depths. He lives in Queensland.





Title: Let the Bastards Come: The Battle for Kapyong Korea, 23

â€" 25 April 1951 Author: David W Cameron

ISBN: 9781038779670

Retail Price (excl. tax): 52.99 USD

Pages: 692

Publication Date: 1/04/2025

Category: HISTORY / Military / Korean War

BISAC: HIS027020

Format: [Large Print]

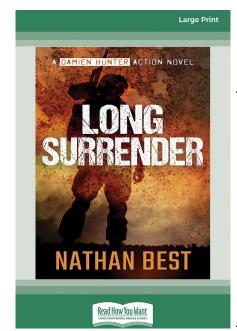
Original Publisher: Big Sky Publishing

About the Book: Anzac Day 2024 represents the 73rd anniversary of the critical battle of Kapyong (23 to 25 April 1951) This book for the first time tells the full story of the Australian, Canadian, New Zealand and American units involved. Fewer than 1,000 Australian and Canadian infantrymen, supported by New Zealand artillery and 15 American Sherman tanks fought off an entire Chinese Division of over 12,000 men and contributed significantly to defeating the great Chinese August offensive.

>cbr/>The battle of Kapyong was fought during a heavy downpour in mountainous terrain, with Chinese units infiltrating the Australian lines which extended for seven kilometres. Given the small number of men involved and the long defensive line, several strong points were quickly established. The Australians almost alone, but with support from New Zealand gunners and some American tanks, for the first 24 hours held back the Chinese and were at times surrounded by large numbers of Chinese who launched ongoing human wave attacks against their isolated positions - but the line held with Australians leading bayonet counter charges against the Chinese. Within 24 hours, Canadian troops were committed to the battle and for 12 hours also faced significant attempts by the Chinese to surround their position - they too held their ground. The battle of Kapyong was truly a decisive battle of the Korean War, and for their heroic actions during the battle of Kapyong, the Australian and Canadian infantrymen and American tankers were awarded a rare US Presidential Unit citation.

About the Author: David W. Cameron is a Canberra based author and has written several books on Australian military and convict history and human and primate evolution including over 60 internationally peer reviewed papers for various journals and book chapters. He received 1st Class Honours in Prehistoric Archaeology at the University of Sydney and later went on to complete his Ph.D. in palaeoanthropology at the Australian National University. He is a former Australian Research Council (ARC) Post Doctorial Fellow at the Australian National University (School of Archaeology) and an ARC QEII Fellow at the University of Sydney (Department of Anatomy and Histology). He has participated and led several international fieldwork teams in Australia, the Middle East (Turkey, Jordan, Israel, and the United Arab Emirates); Europe (Hungary) and Asia (Japan, Vietnam and India) and has participated in many conferences and museum studies throughout the world.





Title: Long Surrender Author: Nathan Best

ISBN: 9781038779656

Retail Price (excl. tax): 40.99 USD

Pages: 466

Publication Date: 1/04/2025

Category: FICTION / Literary

BISAC: FIC019000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Taipan One Six is back-betrayal, rescue, and revenge in Taliban territory.

Six, a covert team that takes on missions no one else will touch. But even in the shadows, they're not invincible. Their last operation in Afghanistan left one of their own behind, and Damien has never forgiven himself. Seeking peace in the Australian outback, he's pulled back into the fray when a desperate plea arrives.

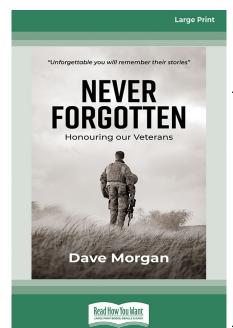
Sor/>Homaria Radrizzani, an international sportswoman, languishes in an Afghan prison, awaiting execution at the hands of the Taliban. Alongside her, other female athletes face the same grim fate. Then, out of the darkness, the long-lost Taipan operator-abandoned during that blood-soaked mission-makes contact after years in captivity.

Sor/>Now, Taipan One Six must mount a daring rescue: save Homaria and her fellow prisoners or let them die. But there's more at stake-Damien must also retrieve his old comrade. Given an ultimatum by his handler, Damien is forced to command a mission that prioritises the women or walk away forever.

Sor/>Correct by Sorio Poriven by guilt and loyalty, Damien will stop at nothing to save his friend, tearing through Afghanistan's treacherous Banyam Province in a storm of violence. But as the mission unfolds, he must confront the darkest parts of his past. Can he save them all before time runs out?

About the Author: Nathan Best is a 30 year veteran of the Royal Australian Air Force as a communicator. Deployed to the Middle East operations in Iraq and Kuwait as part of the Australian commitment to the War on Terror Nathan has gathered unique and credible experiences to add realism and authenticity to his writing. Nathan currently serves as a reservist with the Royal Australian Air Force's Combat Survival Training School. Nathan holds a Master's degree in Business and when not writing, works in the marine industry and calls Far Northern Queensland home with his partner and three dogs.





Title: Never Forgotten: Honouring our Veterans

Author: Dave Morgan

ISBN: 9781038779649

Retail Price (excl. tax): 40.99 USD

Pages: 496

Publication Date: 1/04/2025

Category: HISTORY / Military / General

BISAC: HIS027000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: In the shadows of war, their voices resonate: Australian veterans' tales Untold stories of Australiaê[™]s forgotten soldiers.

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y-Vietnam Veteran Dave Morgan explores the often-overlooked sacrifices of Australian military personnel. Inspired by his own experiences, Dave embarks on a journey to capture the diverse narrative spanning generations and conflicts, from Vietnam to Somalia and Afghanistan. Through meticulous research and armchair conversations, he uncovers untold stories, from talented athletes like Ian Anderson to pioneering female veterans like Stephanie Shipman. The book weaves together tales of camaraderie and resilience, from heartwarming reunions to the loss of friends like Robert Wilson.

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y-These accounts offer a mosaic of bravery and resilience and through these stories, readers gain a deeper understanding of the profound impact of military service on individuals and communities, highlighting the importance of preserving these invaluable narratives.

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y-Never Forgotten serves as a poignant reminder of the sacrifices made by those who serve, ensuring their voices resonate for future generations.

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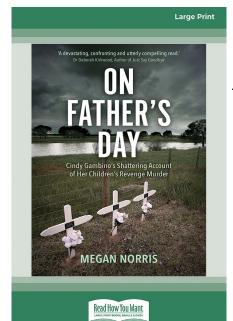
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y-All proceeds from this book will be donated to Legacy Australia.

About the Author: Dave Morgan, born in Melbourne in 1948, embarked on a life shaped by adventure and resilience. Joining the Army in 1969, he served in Vietnam with the 104 Signal Squadron, facing the harsh realities of war. Despite his silent struggles with Post Traumatic Stress Disorder upon returning, he built a life with his wife Deb and children David and Michelle. Now retired, he confronts his demons, seeking treatment for PTSD, a journey Antarctica forced him to acknowledge. He has authored four books.





Title: On Father's Day: Cindy Gambino's shattering account of her chil-

dren's revenge murders **Author:** Megan Norris

ISBN: 9781038779632

Retail Price (excl. tax): 59.99 USD

Pages: 706

Publication Date: 1/04/2025

Category: TRUE CRIME / Murder / General

BISAC: TRU002000

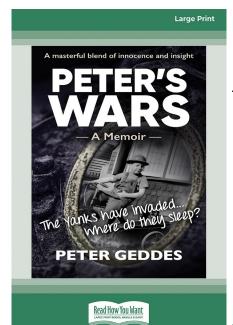
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: A heartbreaking account of enduring suffering and loss.
br/>When Cindy Gambino dropped her three boys off at their dad's on Father's Day 2005 she had no idea she would never see them again. By day's end, their bodies lay at the bottom of an icy dam, a tragedy that sparked one of the most controversial and prolonged murder cases in Australian history.
br/>Award-winning author and journalist Megan Norris followed the case for eight years, chronicling Cindy's heart-breaking journey through a trial, retrial, two failed appeals, and a 2013 High Court ruling that blocked Victorian father Robert Farquharson's final bid for freedom, putting him behind bars for at least the next thirty-three years.
br/>Through exclusive, intimate interviews with Cindy and her family, and a meticulous examination of the overwhelming evidence before the courts, Norris details how two juries concluded Farquharson was guilty of murdering his children. This book offers valuable and first-hand insight into a crime intended to last a lifetime.
br/>cbr/>Told through Cindy's eyes in the aftermath, 'On Father's Day' is a mother's legacy to the family she left behind when she passed away in 2022. Updated with an epilogue, her heart-breaking story shows that this is a crime that goes way beyond the grave.
br/>cbr/>'on Father's Day' was written by Megan at Cindy's request. This book is her voice.

About the Author: Megan Norris is a UK-trained journalist and award-winning author whose portfolio includes covering some of Australia's most infamous crimes. Her first book, Perfect Victim, co-authored with author, Elizabeth Southall, is now a movie starring Sam Neill, Miranda Otto, and Guy Pearce. Her exploration of revenge killings during marital breakdown, Â Look What You Made Me Do, won the 2017 Davitt Award from Australian Sisters in Crime Davitt for best non-fiction. In 2023 Megan was honoured with the Davitt Award for Best Non-Fiction Crime Book for her remarkable work, "Out of the Ashes". Out of the Ashes was also short listed for the 2023 Ned Kelly Awards, Best True Crime. In 2024 Megan has been nominated for The Mitchell Ferrario Compassion in Media Award celebrates a Queensland Media representative who has gone above and beyond the everyday demands of their role and displayed exceptional qualities of compassion and empathy towards victims and those impacted by homicide. Her true crime stories have been syndicated world-wide. She is a regular contributor to Australian Womens Weekly and an advocate for DV.





Title: Peter's Wars: A Memoir

Author: Peter Geddes

ISBN: 9781038779625

Retail Price (excl. tax): 33.99 USD

Pages: 310

Publication Date: 1/04/2025

Category: HISTORY / Military / World War II

BISAC: HIS027100

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: This fiercely funny memoir is set in Melbourne during the 1940s. The entrenched Protestant-Catholic divide of those times informs the narrative. Juxtaposed is the gulf between Melburnians and the thousands of Yanks stationed in their city following Pearl Harbor; the dizzying effect on the women had far-reaching consequences. Growing resentment and the increasing fear of a Japanese invasion add to the tension. Born in 1938, Peter relates that he was conceived twice. The conception resulting in his parents' marriage occurs in the back of a '36 Chevy. Five months after the wedding, his mother (who wasn't above telling a little fib) experiences the first signs of pregnancy: it is then she knows that she doesn't want to be a mother.

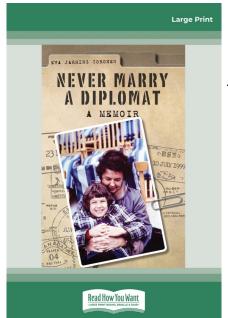
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Blending the war escalates Peter's father joins the RAAF, leaving Peter with a mother who resents having a small child to care for. Neglected, cold and hungry, shame engulfs him when his mother entertains a stream of Gls.

Blending the matter-of-fact voice of a child with the accomplished voice of a journalist, Peter's Wars captures the precise detail of the period: a kitchen without heating or running water, black market grog, rationing †the combination of satire and realism highlighting human truths with stark acuity.

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brh, his rich Catholic grandmother decides his religious education should not be neglected any longer and enrols him at Xavier College. There, Peter learns about eternal damnation and hellfire. Terrified, he responds by trying to make up for ten years of religious ignorance by attending daily mass and amassing enough 'good' points to save his soul. Peter's Wars is a memoir that begins and ends with the defining factors of every human life: time and place

About the Author: Peter Geddes' publishing history is in journalism, beginning in 1956. He has written for provincial, suburban and metropolitan newspapers in Australia, United Kingdom and Canada; he also scripted a variety of programs for Radio National. In 2021, he produced and directed a feature-length documentary film, Bellingen: The Promised Land, which was screened at the 2021 Screenwaves International Film Festival.





Title: Never Marry a Diplomat : A Memoir

Author: Eva Jarring Corones

ISBN: 9781038777423

Retail Price (excl. tax): 32.99 USD

Pages: 260

Publication Date: 3/04/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Women

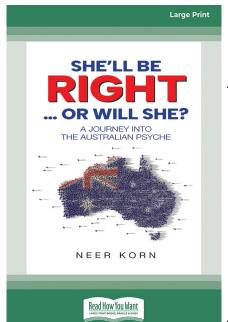
BISAC: BIO022000

Format: [Large Print]

Original Publisher: Hybrid Publishers

About the Book: This memoir is about the relationship between a mother, Lillan, who is the wife of a diplomat, and her only child, Eva. At its heart is the daughter's attempt to comprehend what her mother meant by her oft-repeated warning, never marry a diplomat. While enjoying the privileges of the diplomatic life, having maids and travelling to different countries, Eva found living in foreign countries for extended periods had negative effects on them both, which are gradually revealed. Lillan had to give up a career of her own. Through growing up in Sweden and the United States, Eva adopted a dual persona, with the American one becoming dominant. This eventually led to her marrying someone from the other side of the planet, and a life-long separation from her mother. Lillan wondered what would have happened if her husband had chosen a career other than diplomacy, which would have kept the family together in one place. Would their lives have taken a completely different path?





Title: She'll be right … or will she?: A journey into the Australian psyche

Author: Neer Korn

ISBN: 9781038777416

Retail Price (excl. tax): 33.99 USD

Pages: 382

Publication Date: 3/04/2025

Category: SOCIAL SCIENCE / Sociology / General

BISAC: SOC026000

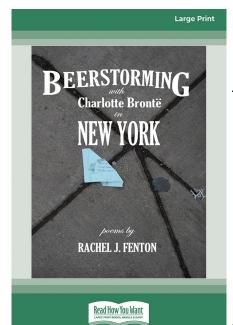
Format: [Large Print]

Original Publisher: Hybrid Publishers

About the Book: She II be right holds a mirror up to Australian society, providing a reflection of who we are as a nation and how we feel about life issues. Australians feel very lucky. Yet we are also deeply unhappy, with anxiety and depression the norm for too many. This book explores the reasons behind this and how we deal with it as a society.

About the Author: Neer Korn is the director of The Korn Group. He was a founder and director of Heartbeat Trends. For a decade and a half he has been speaking with, interviewing, and observing Australian life. He has produced over 100 large-scale reports on Australian society with people of all ages.





Title: Beerstorming with Charlotte Brontë in New York

Author: Rachel J. Fenton

ISBN: 9781038777409

Retail Price (excl. tax): 21.99 USD

Pages: 50

Publication Date: 4/03/2025

Category: FICTION / Literary

BISAC: FIC019000

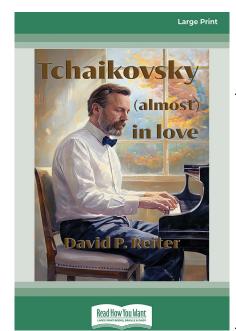
Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: Beerstorming with Charlotte Brontë in New York is a work documenting Mary Taylor's friendship with Charlotte Brontë by one of Aotearoa New Zealand's most innovative multi-award-winning writers. Rachel Fenton set out to New York to research one of Yorkshire and Aotearoa's most overlooked significant writers but found herself - a working-class woman with dyscalculia - uncovering much more.

About the Author: Rachel J Fenton lives in Oamaru in Te Waipounamu, Aotearoa, where she is Curator of Janet Frame House. Winner of the NZSA Laura Solomon Cuba Press Prize 2022, and Finalist in the 2014 Dundee International Book Prize for her novel Some Things the English, she is also an award-winning graphic poet, AKA Rae Joyce, and is co-editing the forthcoming anthology of women's cartoons Three Words. She tweets as @RaeJFenton.





Title: Tchaikovsky (Almost) in Love

Author: David P. Reiter

ISBN: 9781038777393

Retail Price (excl. tax): 21.99 USD

Pages: 100

Publication Date: 4/03/2025

Category: DRAMA / Australian & Oceanian

BISAC: DRA012000

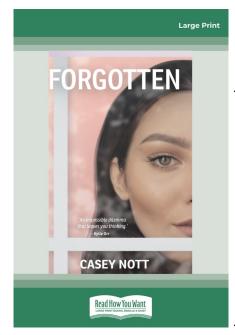
Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: This multimedia verse play, written in the style of Shakespeare, delves into the secret life of Tchaikovsky and what might have been in his secret relationship with benefactor and confident Nadezhda von Meck.

About the Author: Dr David P. Reiter is a multi award-winning poet, writer of fiction, digital artist and CEO of IP, an innovative print and digital publisher in Brisbane. His first picture book, Real Guns, was illustrated by Irish artist Patrick Murphy. His Project Earth-mend Series of four children's books includes The Greenhouse Effect, Global Cooling, Tiger Tames the Min Min and Tiger Takes the Big Apple. His second picture book, Bringing Down the Wall, illustrated by Sona Babajanyan, was 2014 Best Book for Teens & (Canadian Children's Book Centre). As artist-in-residence twice at the Banff Centre for the Arts, he completed My Planets Reunion Memoir Project, which won the 2012 WA Premier's Award. He's currently collaborating with co-author Trevor Todd on an animation series based on their Woody & (Sir Humphrey Series). An earlier play, Paul & (Samp; Vincent, was performed live in Brisbane before being broadcast twice on Radio National of the Australian Broadcasting Corporation.





Title: Forgotten **Author:** Casey Nott

ISBN: 9781038776976

Retail Price (excl. tax): 33.99 USD

Pages: 368

Publication Date: 4/03/2025

Category: FICTION / Women

BISAC: FIC044000

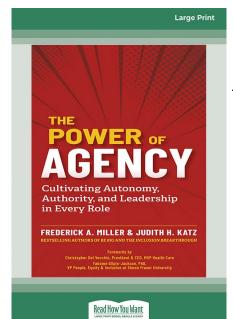
Format: [Large Print]

Original Publisher: Hawkeye Publishing

About the Book: After a traumatic car accident, Ava Durant wakes up in hospital not remembering how she got there. However, that's not all she's forgotten. The last ten years of her memory are gone and she's not a thirty-year-old woman anymore, she's forty. Struggling to come to terms with everything she's lost, she tries to live in her new reality but everything is foreign and unfamiliar. Her husband has gone, her friends are different and life is unrecognisable. In order to move forward she has to go backwards to unearth her forgotten past and the secrets that have shaped her.
br/>
A sharp examination of what it looks like to be a woman in today's society, this book is for anyone who's woken up at forty and wondered what has happened to their life.

About the Author: Casey Nott is an author who writes contemporary fiction that celebrates women and explores the challenges they face in modern society. As a former Chartered Accountant and Nutritionist, she's had a wide breadth of life experience from which to draw inspiration. Away from her laptop she's an avid baker and enthusiastic participant in the dark arts (knitting and crochet). Her debut novel, Forgotten, was long listed in the 2022 Hawkeye Manuscript Development Competition and is due for release in 2024. She lives in the bayside suburbs of Melbourne with her husband and children, of whom she's quite fond.





Title: The Power of Agency: Cultivating Autonomy, Authority, and Leader-

ship in Every Role

Author: Frederick A. Miller and Judith H. Katz

ISBN: 9781038776969

Retail Price (excl. tax): 25.99 USD

Pages: 204

Publication Date: 28/11/2024

Category: BUSINESS & ECONOMICS / Organizational Development

BISAC: BUS103000

Format: [Large Print]

Original Publisher: Berrett-Koehler Publishers

About the Book: Take ownership of your work and unleash the power of agency in your organization!

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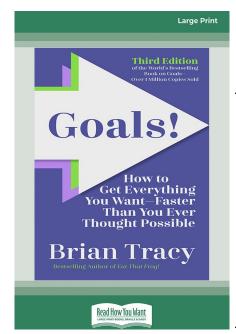
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About the Author: Fred Miller and Judith Katz have been pioneers and leading experts in the diversity, equity, and inclusion field for more than 30 years. They are also senior experts in the organization development and training and development fields. Fred has received over a dozen awards, including the Winds of Change Award (the top award of the Forum on Workplace Inclusion) and the OD Network Lifetime Achievement Award. Judith has also received many awards, including the OD Network Lifetime Achievement Award. They are coauthors of four BK books: The Inclusion Breakthrough, Be BIG, Opening Doors to Teamwork and Collaboration, and Safe Enough to Soar.

Soar.

Fred Miller and Judith Katz have been pioneers and leading experts in the diversity, equity, and inclusion field for more than 30 years. They are also senior experts in the organization development and training and development fields. Fred has received over a dozen awards, including the Winds of Change Award (the top award of the Forum on Workplace Inclusion) and the OD Network Lifetime Achievement Award. Judith has also received many awards, including the OD Network Lifetime Achievement Award. They are coauthors of four BK books: The Inclusion Breakthrough, Be BIG, Opening Doors to Teamwork and Collaboration, and Safe Enough to Soar.





Title: Goals! Third Edition: How to Get Everything You WantFaster Than

You Ever Thought Possible

Author: Brian Tracy

ISBN: 9781038776952

Retail Price (excl. tax): 33.99 USD

Pages: 358

Publication Date: 3/12/2024

Category: SELF-HELP / Personal Growth / Success

BISAC: SEL027000

Format: [Large Print]

Original Publisher: Berrett-Koehler Publishers

About the Book:
Almost a million copies sold since first published in 2003, this updated edition of Brian Tracy's self-help classic offers a step-by-step guide to setting and achieving your goals.
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About the Author: Brian Tracy is chairman and CEO of Brian Tracy International. As a keynote speaker and seminar leader, he addresses more than 250,000 people each year and is one of America's leading authorities on the development of human potential and personal effectiveness. He has worked with the executives and staff of such firms as IBM, Arthur Andersen, McDonnell Douglas, and the Million Dollar Round Table. He is the author of over seventy books and more than 300 audio and video learning programs.





Title: We Who Decide: The interpretation of nightmares

Author: Henry Johnston

ISBN: 9781038776365

Retail Price (excl. tax): 25.99 USD

Pages: 200

Publication Date: 4/02/2025

Category: FICTION / Literary

BISAC: FIC019000

Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: We Who Decide is a story of deceit, lies, and ambiguity. Shoshanna Liebler, an 18-year-old European Jewess, on the eve of the Anschluss of 1938, flees Austria, for Australia. A high-fashion designer, known as ZaSu, collaborates with her parents and brother to rebrand the House of Liebler with a portfolio of affordable creations for Europe's leading fashion houses.

About the Author: Henry Johnston, Australian author, essayist, and poet, was born in the UK in 1951. He is a contributor to both The Australian Independent Media Network and Independent Australia. In his career, Johnston served as an ABC Radio producer, speechwriter, and senior policy adviser. In the Independent Australia 2023 writing competition, his essay "In The Company of Giants", won the Most Compelling Article award. Other pieces of work encompass the short story "An Upturned Sky" (Stringybark Publishing), and an anthology Port Out Starboard Home, which was released as an eBook on Smashwords. He has written two novellas: Best and Fairest and The Last Voyage of Aratus and Other Stories. Set in inner-city Sydney during the 1960s, Best and Fairest chronicles the lives of 13 young men united by their love of Rugby League. In The Last Voyage of Aratus and Other Stories, Samuel Taylor Coleridge's The Rime of the Ancient Mariner is given a modern twist.





Title: Daughters of the Fatherland

Author: Jericho J. Johnson

ISBN: 9781038776358

Retail Price (excl. tax): 33.99 USD

Pages: 414

Publication Date: 4/02/2025

Category: FICTION / Alternative History

BISAC: FIC040000

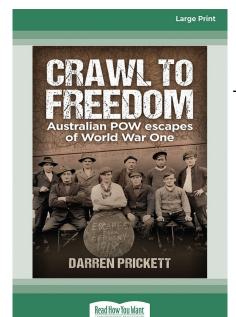
Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: Daughters of the Fatherland highlights the plight of the children during World War II with a special focus on the Romani Holocaust, Porajmos (devouring or destruction). Wars tear families apart, with children being left to fend for themselves in a chaotic world. During war, the conflict between and within nations can result in the loss of humanity; however, in Rosa's case, love and peace ultimately restores her community allowing personal redemption for Rosa

About the Author: While serving in the army for twenty years (1987-2007), the author served with the Australian Army Psychology Corps (AAPSYCH) after completing a psychology degree at Queensland University of Technology with elective subjects on writing, including screenwriting under screenwriting & Daywriting icon David Williamson. In 2006, he worked as a journalist on the Army Paper. He completed a BA in Writing, English and History at the University of Queensland (2013-15), where he studied under respected Australian authors such as Dr Kim Wilkins, Venero Armmano, Charlotte Nash, Kari Gislason, and Michael Robotham. He also attended writing courses at the New York Film Academy (2009), studying film and TV writing; at the American Comedy Institute (ACI) for comedy writing (2010); Allen & Delia Falconer, Michael Robotham, Charlotte Wood, David Malouf and Markus Zusak whose bestselling novel, The Book Thief, is set in WWII. While living in the USA from 2009-11, he attended various institutions, such as the Gotham Writers Workshops (NYC) and Write Your Free (Connecticut), where he studied with Dr Patrick McCord. He attended workshops with authors such as Colin Broderick (IRE), Heather Swain, and Patricia Riley Giff. One of his scripts won the Brett Ratner Award. He also volunteered at the Holocaust & Dr Strobos, as a teenager, met Marlene Dietrich (a major character in this novel) in the Swiss Alps on skiing trips before WW2.





Title: Crawl to Freedom: Australian POW Escapes of World War One

Author: Darren Prickett

ISBN: 9781038776327

Retail Price (excl. tax): 40.99 USD

Pages: 502

Publication Date: 4/02/2025

Category: HISTORY / Military / World War I

BISAC: HIS027090

Format: [Large Print]

Original Publisher: Big Sky Publishing

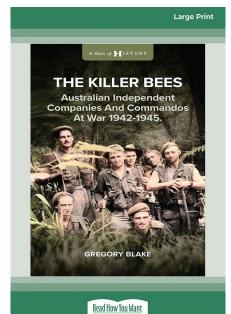
About the Book: During World War One over 4000 Australian servicemen were taken prisoner. Yet the prisoner of war experiences of the Anzacs are frequently forgotten, treated as mere footnotes in the proliferation of the literature of Australian military history. Where individual stories have been told they are often from the perspective of life as a POW. It could be assumed that the Australian POWs of WWI passed quietly into captivity. The opposite was in fact the case.

br/>
Many of the Anzacs attempted escape, with over 40 successfully making their way to England or across the battlefields of Western Europe to allied lines - to ultimately score home-runs! Crawl to Freedom is a collection of stories of those successful home-runs. From enlistment to capture, the journeys and efforts of the escapees are forensically explored as the Anzacs fight for their freedom. The astonishing stories tell of mateship, courage and determination in the face of adversity, these soldiers succeeded in overcoming their hardships to fulfill their ingenious endeavours to escape.

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Crawl to Freedom combines meticulous research with a forensic analysis to tell these astonishing stories of daring, perseverance and endurance ... stories crying out to be told for over 100 years!

About the Author: Darren Prickett was born and raised in Brisbane. His working career included time with the Royal Australian Air Force and 24 years with the Queensland Police Service, the majority of that service as a designated Detective. Darren has an avid interest in military history, particularly Australia's involvement in World War One. This is the second book Darren has authored. His first book, Purple Patch: History of the 3rd Field Company Engineers in World War One, was published through Big Sky Publishing in 2019. Darren now resides in Victoria and enjoys spending his leisure time with his wife, Cara, raising their two active, young boys.





Title: The Killer Bees: Australian Independent Companies and Commandos

at War, 1942-1945 **Author:** Greg Blake

ISBN: 9781038776310

Retail Price (excl. tax): 33.99 USD

Pages: 310

Publication Date: 4/02/2025

Category: HISTORY / Military / General

BISAC: HIS027000

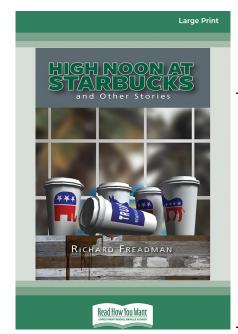
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: The Independent Companies and Commandos were a unique form of sub-unit within the Australian army during the Second World War. They were units composed of an exceptional group of individuals with very special attributes and skills who thrived on the unconventional and doing things very much in their own way. The army found it very hard to accept this at first but ultimately allowed the Independent Companies and Commandos to fight in their own style. They did this in the Jungles of Timor, New Guinea and Bougainville using tactics and procedures all of their own. As exponents of jungle warfare they were second to none and contributed significantly to important Australian military campaigns from 1942 until 1945. This history follows the story of some of these remarkable soldiers and units and the manner in which they fought the war against Japan at a time when Australia was engaged in a struggle for its very existence.

About the Author: From an very early age Gregory Blake had a keen interest in military history and has written numerous articles on the subject, for publications in Australian, the UK and the US. Greg has a PhD in History and is a retired secondary school History teacher. He has been a tutor at the Australian Defence Force Academy and ANU. Greg served with the Australian Army Reserve during the 1970s and 1980s. He is an accomplished artist and has contributed his talents to magazines and instructional texts both in Australia and overseas. Greg is the author of 'Eureka Stockade' and 'A Shot of History, Eureka Stockade' published by Big Sky Publishing. Greg lives in Melbourne.





Title: High Noon at Starbucks: and Other Stories

Author: Richard Freadman

ISBN: 9781038776273

Retail Price (excl. tax): 25.99 USD

Pages: 182

Publication Date: 4/02/2025

Category: FICTION / Literary

BISAC: FIC019000

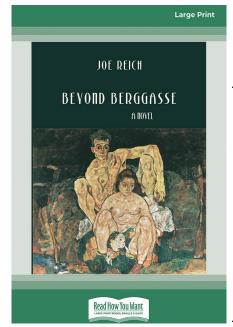
Format: [Large Print]

Original Publisher: Hybrid Publishers

About the Book: High Noon at Starbucks is an eloquent and compelling exploration of human particularity in diverse cultural settings: the author's hometown of Melbourne, Trumpite Florida, post-handover Hong Kong, and Switzerland. Its themes include mid-life experience, identity, mental and physical illness, gender, colonialism and the Holocaust. Whether comic, tragic or tragicomic, these stories are pervasively concerned with the complexities of the moral life. Their historical reach includes imaginative encounters with classics of nineteenth century fiction.

About the Author: Richard Freadman is Emeritus Professor of English at La Trobe University; he was the Founding Director of the Unit for Studies in Biography and Autobiography and an international authority on autobiography, biography and other forms of 'life writing'. A Fellow of the Australian Academy of the Humanities, he now works as a volunteer making life writing available to people in dementia care, palliative care and cancer remission settings. He writes and lectures on illness narrative, and continues to write autobiography and short fiction.





Title: Beyond Berggasse: A novel

Author: Joe Reich

ISBN: 9781038776266

Retail Price (excl. tax): 40.99 USD

Pages: 470

Publication Date: 4/02/2025

Category: FICTION / Historical / General

BISAC: FIC014000

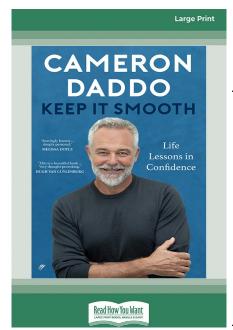
Format: [Large Print]

Original Publisher: Hybrid Publishers

About the Book: In late nineteenth century Vienna, Moritz, a young man from a well-to-do Jewish family, lives in the shadow of his older brother. Afflicted by a birthmark which in ancient times would have seen him left out for the wolves, he tries to retreat into a world of reading and writing. But unable to escape the 'target on his face', as his father calls it, Moritz is forced by his impatient nation into war. A story that takes the reader deep into the heady world of war, Zionism, salons, writers, artists, sexual awakening and the randomness of tragedy and redemption that follow.

About the Author: Joe Reich is a practising ophthalmologist in Melbourne whose writing was encouraged by being a finalist in the Womens Weekly Short Story competition. He has been involved in writing university and hospital revues and comedy debates, and has published five previous books. He lives in Melbourne.





Title: Keep It Smooth: Life Lessons in Confidence

Author: Cameron Daddo

ISBN: 9781038776099

Retail Price (excl. tax): 37.99 USD

Pages: 412

Publication Date: 4/02/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: A memoir from veteran entertainer Cameron Daddo about confidence: how we nurture it, how we lose it and how we can get it back again

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| Nulti-talented Cameron Daddo has been a part of the Australian entertainment scene since the late '80s. But you might be surprised to learn that, despite appearances, he grew up lacking confidence. He was a stutterer as a kid, then a restless student and uni dropout, before going on to build a life in showbiz.

| Some very publicly: the rejections, the victories and everything in between. Through a series of intimate conversations, he also explores public and private crises in the lives of extraordinary Australians, including Keith Urban and Marcia Hines, Michael O'Loughlin and Ryan 'Fitzy' Fitzgerald, Indira Naidoo and Alyssa Healy.

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| Some very publicly: the rejections, the victories and everything in between the victories and everything i

About the Author: Cameron Daddo rose to prominence in the late '80s as the youngest prime-time game show host in Australian TV history for Perfect Match. He has continued to work in various mediums as an award-winning actor, broadcaster and singer-songwriter. In recent years, Daddo has dedicated much of his work to help improve men's mental health through his non-profit organisation My Men's Team.





Title: Skysong

Author: Claire (C.A.) Wright

ISBN: 9781038776082

Retail Price (excl. tax): 40.99 USD

Pages: 486

Publication Date: 4/02/2025

Category: FICTION / Fairy Tales, Folk Tales, Legends & Mythology

BISAC: FIC010000

Format: [Large Print]

Original Publisher: Pantera Press

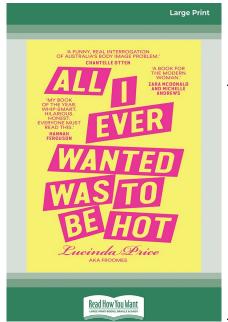
About the Book: Oriane is the skylark, and the sun only rises if she wills it.

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Every morning, she transforms from woman to bird, calling the dawn with her song. Seclusion has kept her safe her whole life - but it has also left her lonely, and craving freedom. When Oriane finally succumbs to the lure of the wild unknown, she is discovered in the gardens of the royal palace, where she is taken in by the king and treated like a goddess - and a prisoner.

Embroiled in a battle of faith and politics, Oriane yearns to return to her safe, simple life. A growing danger surrounds the palace, and the skylark and her gift are at its centre. But within the whispers, Oriane learns something she never expected: she may not be as alone as she thought. There may be another like her.

About the Author: Claire (C. A.) Wright is a fantasy author from Newcastle, New South Wales. When she's not writing, reading or working as a freelance editor, she can be found spending time with her husband, baking, birdwatching, and eating/drinking delicious things.





Title: All I Ever Wanted Was To Be Hot **Author:** Lucinda 'Froomes' Price

ISBN: 9781038776075

Retail Price (excl. tax): 37.99 USD

Pages: 400

Publication Date: 4/02/2025

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: I have always known that a woman's greatest power is her looks. For most of my life, I just took it as the way things were, a fact not worth interrogating since it was so obviously true.'For her entire life, Lucinda's mission was to look as hot as possible. She nipped, tucked, bleached, cut, plucked, plumped, shaved, lasered, tanned, crunched, squatted and starved. Then, she broke.

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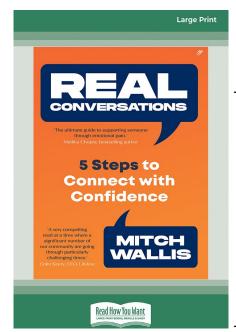
About the Author: Lucinda Price (aka Froomes) is a writer, presenter, comedian, podcaster and radio host.

| She's one half of award-winning populture radio duo Flex & Deared in the Guardian, Sydney Morning Herald, ABC and Pedestrian, alongside her weekly newsletter with over 10,000 subscribers. Her sold-out debut show at the 2023 Melbourne International Comedy Festival was rated five stars from The Age.

| She's also the CEO of FROOMESWORLD, an international one-woman business specialising in scripting, producing, presenting and editing original content. She has amassed a cult following online and earned an AACTA nomination for Best Digital Creator of 2022. Lucinda's TV credits include ABC's At Home Alone Together, in a sketch she wrote and edited, Amazon original The Moth Effect, Australia Now and Then, a host on MTV Australia, a presenter on ABC's Art Works and the red carpet host of the 2022 ARIA Awards. She has also written for the 2021 ARIA Awards and ABC's Question Everything.

| She's She'





Title: Real Conversations: 5 Steps to Connect with Confidence

Author: Mitch Wallis

ISBN: 9781038776068

Retail Price (excl. tax): 37.99 USD

Pages: 336

Publication Date: 4/02/2025

Category: SELF-HELP / General

BISAC: SEL000000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: A 5-step guide for how to better connect with the people around you, from a wellbeing educator with a mission to 'change the way the world feels'Healthy relationships are the heartbeat of life: research tells us the number-one thing that keeps us happy is who we have around us. The best way to improve your own life, and the lives of others, is to invest in your ability to connect. But so often, when the people around us experience emotional pain, we don't know how to support them.

'br/>You may be a parent supporting your child with anxiety, a partner supporting your spouse with depression or addiction, a manager trying to support your employee through grief, a co-worker supporting your teammate with relationship issues, a friend supporting a loved one through financial stress or a teacher supporting a student being bullied.

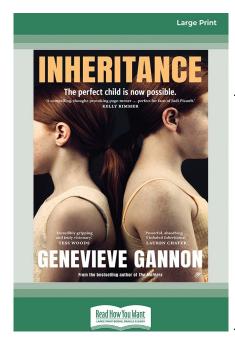
'br/>If you can see yourself in any of these situations, this book is for you. Like the tens of thousands of people Mitch Wallis has trained over the years through his Real Conversations workshops, you will learn from an evidence-based 5-step framework: Engage, Listen, Safety, Action and Boundaries.Real Conversations will help you to form unprecedented trust and closeness in your most important relationships, without hurting yourself in the process.

About the Author: Mitch Wallis is becoming one of the top thought leaders in psychology, with a lifelong mission to 'change the way the world feels'. Mitch is most well known as the founder of Heart on My Sleeve, a mental health movement that encourages people to connect through vulnerability. He is also the creator of Real Conversations, an interpersonal relationship program that builds psychological safety in workplaces, families and schools by embedding emotionally intelligent communication skills.

br/>As an accomplished keynote speaker, Mitch has delivered talks to tens of thousands of people at companies including American Express, KPMG, Amazon and Google. He has appeared in wellbeing campaigns by the likes of Allianz and LinkedIn, and featured in media outlets including the Huffington Post and Channel 10's The Project.

br/> br/> Mitch holds a master's degree in clinical psychology from Columbia University in New York, and has over two decades of lived experience with mental ill-health, including anxiety, depression and OCD.





Title: Inheritance

Author: Genevieve Gannon

ISBN: 9781038776051

Retail Price (excl. tax): 48.99 USD

Pages: 506

Publication Date: 4/02/2025

Category: FICTION / Women

BISAC: FIC044000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: In 2027, Angela Monahan is grappling with the decision of whether to take advantage of a new health service that promises a healthier, stronger baby through gene editing. With a semi-famous mother who has a substance abuse problem and a husband ravaged by the pandemic, there's plenty in her family tree that Angela would like to protect her unborn child against.

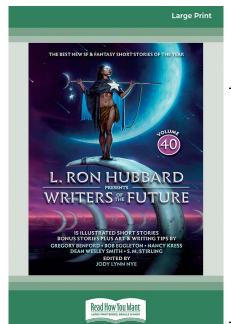
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But not everybody loves the so-called designer baby technology. Years later, Adelaide Liddiard is an ambitious political staffer trying to make a difference in a world where tough new laws curtail the rights of genetically modified people. Many are prejudiced against enhanced humans because the promises of health and special abilities proved false, but she is determined to fight for what she believes in. Adelaide and her husband are also saving and working towards something they've called The Cyprus Project, when their plans are derailed by the threat of a new strain of virus.

stronger baby through gene editing. With a semi-famous mother baby technology. Years later, Adelaide Liddiard is an ambitious political staffer trying to make a difference in a world where tough new laws curtail the rights of genetically modified people. Many are prejudiced against enhanced humans because the promises of health and special abilities proved false, but she is determined to fight for what she believes in. Adelaide and her husband are also saving and working towards something they've called The Cyprus Project, when their plans are derailed by the threat of a new strain of virus.

stronger baby technology.

About the Author: Genevieve Gannon is an award-winning journalist based in Sydney. Over her 15-year career she has worked as a front-line reporter in Canberra, Melbourne and Sydney covering crime, health, social affairs and politics. She was the lead court reporter for Australian Associated Press and has been published in most major Australian newspapers. She is presently the senior journalist at The Australian Women's Weekly where she is known for in-depth articles on issues relating to the health, rights and safety of women. She is the author of The Mothers and The Gifted Son.





Title: L. Ron Hubbard Presents Writers of the Future Volume 40

Author: L. Ron Hubbard

ISBN: 9781038775924

Retail Price (excl. tax): 59.99 USD

Pages: 718

Publication Date: 24/10/2024

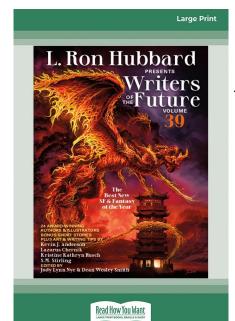
Category: FICTION / Fantasy / Collections & Anthologies

BISAC: FIC009040

Format: [Large Print]

Original Publisher: Galaxy Press





Title: L. Ron Hubbard Presents Writers of the Future Volume 39

Author: L. Ron Hubbard

ISBN: 9781038775917

Retail Price (excl. tax): 59.99 USD

Pages: 750

Publication Date: 24/10/2024

Category: FICTION / Fantasy / Collections & Anthologies

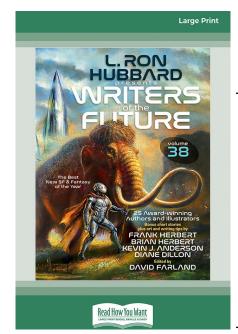
BISAC: FIC009040

Format: [Large Print]

Original Publisher: Galaxy Press

About the Book: The Best New SF & Dear Seamp; Fantasy of the Year
>some of your favorite authors...
>cbr/>selected these stories for you to read.
stories by Kevin J. Anderson • L. Ron Hubbard • S. M. Stirling
stories by Kevin J. Anderson • L. Ron Hubbard • S. M. Stirling
stories by Lazarus Chernik • L. Ron Hubbard • Kristine Kathryn Rusch
str/>Edited by Dean Wesley Smith • Jody Lynn Nye
str/>cbr/>Edited by Dean Wesley Smith • Jody Lynn Nye
str/>chr/>fo-page color artwork • Cover art by Tom Wood
str/>cbr/>Check out the stories Brandon Sanderson, Orson Scott Card, Nnedi Okorafor, Robert J. Sawyer, Kevin J. Anderson, Jody Lynn Nye and others chose as the best new voices of the year.
str/>sbr/>be amazed. Be amused. Be transported ‹ by stories that take you by surprise and take you further and deeper into new worlds and new ideas than you've ever gone before.
str/>sbr/>treefrom masters of the genre.





Title: L. Ron Hubbard Presents Writers of the Future Volume 38

Author: L. Ron Hubbard

ISBN: 9781038775900

Retail Price (excl. tax): 52.99 USD

Pages: 678

Publication Date: 24/10/2024

Category: FICTION / Fantasy / Collections & Anthologies

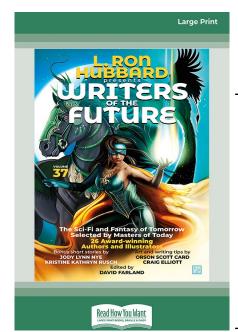
BISAC: FIC009040

Format: [Large Print]

Original Publisher: Galaxy Press

About the Book: Bestselling Anthology of Award-Winning Sci Fi & Discourse Stories About Stories About Stories About Stories About Stories Award-Winning Authors and Illustrators About Stories About Stories Award-Winning Authors and Illustrators About Stories About Stories Award-Winning Authors and Illustrators About Stories About Stories About Stories About Stories About Stories About Stories Award-Winning Authors and Illustrators About Stories About Stories About Stories Award-Winning Sci Fi & Discours Award-Winning Winning Sci Fi & Discours Award-Winning Winning W





Title: L. Ron Hubbard Presents Writers of the Future Volume 37

Author: L. Ron Hubbard

ISBN: 9781038775894

Retail Price (excl. tax): 52.99 USD

Pages: 618

Publication Date: 24/10/2024

Category: FICTION / Fantasy / Collections & Anthologies

BISAC: FIC009040

Format: [Large Print]

Original Publisher: Galaxy Press

About the Book: Bestselling Anthology of Award-Winning Science Fiction and Fantasy Short Stories

Sci-Fi and Fantasy of Tomorrow Selected by Masters of Today

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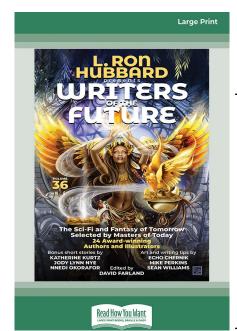
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Title: L. Ron Hubbard Presents Writers of the Future Volume 36

Author: L. Ron Hubbard

ISBN: 9781038775887

Retail Price (excl. tax): 52.99 USD

Pages: 638

Publication Date: 24/10/2024

Category: FICTION / Fantasy / Contemporary

BISAC: FIC009010

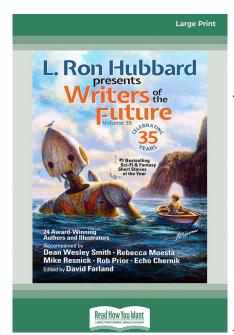
Format: [Large Print]

Original Publisher: Galaxy Press

About the Book: Bestselling Anthology of Award-Winning Science Fiction and Fantasy Short Stories

>b>Soar to new heights of Science Fiction & Description & Des





Title: L. Ron Hubbard Presents Writers of the Future Volume 35

Author: L. Ron Hubbard

ISBN: 9781038775870

Retail Price (excl. tax): 48.99 USD

Pages: 604

Publication Date: 24/10/2024

Category: FICTION / Fantasy / Collections & Anthologies

BISAC: FIC009040

Format: [Large Print]

Original Publisher: Galaxy Press

About the Book: Bestselling Anthology of Award-Winning Science Fiction and Fantasy Short Stories

>Internationally acclaimed bestselling anthology of award-winning science fiction and fantasy short stories.

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Award-Winning Sci-Fi and Fantasy Authors and Illustrators

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Award-Winning Sci-Fi and Fantasy Authors and Illustrators

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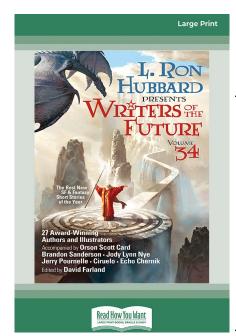
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Title: L. Ron Hubbard Presents Writers of the Future Volume 34

Author: L. Ron Hubbard

ISBN: 9781038775863

Retail Price (excl. tax): 52.99 USD

Pages: 666

Publication Date: 24/10/2024

Category: FICTION / Fantasy / Collections & Anthologies

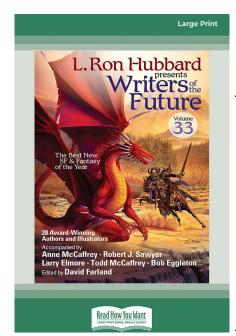
BISAC: FIC009040

Format: [Large Print]

Original Publisher: Galaxy Press

About the Book: The Best New Sci Fi and Fantasy Short Stories of the Year
>24 Award-Winning Authors and Illustrators
>br/>Accompanied by Orson Scott Card, Brandon Sanderson, Jody Lynn Nye, Jerry Pournelle, Ciruelo and Echo Chernik and Edited by David Farland
>br/>Your search for something new and different in sci-fi and fantasy ends here.
>br/>Presenting this year's collection of fresh voices, fabulous worlds, and fantastic new characters.
>br/>Each year, the Writers and Illustrators of the Future Contests' blue-ribbon judges search the world to discover and introduce to you the very best new talent in sci-fi and fantasy.





Title: L. Ron Hubbard Presents Writers of the Future Volume 33

Author: L. Ron Hubbard

ISBN: 9781038775856

Retail Price (excl. tax): 48.99 USD

Pages: 524

Publication Date: 24/10/2024

Category: FICTION / Fantasy / Collections & Anthologies

BISAC: FIC009040

Format: [Large Print]

Original Publisher: Galaxy Press

About the Book: Get to know tomorrow's brightest creative talents chosen by some of today's bestselling authors and celebrated artists including Kevin J. Anderson Orson Scott Card Larry Elmore and Brandon Sanderson.

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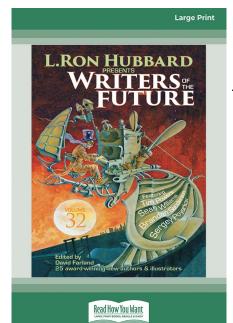
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Title: L. Ron Hubbard Presents Writers of the Future Volume 32

Author: L. Ron Hubbard

ISBN: 9781038775849

Retail Price (excl. tax): 48.99 USD

Pages: 576

Publication Date: 24/10/2024

Category: FICTION / Science Fiction / Collections & Anthologies

BISAC: FIC028040

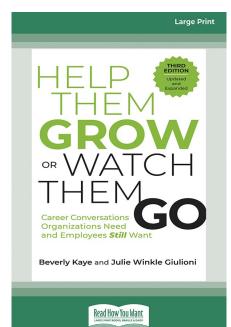
Format: [Large Print]

Original Publisher: Galaxy Press

About the Book: The Best New Science Fiction and Fantasy of the Year

Science Fiction & Amp; Fantasy Anthology and Advice to Writers 2016You are about to meet:YOUR NEXT FAVORITE AUTHORThe 32nd edition of Writers of the Future may be the best new book yet! Brand-new adventure through space, time and possibility. Along the way these new authors will introduce you to fascinating characters such as Nate, a very loyal companion-like most werewolves would be. Keanie has a parasite that lets her morph and so transform into anyone. Liz owns a dinosaur maker, but raw ingredients can be a problem. Anna slaves away in a factory but her magic leaves her unfulfilled. These authors take creative writing to a whole new level!The answers, the stories, the visions, and the mind-stretching possibilities are all waiting inside. Welcome to the future of Science Fiction and Fantasy. It gets better every year. These are the award winning short stories of the international contest that have launched the writing careers of some of the best new books!BONUS stories and articles on how to write by New York Times best sellers Tim Powers, Sean Williams, Brandon Sanderson, Sergey Poyarkov & Doyarkov & Doyarkov





Title: Help Them Grow or Watch Them Go, Third Edition: Career Conversa-

tions Organizations Need and Employees Still Want **Author:** Beverly Kaye and Julie Winkle Giulioni

ISBN: 9781038775832

Retail Price (excl. tax): 33.99 USD

Pages: 400

Publication Date: 22/10/2024

Category: BUSINESS & ECONOMICS / Human Resources & Personnel Management

BISAC: BUS030000

Format: [Large Print]

Original Publisher: Berrett-Koehler Publishers

About the Book: This new edition of the bestselling employee development classic includes advice on engagement and retention in today's more flexible employment environment, a new chapter on remote and hybrid work, and a deeper discussion of career development in your organization.

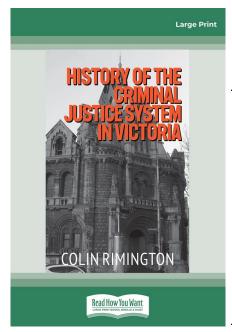
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About the Author: Beverly Kaye is the founder and CEO of her own consulting company, BevKaye&Co. She was honored with the Lifetime Achievement Award from the Association for Talent Development for her groundbreaking and continual contributions to workplace learning. She is the coauthor of several books, including six editions of Love 'Em or Lose 'Em.

>

>/>Julie Winkle Giulioni works with organizations worldwide to improve performance through leadership and learning through her company, DesignArounds. Named one of Inc. Magazine's top 100 leadership speakers, she consults, teaches, speaks, and writes about career development and a variety of workplace topics.





Title: History of the Criminal Justice System in Victoria

Author: Colin Rimington

ISBN: 9781038775238

Retail Price (excl. tax): 59.99 USD

Pages: 782

Publication Date: 7/01/2025

Category: HISTORY / General

BISAC: HIS000000

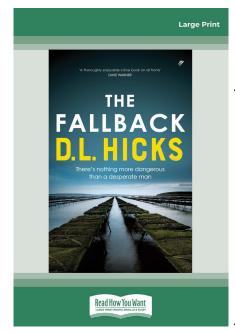
Format: [Large Print]

Original Publisher: Hybrid Publishers

About the Book: An authoritative, comprehensive account of Victoria's justice system, starting with a tour of the historic justice precinct which is located on the corner of La Trobe Street and Russell Street, Melbourne. The author takes us back to the earliest days of Victoria's settlement and introduces the politicians, police, magistrates, and even the criminals who played their parts in Melbourne and Victoria's development.

About the Author: Colin Rimington, Â Bachelor of Social Science (Legal and Dispute), Â Master of Justice and Criminology, RMIT University, Justice of the Peace, worked with the police prosecutions officers attending court hearings, analysing files, assisting members with their duties and writing a full report for the university, and as a part of the activity gained a high distinction for this activity.





Title: The Fallback Author: D.L. Hicks

ISBN: 9781038775207

Retail Price (excl. tax): 33.99 USD

Pages: 408

Publication Date: 7/01/2025

Category: FICTION / Crime

BISAC: FIC050000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: <i>Deep down, there's something we'd all kill for.</i>

| know I would. I know I have. I know I will.</br>
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| know I know I would. I know I have. I know I will.</br>
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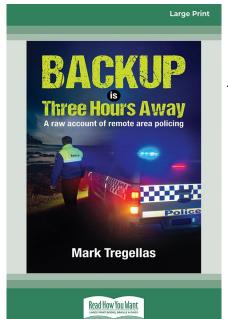
| know I know

About the Author: David Hicks is a police officer with the Victorian Police. In his twenty-five years of service he has been on the frontline of everything from drug busts to serious collisions and all manner of violent crime, a job which he describes as giving him a front seat to crime and humanity in all its colour.

y-through his stories, David hopes to challenge readers to examine the line between good and evil, and how circumstance can alter a person's life in the blink of an eye.

y-David lives in Geelong with his wife and two children. He is the author of The Devil Inside (2020) and The Fallback (2022).





Title: Backup is Three Hours Away: A raw account of remote area policing

Author: Mark Tregellas

ISBN: 9781038775108

Retail Price (excl. tax): 33.99 USD

Pages: 374

Publication Date: 7/01/2025

Category: TRUE CRIME / General

BISAC: TRU000000

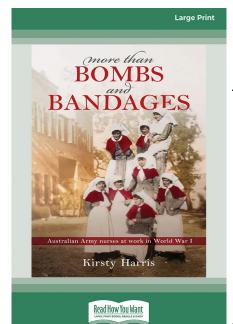
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Embark on a gripping adventure with Mark 'Trigger' Tregellas in Backup is Three Hours Away, a true crime memoir chronicling nearly three decades of policing Victoria's remote coastal region. Trigger never knew what each shift would bring - tragedy, laughter, adventure, danger - sometimes all on the same day. Trigger's personal journey, fuelled by a thirst for adventure and special forces training, led him to the frontline of policing. He faced life-threatening situations and earned commendation for his exceptional and courageous service, recognition that came at a personal cost. Through Trigger's career he sustained severe injuries, including a broken spine, a gunshot wound to the face and PTSD. Trigger delves into encounters with peril, unexpected twists, and heartbreaking moments, shedding light on the motivations that drive officers to willingly confront the unknown. Despite the physical and mental toll, his story is one of triumph, showcasing a resilient mindset honed through exhaustive training and the overcoming of life's challenges, including a brush with cancer. Backup is Three Hours Away is a genuine portrayal of policing, from the unpredictable and humorous moments, to heart-wrenching tragedy. Trigger's narrative transcends the typical law enforcement tale, revealing indomitable human spirit and resilience - a powerful and inspirational the dedicated lows Testimonial: For anyone who has dreamt about going on a cop 'ride-along' to see what really happens on a shift - this book is for you! Thirty years of policing in some of the most remote and inhospitable areas in Australia, condensed into 60 bite-sized chapters, ranging from: Diving headfirst into a speeding boat while 3 kilometres offshore to arrest poachers, outwitting a career criminal with links to terrorists, subduing three Nazi-linked extremists from attacking a young girl late at night while dressed only in pyjamas, locating a decapitated head up a tree still encased in a motorcycle helmet. Traumatic, dramatic, suspenseful and at times farcical. Then there are the multiple bravery awards! There is a thin line that separates bravery from recklessness when risking your life to save others. But when you are trained, dedicated, intelligent and resourceful, members of the Thin Blue Line are ready, willing and able to take those calculated risks. Mark "Trigger" Tregellas has faced the demons and lived to tell the tale! Richard Rolfe AM Vice Patron - Australian Bravery Association

About the Author: Mark 'Trigger' Tregellas is a former Victorian police officer. From teenage athlete, world adventurer, and martial artist, Mark's thirst for adventure led him to serve in the special forces reserves and to policing. Stationed in remote towns over 26 years, Trigger spent most of his policing career working closely with three other officers. Amongst his many honours is the Clarke Silver Medal, the Royal Humane Society of Australasia's highest award. After retirement, Trigger and his family endured the devastating Black Summer fires, followed by COVID-19 lockdowns that almost broke their hometown apart. Using his expertise, Trigger set up a recovery website that funnelled nearly one million dollars for the victims of the fires and earned him a Resilient Australia Award. He continues to live in remote coastal Victoria today.





Title: More than Bombs and Bandages

Author: Kirsty Harris

ISBN: 9781038775092

Retail Price (excl. tax): 52.99 USD

Pages: 620

Publication Date: 7/01/2025

Category: HISTORY / Military / World War I

BISAC: HIS027090

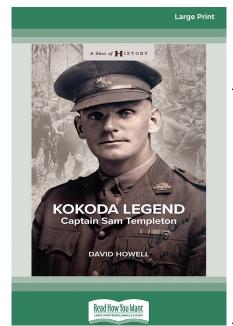
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: More than Bombs and Bandages exposes the false assumption that military nurses only nursed. Based on author Kirsty Harris' CEW Bean Prize-winning PhD thesis, this is a book that is far removed from the 'devotion to duty' stereotyping offering an intriguing and sometimes gut-wrenching insight into the Australian Army Nursing Service (AANS) during World War I. More than Bombs and Bandages provides rich pickings for all those interested in nursing history, women in the Australian military the World application of medical treatments What I enjoyed most about is Dr Kirsty Harris's ability to reflect those nurses voices in a way that was so real - one could be there, the settings were so well understood from her research and the language kind of made a time warp in the reading. Very satisfying. As you know I have that Peter Rees book, but I could not get into it after reading the historical one. It was like comparing a great documentary to Face Book trivia!!! Rev'd Dr Barbara Oudt

About the Author: Kirsty Harris completed her labour history thesis on World War I nursing at the School of Historical Studies at the University of Melbourne in 2007. With a military background, she has created a detailed view of the work that Australian Army nurses undertook during the war, particularly outside the nursing sphere. This allows both those inside and outside the nursing world to gain a better appreciation of the work these nurses did and the skills they had.





Title: Kokoda Legend: Captain Sam Templeton

Author: David Howell

ISBN: 9781038775085

Retail Price (excl. tax): 32.99 USD

Pages: 258

Publication Date: 7/01/2025

Category: HISTORY / Military / General

BISAC: HIS027000

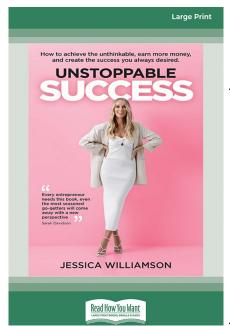
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: One of the finest soldiers and most courageous leaders I have ever known. - Lt Doug McClean, D Coy, 39th Battalion If you have trekked Kokoda, then the campsite of Templeton's Crossing will be familiar. Discover the story of the man behind the name. Captain Sam Templeton was the first Australian Officer to be captured by the Japanese in the Kokoda Campaign. After being interrogated by his captors he was executed on the battlefield. Templeton had predicted his fate, telling a platoon commander, if 'he went into action, he wouldn't come back'. Having resigned himself to his destiny, Templeton misled his captors on the numerical strength of the Australian forces waiting in Kokoda and Port Moresby. Did Templeton's misinformation slow the initial push by the Yokoyama Advance Force into the Owen Stanley Range, allowing the Australian Imperial Force to join the fight earlier? Did Templeton create doubt in the mind of the commander of the South Seas Force, influencing an operational change for the attack on Port Moresby? A quiet and often aloof character, Templeton's name and actions became synonymous with Kokoda. Originally from Belfast, Templeton is reputed to have helped quash the Irish rebellion, served in submarines with the Royal Navy during the First World War and to have fought with the International Brigade in the Spanish Civil War. Kokoda Legend goes beyond the myth to discover the real contribution Captain Sam Templeton made to stopping the Japanese advance over the Owen Stanley Range in 1942.

About the Author: Mr David Howell is a Melbourne based author, Kokoda tour guide and historian specialising in the history of wartime New Guinea. David started his Kokoda career at the Kokoda Track Memorial Walkway in Concord, NSW. Here he took thousands of visitors around the memorial educating them on the significance Kokoda. David continued as a guide at the Shrine of Remembrance in Melbourne, before taking up a full-time appointment. He created and was the editor of the Shrine's magazine Remembrance and designed and ran the Friends of the Shrine program. In 2015, he returned full-time to trekking Kokoda with his company Kokoda Historical. He is currently the history chair and a Life Member of the 39th Battalion Association and the Secretary of the Mornington RSL. David served for 15 years as an infantry soldier in the Australian Army Reserve. In 2008, he deployed on peacekeeping operations in the Solomon Islands. David is well published on Australian military history and a regular guest on many radio and television history programs including the award winning SBS series Who Do You Think You Are. David is married with two children and resides on the Mornington Peninsula, Victoria.





Title: Unstoppable Success: How to achieve the unthinkable, earn more

money and create the success you always desired

Author: Jessica Williamson

ISBN: 9781038775078

Retail Price (excl. tax): 32.99 USD

Pages: 248

Publication Date: 7/01/2025

Category: BUSINESS & ECONOMICS / Entrepreneurship

BISAC: BUS025000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: This book is for you: the big dreamer, the one who never takes no for an answer, and who always knows how to find a way to MAKE IT HAPPEN!

/>cbr />f you were looking for a sign to shake things up and step into that person capable of wild success (more than you already have) then â€" THIS IS IT! Award-winning, serial entrepreneur, Jessica Williamson, scaled 5 businesses by the age of 25, and she's here to challenge your thinking, push you out of your comfort zone and turn seemingly impossible business dreams into tangible success.

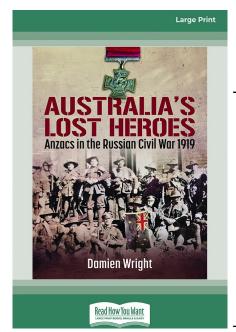
y-/st's not your typical success story; Jessica made it happen against all odds, and now she's revealing how you can too, diving deep into the mindset and practical growth strategies of a powerhouse entrepreneur. And that means ...
• Unlock your unstoppable mindset & overcome self-sabotage for good.
• Redefine your version of SUCCESS, where there are no limits to what you can achieve.
• Develop a money-making mindset and learn practical profit-planning tools so you can be in control of your wealth
br />• Build the deepest SELF-TRUST that when people say "noâ€, you say "Just watch meâ€
br />• Learn how to build momentum in your business even when it doesn't feel like there is any.

or />• Connecting with your shadow self and overcome your limiting beliefs for unstoppable growth and success

This no-BS, humorous, practical guide (with a touch of tough love) is packed with relatable stories, actionable advice, and mindset hacks, designed to challenge your conventional thinking. Get ready to defy limits, crush doubts and make a bigger impactâ€"all while staying true to yourself.
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/>i>â€[™]m going to level with you. We donâ€[™]t have time to pick apart 108,000 reasons "why notâ€. In this book, l'm going to give you a massive kick up the butt and remind you, through the lessons and advice and practical tools and tips, that anything is possible for you … I want you to know that you can create the life of your wildest freaking dreams!' - JW</i>

About the Author: Jessica Williamson is a dynamic serial entrepreneur driven by a no-nonsense attitude and a passion for challenging the status quo. From launching her first venture, the Girls Club, at age 7 to founding a swimwear brand at 22 that showcased at New York Fashion Week just one week after launching online, Jess defies expectations. Scaling five businesses by 25, she faced burnout, sold three enterprises, and defined her unique version of success. A prominent thought leader in female entrepreneurship, Jessica has been featured in Forbes Magazine and major publications, earning prestigious awards. As a mentor and podcast host, she's committed to empowering women and proving that achieving unconventional success is entirely possible with audacity and self-belief. Jessica lives in Perth, WA and will debut on TedX in December 2023.





Title: Australia's Lost Heroes: Anzacs in the Russian Civil War 1919

Author: Damien Wright

ISBN: 9781038775061

Retail Price (excl. tax): 48.99 USD

Pages: 524

Publication Date: 7/01/2025

Category: HISTORY / Military / General

BISAC: HIS027000

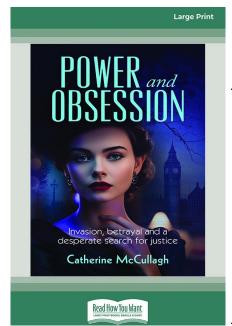
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: This extraordinary book is both an engaging military history and an enthralling mystery. Australia's Lost Heroes tells the astonishing little-known story of the Australian soldiers who fought the Red Army in Russia in 1919 and the personal odyssey, 100 years later, to locate and identify the lost grave of Victoria Cross hero Sergeant Samuel Pearse VC MM. The Anzac volunteers fought an arduous campaign punctuated by fierce ambushes in thick forest, swamps and marshes and attacks on fortified bunkers. They also had to fight a war within, avoiding the treachery and mutiny of White Russian 'allies'. Remarkably, two Australians were awarded the Victoria Cross, one posthumously. Yet, unlike the reverence, recognition and commemoration afforded to WWI soldiers, not only do the deeds of Anzacs in Russia remain unrecognised, their graves lie lost and forgotten. Follow the author's journey to a remote corner of Russia with the grandson of Samuel Pearse in the hope of identifying the lost grave. Guided by a Russian battlefield archaeologist, they discover an astonishing clue which may resolve the mystery of an Australian hero missing for 100 years. An extraordinary story of national importance dedicated to those forgotten Australian heroes who fought and died in Russia after the Armistice.

About the Author: Damien Wright is a historian and author with a lifelong interest in Australian military history. He is a recognised expert on British military operations in Russia and author of the book, Churchill's Secret War with Lenin: British and Commonwealth Military Intervention in the Russian Civil War, 1918-20. In 2019 he travelled to Russia with the grandson of Sergeant Samuel Pearse, VC, MM and held a commemoration on the 100th Anniversary at the site of his death and posthumous Victoria Cross action, the first time an Australian had visited the location in 100 years. His articles have been published in Journals of The James Caird Society, The Orders and Medals Research Society and commercial history magazines. He holds a Security, Terrorism and Counterterrorism degree and works in the international education sector.





Title: Power and Obsession: Invasion, betrayal and a desperate search for

justice

Author: Catherine McCullagh

ISBN: 9781038775054

Retail Price (excl. tax): 63.99 USD

Pages: 852

Publication Date: 7/01/2025

Category: FICTION / Thrillers / General

BISAC: FIC031000

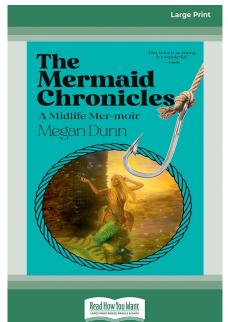
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: She eyed him nervously, this man who could end her life without a second thought. She had been complacent, lulled into forgetting the immense power he wielded over her ... London, 1941, and in the battered capital of occupied Britain, Emilia Shaw works as a translator for ruthless SS General Oskar Voigt. But Emilia is also a resistance spy, desperate to avoid the scrutiny of Voigt's security chief, Irish policeman Brendan O'Connor, and his brutal offsider, SS Colonel Hans Morser. Promised the crown, the Duke of Windsor returns to London, unleashing a wave of violence from the resistance. The Duke pressures the puppet government for his coronation, but finds himself at the mercy of Hitler, the supreme kingmaker. As the violence escalates, Emilia is hunted by both the SS and the resistance, caught in the crossfire as the country threatens to implode. Ultimately, its fate lies in the hands of one man - the most unlikely of them all. Power and Obsession is the vividly imagined tale of an occupied London, a dark labyrinth peopled by the sinister, the smug and the sadistic. Yet it is also a gripping tale of reckless audacity and the obsessive search for justice.

About the Author: Catherine McCullagh trained as a teacher before embarking on a career in the Australian Army. On leaving the Army, she established herself as a freelance editor specialising in military history, before launching a new career, this time as a writer. Her first published works were non-fiction, beginning with Willingly into the Fray, a centenary history of Australian Army nursing, followed by War Child, a ghost-written wartime memoir, and Unconquered, which she co-wrote with Denny Neave and Gordon Traill. Catherine's first historical novel, Dancing with Deception, was published in 2017 and was followed by Secrets and Showgirls in 2021. Her next novel, Love and Retribution, was released in 2022, with Resistance and Revenge published in May 2023. Like its predecessor, Power and Obsession is an alternative history novel, marking a shift from traditional historical fiction and into the world of supposition, in this case, occupied Britain.





Title: The Mermaid Chronicles: A Midlife Mer-moir

Author: Megan Dunn

ISBN: 9781038773784

Retail Price (excl. tax): 40.99 USD

Pages: 476

Publication Date: 3/12/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

Original Publisher: Penguin Random House New Zealand

About the Book: The true tale of how one woman's lifelong obsession became a midlife mermaid odyssey, from the irrepressibly witty author of Tinderbox and Things I Learned at Art School.

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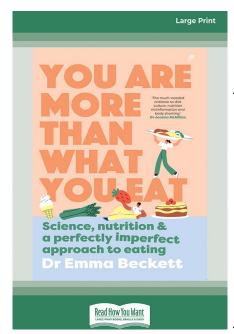
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About the Author: Megan Dunn is the author of two irreverent works of non-fiction Tinderbox (Galley Beggar Press, 2017) and her memoir in essays Things I Learned at Art School (Penguin Random House New Zealand, 2021.) Megan is as an art critic and essayist in New Zealand. She has published columns, reviews, personal essays and features for a wide range of media including the Guardian Australia, The New Zealand Listener, Metro, Newsroom and Art News New Zealand. She was once the visual arts correspondent on Radio New Zealand's Saturday morning show, with broadcaster Kim Hill. So there. Megan graduated with a master's in creative writing from the University of East Anglia. In 2006, she won an Escalator award from the New Writing Partnership (now the National Centre for Writing.) In 2022 she was the annual Writer in Residence at the International Institute of Modern Letters, based at Victoria University of Wellington, Te Herenga Waka. During this residency she worked on the first draft of her mer-moir and also curated an art exhibition The Mermaid Chronicles, based on her journeys to meet the world's leading professional mermaids. You can watch a short clip of Megan speaking about mermaids on TVNZ. Megan has chaired literary events with national and international authors including Rachel Kushner, Olivia Laing and Noelle McCarthy. Megan lives and works in Wellington. She is also interested in crocodiles.





Title: You Are More Than What You Eat: Science, nutrition and a perfectly

imperfect approach to eating **Author:** Dr Emma Beckett

ISBN: 9781038773760

Retail Price (excl. tax): 37.99 USD

Pages: 366

Publication Date: 3/12/2024

Category: HEALTH & FITNESS / Oral Health

BISAC: HEA040000

Format: [Large Print]

Original Publisher: Pantera Press

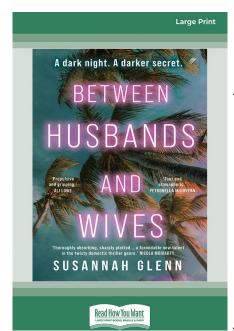
About the Book: Our relationship with food is broken, but Dr Emma Beckett is here to help us repair it. This is not a diet book, but it is a book about your diet, your life, and how food fits into it all.

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pr Emma Beckett has spent more than 15 years studying food and how it interacts with our bodies. In this fun, informative book, she takes her extensive reseatch qualifications and experience and applies them to our everyday lives in her sassy and straightforward style. She shows us how and why food choices, eating and biology are not as simple as diet culture suggests. By embracing this compelxity, we can empower ourselves to make changes that suit our unique lives and biology. Ditch the guilt that comes with trying to follow simple rules that don't actually work, along with the pressure to be perfect.

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Part manual, part manifesto, You Are More Than What You Eat puts the person back at the heart of nutrition. Informed by a scientific eveidence base, this is the perfect antidote to the misinformation surrounding the weight loss and diet industry. This book will teach you to embrace the compelxity of your body and your life, reject the lure of simple slogans and heal your relationship with food.

About the Author: Dr Emma Beckett loves food - food and nutrition science, food fashion and eating food. You can find her in the lab, classroom, media, buried in the latest scientific literature, or on social media. Emma regularly appears in print, online, on radio, television and social media. Her aim is to empower people to interpret food and nutrition information so that they can make informed choices about food without fear or judgement. She combines her deep and diverse education, with degrees (including a PhD) in biomedical science, food science, nutrition science, science managment, and epidemiology, experience as a university academic, industry researcher, and research fellow, communication experience and her passion to provoke thought, change and action. She has won several reserach and communications awards, including being named as a NSW Young Tall Poppy in 2017. She collects food-themend dresses and eaerrings, and loves football, cats and Agatha Christie.





Title: Between Husbands And Wives

Author: Susannah Glenn

ISBN: 9781038773753

Retail Price (excl. tax): 33.99 USD

Pages: 414

Publication Date: 3/12/2024

Category: FICTION / Thrillers / Domestic

BISAC: FIC031100

Format: [Large Print]

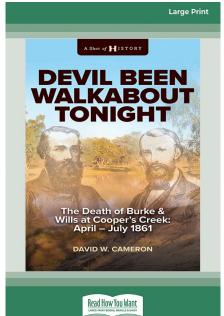
Original Publisher: Pantera Press

About the Book: Desperate for a change, and with her marriage buckling under the stress, she convinces her husband Jon to move to the beautiful but wild Daintree region far away from family and friends.

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About the Author: Susannah Glenn is a former newspaper journalist, editor and corporate communications consultant whose writing career has taken her to the South Pacific as well as many far-flung regions of Australia. Her debut novel, Between Husbands and Wives, has been inspired, in part, by her experience living in the Daintree region of Far North Queensland. Several years ago, Susannah decided to swap news for fiction, inspired by the places and characters of her travels. She is now a now a full-time author. She lives between her cattle farm on the Mid North Coast of NSW and city digs in Adelaide. Susannah and her husband Stuart share a big, beautiful blended family which includes Susannah's two adult children.





Title: Devil Been Walkabout Tonight: The Death Of Burke & Death Of Burke

Cooper's Creek: April - July 1861

Author: David W Cameron

ISBN: 9781038773722

Retail Price (excl. tax): 32.99 USD

Pages: 268

Publication Date: 3/12/2024

Category: HISTORY / Australia & New Zealand

BISAC: HIS004000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: This book focuses on the last three months of Robert O'Hara Burke, William John Wills, and John King on Cooper's Creek. The original expedition which set out in August 1860 was to explore the centre and northern reaches of the Australian continent. The expedition essentially concluded with the death of Burke and Wills on Coopers Creek from starvation and illness in late June and early July 1861.

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The tragedy was a sliding doors moment in history. Burke, Wills, and King arrived back at the famous 'Dig Tree' camp site, the same day that this manned outpost decided to pack up and return south towards Menindie. They missed each other by a matter of hours.

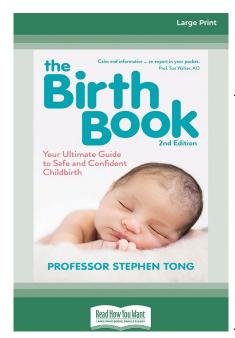
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Over the last few decades revisionist history has attempted to place Burke, Wills, and the sole survivor King, within the paradigm of 'stupid, arrogant white fellas' who ignored the wisdom and help of the Yandruwandha people who had successfully carved out a niche along and around Cooper's Creek. The story as told by the participants through their diaries, letters, journals, and oral history from members of the Yandruwandha clan tells a completely different story. The three men appreciated that their very survival was dependent on the Yandruwandha and much time was spent trying to keep good relations with the local indigenous clan, with a few odd exceptions.

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About the Author: David W. Cameron is a Canberra based author and has written several books on Australian military and convict history and human and primate evolution including over 60 internationally peer reviewed papers for various journals and book chapters. He received





Title: The Birth Book: Your Ultimate Guide to Safe and Confident Childbirth

2nd Edition

Author: Prof Stephen Tong

ISBN: 9781038773715

Retail Price (excl. tax): 33.99 USD

Pages: 380

Publication Date: 3/12/2024

Category: HEALTH & FITNESS / Pregnancy & Childbirth

BISAC: HEA041000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Everything You Need to Know to Prepare for Labour and Birth

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From one of Australia's leading obstetricians, this best-selling book combines expert information, real stories and up-to-date research to earn its reputation as the essential 'birth-bible'.

birth-bible'.

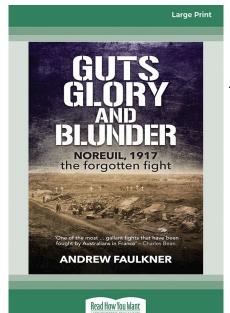
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Packed with vital information the stages of labour, modern pain relief options, vaginal birth, inducing labour, caesareans, monitoring the baby and post-birth recovery - your birth options are expertly explained and demystified. With new chapters examining birthing of twins and options for those who have previously had a caesarean section, The Birth Book simplifies complex medical information to transform childbirth anxiety into empowerment.

br/>
Professor Stephen Tong has guided thousands of births and is renowned as a leading specialist obstetrician in Australia and internationally. He steers global research programs chasing discoveries to make pregnancy and birth safer for mothers and babies. His mission is to prepare you for an informed, confident and safe birth experience.

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A warm, wonderful and reassuring birth day companion.

About the Author: Professor Stephen Tong is highly experienced obstetrician and researcher. He has dedicated his life to finding better ways of ensuring safer motherhood and childbirth. He has made world leading discoveries into some of the most perilous complications of pregnancy - stillbirth, preeclampsia, ectopic pregnancy and others. His singular aim for this book is to demystify the safe, modern care of labour and childbirth so that potentially frightening birth experiences are replaced by rewarding events that become cherished lifelong memories. Professor Tong resides in Melbourne.





Title: Guts Glory and Blunder: Noreuil, 1917 â€" The Forgotten Fight

Author: Andrew Faulkner

ISBN: 9781038773708

Retail Price (excl. tax): 33.99 USD

Pages: 366

Publication Date: 3/12/2024

Category: HISTORY / Military / World War I

BISAC: HIS027090

Format: [Large Print]

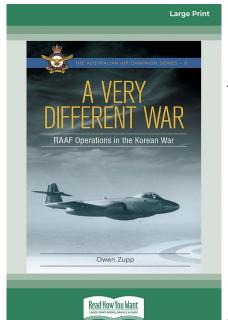
Original Publisher: Big Sky Publishing

About the Book: This is a story of a forgotten battle. Other than in the haunted memories of those who fought there, and the families of those who died there, this battle is a footnote in the history books: a backwater off a side road at the end of a culde-sac on the battlefield tour trail. Guts Glory and Blunder reaches into the valley beneath the vaunted Hindenburg Line to draw out the men who fought and died seizing the French village of Noreuil in 1917. It finds hardened Anzacs and raw reinforcements fighting and dying shoulder-to-shoulder, step by bloody step, on the path to victory.

br/>ebr/>Beginning on Gallipoli's fatal shore, Guts Glory and Blunder follows the Anzacs to the Somme trenches and the race to the Hindenburg Line. This is a story of the 50th Battalion's uncommon valour in its fiercest battle. How ordinary men performed superhuman feats despite a flawed plan, 'friendly' fire, enemy atrocities - a POW massacre and human shield tactics - and a combat mutiny. How a larrikin private was awarded a Victoria Cross for one of the most audacious stunts in the history of the medal. Guts Glory and Blunder is a story of how the diggers prevailed against all odds.

About the Author: Andrew Faulkner is an Adelaide-based journalist and author. His first book, Arthur Blackburn VC: An Australian hero, his men, and their two world wars, was shortlisted for the 2009 National Biography Award. Stone Cold: the extraordinary true story of Len Opie, Australia's deadliest soldier, was shortlisted in the 2016 NIB Literary Awards. He wrote about cricket and Australian Rules football for The Australian from 2007-2020 and in 2019 co-authored For Cap and Country, a collection of interviews with Australian international cricketers. He enjoys working on his cousin's cherry orchard, keeping wickets for Kensington District Cricket Club, and listening to The Fauves.





Title: A Very Different War: RAAF Operations in the Korean War

Author: Owen Zupp

ISBN: 9781038773692

Retail Price (excl. tax): 33.99 USD

Pages: 318

Publication Date: 3/12/2024

Category: HISTORY / Military / Korean War

BISAC: HIS027020

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: The Korean War lies between the enormity of the Second World War and the controversy of Vietnam. Although it often slips through the cracks of history, it represented a global shift as two opposing ideologies clashed and the Cold War heated up. The fledgling United Nations was called to act, and Australia joined the 21 nations committed to supporting South Korea.

South Korea.

South Korea.

Within days of the North Koreans crossing the 38th Parallel, the RAAF was flying missions from its base in Japan. In the ensuing three years, the RAAF gained respect among its peers and the attention of the opposing military powers. When the war reached a crisis point, with UN forces pinned down and threatened with being pushed off the peninsula into the sea, the RAAF was at the epicentre.

Sort/>

During the war, the RAAF entered the jet age, and the transition was not without challenges and losses. Ultimately, a generation of RAAF leaders emerged from the ranks of sergeant pilots and junior officers who underwent their baptism of fire on the Korean Peninsula. Using No 77 Squadron operations as a timeline, this concise history of the RAAF involvement in the war examines the roles of the transport unit, nurses, ground crews, prisoners of war and those who still have no known resting place.

About the Author: Owen Zupp is an award-winning aviation author. This book is one of ten by him. His first book, Down to Earth, was published in 2006 by Grub Street (UK). His biography about his father, Without Precedent, has been even more widely acclaimed. His work has featured in magazines around the globe including FlyPast and Airliner World in the United Kingdom, Aviation History and Plane & Pilot in the United States, and Global Aviator in South Africa, as well as Australian Aviation. Owen has won Australasian Aviation Press Club awards and is a commercial pilot with more than 35 years' experience. He is also an officer in the RAAF Reserve.





Title: Breaking Free Author: Renae Black

ISBN: 9781038772879

Retail Price (excl. tax): 33.99 USD

Pages: 354

Publication Date: 1/11/2024

Category: FICTION / Romance / Contemporary

BISAC: FIC027020

Format: [Large Print]

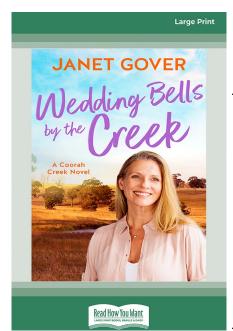
Original Publisher: Escape Publishing

About the Book: Georgia Williams knows firsthand how love can turn violent. Running from her past, stalked by daily phone calls she refuses to answer, she arrives in the small country town of Gleneagle looking for a place to hide. And even though the local men - admittedly one rather attractive guy in particular - try to catch her attention, the last thing she needs is another man making her life a living hell.

Country boy Trent Turner works his family's cattle stud. After a childhood marked by tragedy, he's working hard to earn his father's approval. He dreams of one day running the farm and being a husband and a father himself. But, unlucky in love, he's losing hope of finding someone to share that dream with. When Trent meets Georgia, he can't help but bank his happily ever after on their sizzling attraction. With Georgia dodging his attention and his father having secret meetings with a city accountant, is it all for nothing? Georgia can't avoid Trent entirely in their small town, and amid blossoming trust and deepening desire, she lowers her walls enough to let him in. As they grow closer, Trent notices the calls Georgia refuses to answer. Who's so desperate to speak with her? And what trouble will answering them lead to?

About the Author: Renae Black lives in Queensland with her husband and two young bookworms. By day she works as a social worker within the child protection industry. By night, she escapes to the romantic fictional realms of rural Australia that transport her back to her childhood home, a large property that bred cattle and hosted the odd ostrich sale.





Title: Wedding Bells By The Creek

Author: Janet Gover

ISBN: 9781038772862

Retail Price (excl. tax): 25.99 USD

Pages: 182

Publication Date: 1/11/2024

Category: FICTION / Romance / Contemporary

BISAC: FIC027020

Format: [Large Print]

Original Publisher: Escape Publishing

About the Book: Helen Walsh has never stopped searching for the daughter who ran away from home when she was just fifteen. Now Tia has found her. Helen longs for her daughter's forgiveness. Will a Coorah Creek wedding help heal their rift?

Fig Collins has walked Helen's path, and he knows that she needs more than her daughter's forgiveness. Ed feels compelled to help her, as he is increasingly drawn to her kind and loving heart.

Then Ed's wife Stephanie returns to the tiny outback town - thirteen years after she deserted Ed and their young son, Scott. Steph was his first and only love, and now Ed is being asked to forgive.

But how do you forgive what you will never forget?

About the Author: Janet Gover grew up in outback Australia, surrounded by wide open spaces, horses ... and many, many books.

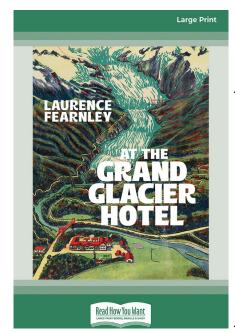
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When her cat lets her actually sit in her chair, she writes stories of strong women, rural communities and falling in love. Her novel Little Girl Lost won the Epic Romantic Novel of the Year Award presented by the Romantic Novelists' Association in the UK, and she has won or been shortlisted for awards in Australia and the USA.

br/>
As Juliet Bell, in collaboration with Alison May, she rewrites misunderstood classic fiction, with an emphasis on heroes who are not so heroic.

br/>
Her favourite food is tomato. She spends too much time playing silly computer games, and is an enthusiastic, if not always successful, cook.





Title: At the Grand Glacier Hotel **Author:** Laurence Fearnley

ISBN: 9781038772817

Retail Price (excl. tax): 33.99 USD

Pages: 300

Publication Date: 1/11/2024

Category: FICTION / Literary

BISAC: FIC019000

Format: [Large Print]

Original Publisher: Penguin Random House New Zealand

About the Book: Following a disastrous family holiday, Libby and Curtis make a promise: If they ever visit the West Coast of the South Island again, it will be to stay at the majestic Grand Glacier Hotel.

br/>

Twenty years later, Libby is recovering from cancer and the couple finally return to the resort. Except the glacier has retreated, nothing goes to plan, and after a storm separates her from Curtis, Libby finds herself alone in the isolated hotel.

br/>

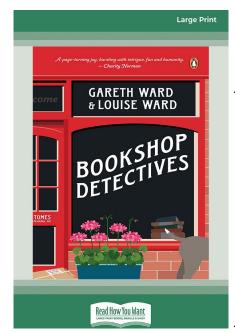
Disappointed, she tentatively begins to explore her surroundings. Could the inaccessible hotel and its curious collection of staff and guests hold the key to Libby reconnecting with the person she once was?

br/>

At the Grand Glacier Hotel is award-winning novelist Laurence Fearnley's third novel responding to the five senses. Drawing on a varied soundscape, this tangible, moving portrait of physical and emotional recovery offers a way forward, one hopeful step at a time.

About the Author: Laurence Fearnley is an award-winning novelist. Her novel The Hut Builder won the fiction category of the 2011 NZ Post Book Awards. In 2014 her novel Reach was longlisted for the Ockham New Zealand Book Awards, and, in 2008, Edwin and Matilda was runner-up in the fiction category of the Montana New Zealand Book Awards. Her second novel, Room, was shortlisted for the 2001 Montana New Zealand Book Awards. In 2004 Fearnley was awarded the Artists to Antarctica Fellowship and in 2007 the Robert Burns Fellowship at the University of Otago. In 2016 she won the NZSA/ Janet Frame Memorial Award and in 2017 she was the joint winner of the Landfall essay competition. She was named a New Zealand Arts Foundation Laureate in 2019. She lives in Dunedin.





Title: The Bookshop Detectives: Dead Girl Gone

Author: Gareth Ward and Louise Ward

ISBN: 9781038772800

Retail Price (excl. tax): 31.99 USD

Pages: 300

Publication Date: 1/11/2024

Category: FICTION / Mystery & Detective / General

BISAC: FIC022000

Format: [Large Print]

Original Publisher: Penguin Random House New Zealand

About the Book: Two small-town booksellers (and their cowardly dog) solve a decades-old murder-mystery in this witty debut novel, full of literary clues, sparkling dialogue, and comedic insights into the world of bookshops.

About the Author: Gareth and Louise Ward are the real-life owners of independent bookshop Wardini Books, with stores in Havelock North and Napier, New Zealand.

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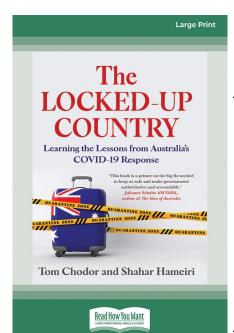
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Title: The Locked-up Country: Learning the Lessons from Australia's COVID-

19 Response

Author: Tom Chodor and Shahar Hameiri

ISBN: 9781038772718

Retail Price (excl. tax): 33.99 USD

Pages: 408

Publication Date: 1/11/2024

Category: HISTORY / Australia & New Zealand

BISAC: HIS004000

Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Donald Horne famously called Australia 'the lucky country'. So how did we become the locked-up country and how might the future look different?

| So how did we become the locked-up country and how might the future look different?

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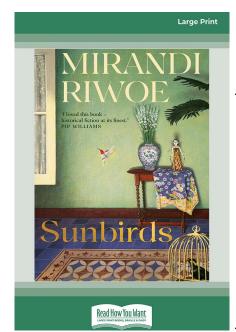
| So how did we become the locked-up country and how might the future look different?

| So how did we become the locked-up country and how might the source dear that Australia By closing its bridge to the country and might the future look different?

| So how did we become the locked-up country and might the source dear that out its response to the country and might the source of Australia's recent challenges and suggest a better way forward.

About the Author: Tom Chodor is Senior Lecturer in Politics and International Relations at the School of Social Sciences, Monash University. His research focuses on the global governance of the global economy, and the role of private actors in contributing to and contesting global policy agendas. He has published articles in Review of International Political Economy, Journal of Common Market Studies, Journal of Contemporary Asia, Globalizations and Global Governance, and is the author of Neoliberal Hegemony and The Pink Tide in Latin America: Breaking Up With TINA? (Palgrave 2015), and co-author of Unravelling the Crime-Development Nexus (Rowman & Delitics at the University of Queensland. An expert on security and development in Asia, Shahar has authored several books, including Fractured China (co-authored with Lee Jones), published by Cambridge University Press in 2021. Shahar has also written extensively on the politics of global health security. When the COVID-19 pandemic hit, Shahar directed his attention towards understanding the response back home in Australia. The result is his latest book, The Locked-up Country, co-authored with Dr Tom Chodor.





Title: Sunbirds

Author: Mirandi Riwoe

ISBN: 9781038772701

Retail Price (excl. tax): 33.99 USD

Pages: 352

Publication Date: 1/11/2024

Category: FICTION / Historical / World War II

BISAC: FIC014050

Format: [Large Print]

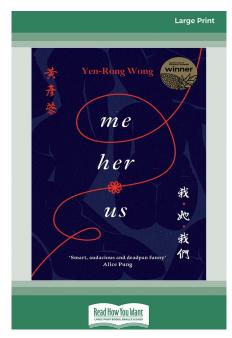
Original Publisher: University Queensland Press

About the Book: Shortly before the Japanese invade, the van Hoorn family throws their famous Sinterklaas party at their tea plantation. One of their guests, Mattijs, a Dutch pilot, hopes to forge a future in the Dutch East Indies, possibly with the family's daughter, Anna, but she is torn between her dreams of Holland and her desire to belong. Meanwhile the housekeeper, Diah, keenly observes the goings-on around the plantation, wondering how much to tell her freedom-fighter brother. When the Japanese forces finally arrive on Java's doorstep, they all have to make decisions that will affect the rest of their lives, especially those who must evacuate to Australia.

Sunbirds depicts the intricate web of identities and loyalties created by war and imperialism, and the heartbreaking compromises that so often ensue.

About the Author: Mirandi Riwoe is the author of Stone Sky Gold Mountain, which won the 2020 Queensland Literary Award - Fiction Book Award and the inaugural ARA Historical Novel Prize, and was shortlisted for the 2021 Stella Prize and longlisted for the 2021 Miles Franklin Literary Award. Her short story collection, The Burnished Sun, includes her novella The Fish Girl, which won the 2017 Viva la Novella prize and was shortlisted for the 2018 Stella Prize. Her work has appeared in Best Australian Stories, Meanjin, Review of Australian Fiction, Griffith Review and Best Summer Stories. Mirandi has a PhD in Creative Writing and Literary Studies and lives in Brisbane.





Title: Me' Her' Us Author: Yen-Rong Wong

ISBN: 9781038772695

Retail Price (excl. tax): 35.99 USD

Pages: 294

Publication Date: 1/11/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

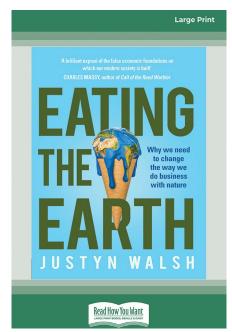
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Raised by strict, religious, Malaysian Chinese parents in Brisbane's southern suburbs, Yen-Rong Wong internalised an idealised image of a Chinese-presenting girl at a young age. As she grew into young adulthood, she began to bristle against the weight of these expectations and the pressure to conform to cultural notions of family and future. However, she couldn't find any stories to help her forge her own path - so she decided to write one for herself.
br/>ln this compelling collection of essays, Wong blends memoir and cultural criticism to interrogate perceptions around sex, racism, and familial dynamics. Laying bare her own life, she examines the joys and difficulties that lie at the intersections of her identity.
Brave, unflinching, and with a dash of wry humour, Me, Her, Us is a provocative book for our times.

About the Author: Yen-Rong Wong is an arts critic and award-winning writer working between Yugambeh and Jagera and Turrbal lands. She won the Glendower Award for an Emerging Queensland Writer in 2022, and the Queensland Premier's Young Publishers and Writers Award in 2020. She has been a Wheeler Centre Hot Desk fellow and writer-in-residence at the Katharine Susannah Prichard Writers' Centre. She is a frequent contributor to The Saturday Paper as a theatre critic, and her work has appeared in many print and online publications, including The Guardian, Sydney Review of Books, Meanjin, and Griffith Review. Me, Her, Us is her debut book of non-fiction.





Title: Eating the Earth: Why we need to change the way we do business

with nature

Author: Justyn Walsh

ISBN: 9781038772688

Retail Price (excl. tax): 48.99 USD

Pages: 610

Publication Date: 1/11/2024

Category: NATURE / Environmental Conservation & Protection

BISAC: NAT011000

Format: [Large Print]

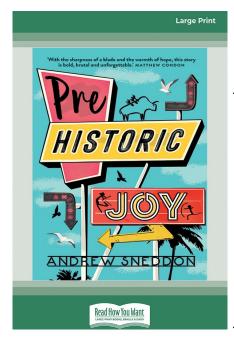
Original Publisher: University Queensland Press

About the Book: Fossil fuelled capitalism, although generating riches for billions, is underwritten by a planetary pyramid scheme - one in which withdrawals from the natural world are not supported by underlying capital replenishment, resulting in global impacts such as climate change and biodiversity loss.

| Solution |

About the Author: Justyn Walsh is a former corporate lawyer, investment banker and asset manager, and has worked in Africa, Asia, Australia, Europe and the Middle East. He is currently the chair of a financial technology company and sits on the advisory board of a venture capital firm, and is the author of Investing with Keynes (Black Inc., 2021). Now Sydney-based, he holds degrees in Law and Economics.





Title: Prehistoric Joy **Author:** Andrew Sneddon

ISBN: 9781038772671

Retail Price (excl. tax): 35.99 USD

Pages: 252

Publication Date: 1/11/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

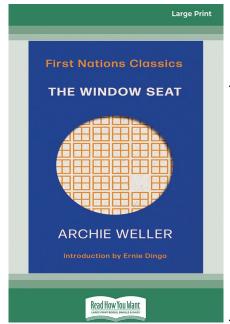
Original Publisher: University Queensland Press

About the Book: If being powerless makes you jumpy, then being poor makes you envious. You notice when other people are happy and you become keenly aware of those things that they have, that make them happy, that you do not have. Sometimes, you know better than they do about what brings them joy.

| Sometimes | Sometimes

About the Author: Andrew Sneddon is co-owner and a director of Australia's largest specialist heritage consultancy. He has lived and worked in Melbourne and Sydney, and been involved in archaeological research excavations around the world, including in Cyprus, Syria, Turkey, Uzbekistan, Italy, Greece, Cambodia and Myanmar. Andrew was the Director of UQ's Culture and Heritage Unit from 2009 to 2017. He currently lives in Brisbane with his wife and son. Prehistoric Joy is his first book.





Title: The Window Seat: First Nations Classics (with an introduction by Er-

nie Dingo)

Author: Archie Weller

ISBN: 9781038772664

Retail Price (excl. tax): 33.99 USD

Pages: 410

Publication Date: 1/11/2024

Category: FICTION / Short Stories (single author)

BISAC: FIC029000

Format: [Large Print]

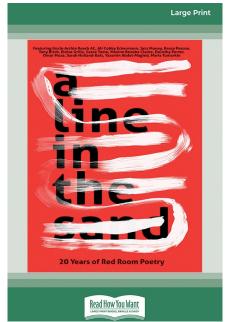
Original Publisher: University Queensland Press

About the Book: Since Archie Weller was runner-up for the first Vogel Award in 1980 for his novel The Day of the Dog, he has become an important voice in contemporary Indigenous writing. The Window Seat is a collection of his best fiction and a tribute to his contribution to Australian literature.

Str/>These stories are honest, brutal and moving. In 'The Window Seat', we witness an old woman's final journey home through the eyes of the disgruntled white traveller who sits beside her; in 'Stolen Car', a young Aboriginal man learns his first lesson in rough justice; and in 'Dead Dingo', we see another rallying against what his friends, life and fate offer him. Together these powerful stories present a rich and rewarding reading experience.

About the Author: Archie Weller is the author of two novels: The Day of the Dog, which was runner-up in the first Vogel Award and was made into the film Blackfellas; and The Land of the Golden Clouds, which won the Human Rights Award in 1998 and was presented by Sir William Dean. His stories have been widely anthologised and collected in Going Home. He has published a volume of poetry The Unknown Soldier and Other Poems, and he has written a number of plays and a film script. He currently lives in Western Australia.





Title: A Line In The Sand: 20 Years of Red Room Poetry

Author: Red Room Poetry

ISBN: 9781038772572

Retail Price (excl. tax): 29.99 USD

Pages: 140

Publication Date: 1/11/2024

Category: POETRY / Anthologies (multiple authors)

BISAC: POE001000

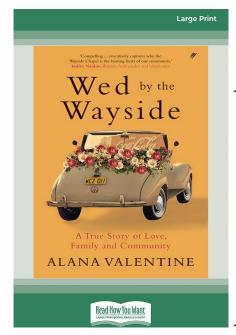
Format: [Large Print]

Original Publisher: Pantera Press

About the Author: Red Room Poetry is Australia's leading organisation for commissioning, creating, publishing and promoting poetry in meaningful ways. Red Room has a reputation for excellence and invention, delivering projects that are unparalleled in their quality, scale, professional payment of poets, cultural impact, amplification and engagement of poets, students and audiences of all ages.

Ser/>Reflecting the diversity of Australian voices, Red Room commissions and publishes poetry of all styles and stages (page/ performance/ spoken word/ experimental/ digital/ musical/ visual). Red Room develops creative and critical contexts where poetry is explored across languages, landscapes and mediums in and beyond literary communities to make Australian poetry and creative expression widely accessible.





Title: Wed By The Wayside: A True Story of Love, Family and Community

Author: Alana Valentine

ISBN: 9781038772558

Retail Price (excl. tax): 37.99 USD

Pages: 408

Publication Date: 1/11/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: Alana Valentine's mother, Janice, was remarried in 1969 at the Wayside Chapel, run by the charismatic and controversial minister Ted Noffs and his wife Margaret. Many years after her mother died, Alana found the wedding photo, and the longing to speak to her mother about that day drove her to seek out others who had begun new chapters of their lives at Wayside.

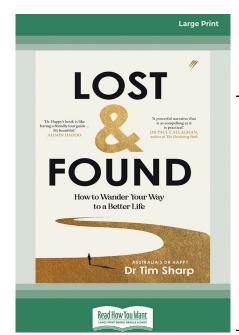
by/>

What Alana found was a remarkable group of people, whose stories are told here with kaleidoscopic effect. Wayside is a uniquely Australian institution where people have been welcomed for decades in spite of social taboos around race, class, religion and sexuality. Over the years, the likes of Ita Buttrose, Andy Gibb and Jane Powell have been married there, and the Chapel has been supported by famous ambassadors such as David Wenham, Claudia Karvan and Leah Purcell.

by/>
Told with grace and insight by one of Australia's most acclaimed playwrights, Wed by the Wayside is a deeply personal quest and a vibrant chronicle that reshapes our understanding of this country's social history.

About the Author: Alana Valentine is one of Australia's most acclaimed playwrights. She is the author of more than 20 published works, including two books of non-fiction. Alana's plays include Wayside Bride (Belvoir), Watershed: The Death of Dr Duncan (co-written with Christos Tsiolkas), Wudjang: Not the Past (Bangarra, co-written with Stephen Page) and Barbara and the Camp Dogs (Belvoir, co-written with Ursula Yovich).





Title: Lost and Found: How to Wander Your Way to a Better Life

Author: Dr Tim Sharp

ISBN: 9781038772534

Retail Price (excl. tax): 37.99 USD

Pages: 384

Publication Date: 1/11/2024

Category: SELF-HELP / Personal Growth / Happiness

BISAC: SEL016000

Format: [Large Print]

Original Publisher: Pantera Press

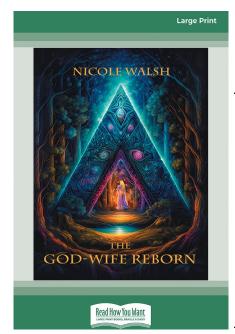
About the Book: Dr Tim Sharp has been researching, writing and speaking about happiness for decades, as one of Australia's leaders of the positive psychology movement. But in recent years, he's realised that maybe he's been a bit more lost than he wanted to admit. And that might actually be a good thing.

| Strip | St

About the Author: Dr. Tim Sharp is Australia's very own 'Dr Happy', at the forefront of the positive psychology movement and founder of the Happiness Institute. He has run one of Sydney's most respected clinical psychology practices, a highly regarded executive coaching practice, has taught at most of the major universities in Australia and is currently Adjunct Professor at both UTS and RMIT.

He is also the bestselling author of a number of books, including The Good Sleep Guide, The Happiness Handbook, 100 Ways to Happiness and 100 Ways to Happy Children, and the popular Habits for Happiness audiobook series with Audible. He regularly appears on Austrlaian TV, featuring on Today, The Morning Show, Studio 10, The Project and many other programs.





Title: The God-Wife Reborn **Author:** Nicole Walsh

ISBN: 9781038772527

Retail Price (excl. tax): 33.99 USD

Pages: 404

Publication Date: 1/11/2024

Category: FICTION / Science Fiction / Space Opera

BISAC: FIC028030

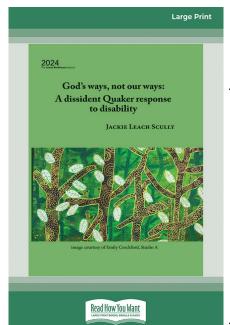
Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: In this steamy sci-fi fantasy, The God-Wife Reborn, Ophelia is a socialite and pariah - worshipped, loved and despised. Seductive and playful, vampire Ophelia delights in mystifying her subjects in adventures around the universe, as she escorts her dead husband on an endless wake.

About the Author: Nicole Walsh is a cat enthusiast from the east coast of Australia who loves fern gardens and long dresses. She writes short stories and novel-length speculative fiction and urban fantasy that spans from a little bit dark, a little bit amusing through to a little bit steamy. Her work is available in a range of magazines and anthologies. She is the author of the steamy urban fantasy novel Lust and Submission (2022). Visit Nicole at: https://nicolewalshauthor.com/ and www.facebook.com/nicolewalshauthor





Title: God's Ways, not our ways: A dissident Quaker response to disability

Author: Jackie Leach Scully

ISBN: 9781038772510

Retail Price (excl. tax): 21.99 USD

Pages: 100

Publication Date: 1/11/2024

Category: RELIGION / Christianity / Quaker

BISAC: REL088000

Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: The 2024 Backhouse Lecture God's ways, not our ways: A dissident Quaker response to disability was delivered by Jackie Leach Scully on Monday July 8th 2024 in Adelaide. Disability has shaped Jackie's family, career, personal and professional life, and her engagement with faith and spirituality. Drawing on her personal and professional experience, she looks at traditional and contemporary theological engagement with disability. She uses Quaker testimony to explore how Friends are called to respond to disability and impairment and shares some "dissident thinking" about disability with Australian Friends, and others, to help build a world more inclusive of all kinds of difference and diversity.

About the Author: Jackie Leach Scully has been involved with Quakers for over 40 years, first in the United Kingdom, then Switzerland, again in the UK and now in Australia. She has occupied a variety of roles too, from Attender to Member to Clerk of Switzerland Yearly Meeting and served on more committees than she cares to remember. In 2002, she gave the annual Swarthmore Lecture to Britain Yearly Meeting, Playing in the presence: Genetics, ethics and spirituality. Jackie first trained as a molecular biologist and spent several years investigating the mechanisms of cancer and neurodegenerative disorders. Later, she became interested in the ethical and legal issues raised by contemporary medicine, and studied philosophy, theology and psychology as she moved her focus to bioethics and medical ethics. At the University of Basel, she helped to establish the first interdisciplinary bioethics centre in Switzerland, and at Newcastle University in the UK was Executive Director of the Policy, Ethics and Life Sciences Research Centre. In 2019, she moved to Sydney to lead the Disability Innovation Institute at the University of New South Wales, where she is also Professor of Bioethics. Disability has shaped her family, career, personal and professional life, and her engagement with faith and spirituality. Now making her home in Australia, she tries to follow the suggestion of Britain Yearly Meeting's Advices and Queries 27, "Live adventurously".





Title: Miniatures: a book of micro-fictions

Author: Günther Kaip

ISBN: 9781038772503

Retail Price (excl. tax): 28.99 USD

Pages: 132

Publication Date: 1/11/2024

Category: FICTION / Literary

BISAC: FIC019000

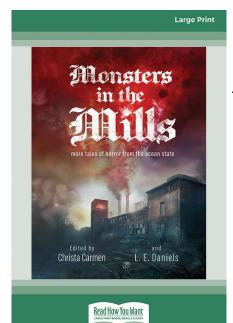
Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: Austrian author Gýnther Kapi's micro-fictions in Miniatures deal with the variety and simultaneity of spatial experiences in language, which he wants to make to a tangible experience, to movement in the text of its language and words, which at best provoke new perceptions and perspectives in its readers.

About the Author: Günther Kaip was born in Linz in 1960 and moved to Vienna in 1980 where he writes full time. His work has been published in anthologies, literary journals and magazines and includes poetry, short stories, novels, children's books, clay structures and drawings. Kaip also works for Austrian National Radio ORF, and GermanyÂ′s NDR. He has been awarded several prizes and scholarships for his work which has been translated into English, Russian, Polish, Spanish, and Turkish. He is a member of GAV, Austria's largest writers' association.





Title: Monsters in the Mills: more tales of horror from the ocean state

Author: Christa Carmen

ISBN: 9781038772497

Retail Price (excl. tax): 33.99 USD

Pages: 334

Publication Date: 1/11/2024

Category: FICTION / Horror

BISAC: FIC015000

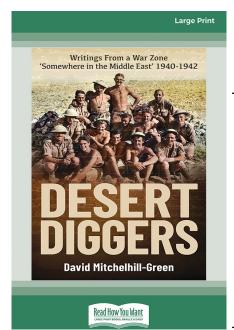
Format: [Large Print]

Original Publisher: Interactive Publications Pty Ltd

About the Book: Edited by acclaimed author/editors, Christa Carmen and L. E. Daniels, Monsters in the Mills presents the short fiction of eighteen American authors and two poets with an introduction by professor emeritus, Dr. Faye Ringel.

About the Author: CHRISTA CARMEN lives in Rhode Island and is the two-time Bram Stoker Award-nominated author of The Daughters of Block Island, Something Borrowed, Something Blood-Soaked, and the forthcoming Beneath the Poet's House. She has a BA from the University of Pennsylvania, an MA from Boston College, and an MFA from the University of Southern Maine. When she's not writing, she keeps chickens; uses a Ouija board to ghost-hug her dear, departed beagle; and sets out on adventures with her husband, daughter, and bloodhound-golden retriever mix. Most of her work comes from gazing upon the ghosts of the past or else into the dark corners of nature, those places where whorls of bark become owl eyes, and deer step through tunnels of hanging leaves and creeping briars only to disappear. Visit her at www.christacarmen.com.





Title: Desert Diggers: Writings From a War Zone â€~Somewhere in the

Middle East' 1940-1942

Author: David Mitchelhill-Green

ISBN: 9781038772428

Retail Price (excl. tax): 52.99 USD

Pages: 674

Publication Date: 1/11/2024

Category: HISTORY / Military / World War II

BISAC: HIS027100

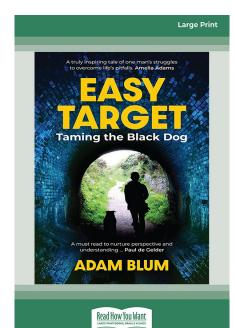
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: Desert Diggers: Writings from a War Zone 'Somewhere in the Middle East' 1940-1942 draws upon hundreds of soldiers' letters in a fresh and captivating narrative of the war in North Africa. Desert Diggers follows the first men to volunteer after the outbreak of war in 1939, tracing their adventures in exotic ports before further training in Palestine. A hunger for action grew: 'Most of the chaps are ... anxious to get into anything that looks like a fight', one soldier wrote to his brother. From Egypt, 'the hottest and dustiest place on God's earth' was the Diggers' next destination and their 'blooding' in the battles for Bardia and Tobruk. After Rommel failed to storm Tobruk in April-May 1941, Nazi propaganda denigrated the garrison, 'caught like rats in a trap'. Amid frequent bombing and shelling, Berlin's scornful broadcasts were an unintended tonic. 'Frequently we laughed and joked until the tears came into our eyes', a Digger quipped. From Tobruk, to the blunting of Rommel's attacks at El Alamein, the price of victory was palpably high: 'some of my best mates didn't come out of it', lamented a corporal to his sister. Returning to Australia in 1943, some men maimed or traumatised, brought a further test for the Diggers ... Told in the words of the men who served, Desert Diggers offers a new personal perspective on the Western Desert campaign. With immediacy and raw emotion, these skilfully woven letters provide a remarkable and compelling account of the Australian experience of war.

About the Author: David Mitchelhill-Green is a freelance historian and photographer. A graduate of Monash University, he was the awarded the 2021 RAAF Heritage Prize for Literature for his manuscript on the Cold War in Malaya. His books include Tobruk: Fiercely Stand or Fighting Fall, Hitler's War in Africa 1941-1942, Air War Over North Africa and Fighting in Ukraine: A Photographer at War. An interest in Japan led to the co-authoring of Castles of the Samurai and Samurai Castles. David lives in Melbourne, Australia and enjoys escaping to the Victorian High Country to write.





Title: Easy Target: Taming the Black Dog

Author: Adam Blum

ISBN: 9781038772411

Retail Price (excl. tax): 32.99 USD

Pages: 272

Publication Date: 1/11/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

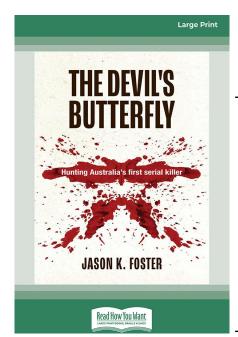
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: 'I was an easy target. You didn't have to be a trained sniper to take the shot.' Easy Target - Taming the Black Dog is the inspirational story of a young man's journey from being an easy target and victim of bullying to forging fortitude and resilience to battle the bullies and the black dog of depression. Adam bares his soul, sharing the heartbreaking and, at times, humorous moments that shaped his resilience. In a candid exploration of his experiences leading to a descent into depression, Adam reveals the decision to take his own life and the phone call that changed his destiny. Easy Target outlines the real-life steps he undertook to overcome his darkest days and reshape his perspective. Including poignant moments of self-discovery and his journey to recovery, Adam's story is a testament to the human spirit's capacity for transformation and renewal. Enriched with contributing chapters by best-selling authors, Easy Target is a beacon of hope for others, an empowering roadmap to cultivating inner strength and a belief for a brighter future. "A must read to nurture perspective and understanding of those around us and especially ourselves." -PAUL DE GELDER

About the Author: Adam Blum had a troubled start in life. Born in 1992, he was plagued by health issues. As an infant and throughout his childhood, Adam endured a debilitating series of surgical procedures. His school years were a torture. Experiencing both health issues and ADHD, Adam faced constant bullying. His self-esteem was shattered under the weight of the relentless taunts and physical abuse of his peers. The persistent bullying continued into adulthood and in the workplace. At the age of 22, and suffering from severe depression, Adam decided to take his own life. One phone call changed his destiny. Adam is still here to tell his story of the obstacles he overcame, of forging fortitude, and how, essentially, his life was twice saved while battling the black dog of depression. Adam lives in the foothills of the Blue Mountains and is currently a firefighter with the NSW Rural Fire Service (RFS). He is the creator and host of a highly successful podcast called True Blue Conversations (Formerly True Blue History). Adam hopes that the stories within Easy Target will help others build their own inner strength and self-worth.





Title: The Devil's Butterfly: Hunting Australia's first serial killer

Author: Jason K Foster

ISBN: 9781038772404

Retail Price (excl. tax): 40.99 USD

Pages: 468

Publication Date: 1/11/2024

Category: TRUE CRIME / Murder / Serial Killers

BISAC: TRU002010

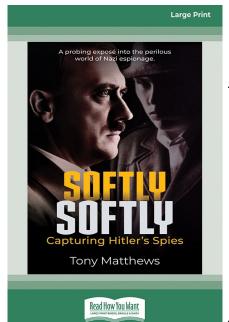
Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: The Devil's Butterfly is the harrowing true story of the killer conman, Frank Butler, whose deception and duplicity sent the colony of New South Wales into a state of fear and panic. Advertising in the Sydney papers, the charismatic Butler lured his prey towards the western goldfields with exaggerated tales of untold wealth and riches. Five men answered, three men went missing. Fearing capture and searching for new killing grounds, Butler flees Australia, headed for San Francisco. Two detectives, certain they are hunting Australia's first 'true' serial killer, steam across the Pacific on a speedier ship. A third detective traverses the globe, racing to America via London. Desperate to reach San Francisco before a sociopathic killer disappears once again; will they capture their man or will the now notorious Butler escape forever?

About the Author: Jason K. Foster is an author, freelance journalist and history teacher who grew up in the Blue Mountains, west of Sydney. He is currently studying his PhD in Media and Communication at RMIT, focusing on the representations of history in film and other media. He holds a Master's degree, as well as degrees in Journalism, Secondary History teaching, and Spanish. Jason has presented at numerous forums, both within Australia and internationally, discussing historical research and the writing and construction of historical narratives.





Title: Softly Softly: Capturing Hitler's Spies

Author: Tony Mathews

ISBN: 9781038772398

Retail Price (excl. tax): 52.99 USD

Pages: 626

Publication Date: 1/11/2024

Category: HISTORY / Military / General

BISAC: HIS027000

Format: [Large Print]

Original Publisher: Big Sky Publishing

About the Book: They were doomed from the very beginning. During the Second World War, it didn't take long for the British Secret Services to discover that Nazi Germany's cohorts of espionage agents - influenced either by the illusionary light of profit or idealism, or the darkness of blackmail and reprisals - were largely comprised of amateurs so grossly inefficient it seemed almost a shame to hang them. Sourced exclusively from previously highly classified MI5 files, this thought-provoking new book tells the dramatic stories of some of Hitler's so-called spies whose training and credentials as secret agents were so pathetic that it was virtually inevitable they be caught. Secret interrogation centres, double-cross, international intrigue and deadly, leap-in-the-dark adventures of enemy agents, lie at the heart of every chapter of this captivating, multi-storied book. From a spy who deliberately jumped out of his aircraft knowing that he would be caught, to a dashing but misguided Errol Flynn look-alike, or a secret agent who had been duped into becoming a diamond courier, Tony Matthews strips back the layers of Nazi espionage to reveal a world of duplicity, stupidity, betrayal and deceit. A probing exposé into the perilous and inefficient world of some of Hitler's most endangered spies.

About the Author: Tony Matthews is a reclusive Welsh-Australian historian and novelist who has dedicated almost his entire adult life to writing Australian and world history. He writes extensively on military and espionage history with a specific emphasis on both world wars. He is the author of more than thirty books including several historical novels.





Title: The Dream Clean **Author:** Chantel Mila

ISBN: 9781038771452

Retail Price (excl. tax): 37.99 USD

Pages: 232

Publication Date: 8/10/2024

Category: HOUSE & HOME / Cleaning, Caretaking & Organizing

BISAC: HOM019000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: The ultimate guide to making your home look and feel like a dream.

home-cleaning hacks online, Instagram sensation @mama_mila_au, aka Chantel Mila, has compiled all of her best-practice tips and tricks into this one-stop, easy-to-use cleaning bible.

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Cleverly organised by room type and cleaning level, The Dream Clean is accessible for all households and lifestyles - no matter how much time you have for cleaning.

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This book is jam-packed with:

\$\frac{1}{2}\$\$ budget-friendly, eco-friendly, simple DIYs and how-tos

\$\frac{1}{2}\$\$ life hacks for cleaning, styling and organising

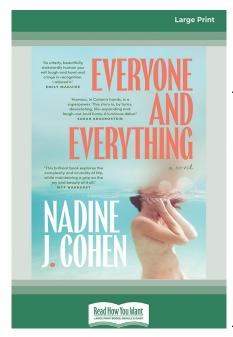
\$\frac{1}{2}\$\$ coom-by-room guides

\$\frac{1}{2}\$\$ plenty of routines and checklists

\$\frac{1}{2}\$\$ reating yourself to a beautiful home is the ultimate form of self-care, and The Dream Clean will help you achieve just that!

About the Author: Melbourne-based Chantel Mila, aka Mama Mila, started posting recipes and simple home hacks in 2018, and now has a reach of over 2 million across platforms. Known for her #mamamilastips series, Chantel creates innovative and well-designed content to her loyal, engaged following. Her relatable style has led her to work with local and global brands including Bunnings, Woolworths, Afterpay, HelloFresh and Colgate. Her media work includes appearances on The Morning Show, Sunrise, Mamamia, news.com.au and That's Life magazine, among many others.





Title: Everyone and Everything

Author: Nadine J Cohen

ISBN: 9781038771445

Retail Price (excl. tax): 33.99 USD

Pages: 340

Publication Date: 8/10/2024

Category: FICTION / Women

BISAC: FIC044000

Format: [Large Print]

Original Publisher: Pantera Press

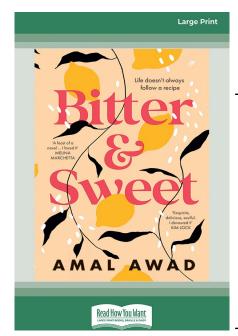
About the Book: A dazzling literary debut, Everyone and Everything will make you laugh, cry and call your sister.

>When Yael Silver's world comes crashing down, she looks to the past for answers and finds solace in surprising places. An unconventional new friendship, a seaside safe space and an unsettling amount of dairy help her to heal, as she wrestles with her demons - and some truly terrible erotic literature.

>br/>>br/>>Funny and tender, Everyone and Everything is about friendship, grief and the deep, frustrating bond between sisters. It asks what makes us who we are and what leads us onto ledges. Perfect for fans of Meg Mason, Nora Ephron and Victoria Hannan, this is an intimate, wry and wise exploration of one woman's journey to the brink and back.

About the Author: Nadine J. Cohen, also known as Nadine von Cohen, is a writer and refugee advocate from Sydney. Her musings can be found all over the internet, with bylines in The Guardian, The Saturday Paper, SMH, ABC, SBS, Frankie, Harper's Bazaar and more. She co-founded and directed Hope for Nauru, a volunteer-run not-for-profit serving refugees and asylum seekers affected by offshore detention, from 2018 to 2023. Everyone and Everything is her debut novel.





Title: Bitter & Sweet: Life doesn't always follow a recipe

Author: Amal Awad

ISBN: 9781038771438

Retail Price (excl. tax): 37.99 USD

Pages: 392

Publication Date: 8/10/2024

Category: FICTION / Women

BISAC: FIC044000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: The lake in the middle of her father's kitchen is only the first in a series of disasters in Zeina's life. Nassar's recent health crisis has left Casablanca, his once vibrant restaurant, losing ground and customers to trendier competition.

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>Unlike her husband who won't speak to her, her best friend who is sliding towards self-destruction, and her cousin who is stealing Zeina's life story for content, the restaurant is something she can fix. And Zeina, suddenly lonely and adrift, needs something she can fix.

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>Taking leave from her prestigious chef position, Zeina throws herself into caring for her ailing father, immersing herself in the familiar foods and flavours of her childhood, trying to save both him and Cassablanca. But working in this kitchen, her childhood home, brings memories, secrets, and unexpected ambitions bubbling to the surface. When it comes time for hard decisions, Zeina will have to accept that growing up is an ongoing process - one that never gets any easier.

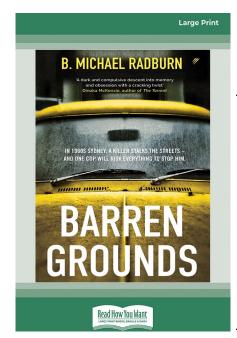
About the Author: Amal Awad is a writer, director and performer. She has contributed to such publications as The Guardian, The Sydney Morning Herald, ELLE, Meanjin and Frankie, and has produced and presented for ABC Radio National.

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>outside of mainstream media, Amal has held senior editorial roles at a number of trade media publications, reporting on the financial services, property and pharmacy industries. Amal has appeared as a speaker at schools, universities and writers' festivals around Australia. In 2019, she was a TEDx Macquarie speaker, giving a talk on 'Moving beyond the token minority' in film and television. Amal is the author of eight books, which include both fiction and non-fiction titles. As a screenwriter, Amal has worked on several film and television projects, including her own. In recent years, Amal has also pursued directing and acting, and has taught story and writing intensives.





Title: Barren Grounds

Author: B. Michael Radburn

ISBN: 9781038771407

Retail Price (excl. tax): 40.99 USD

Pages: 424

Publication Date: 8/10/2024

Category: FICTION / Thrillers / Crime

BISAC: FIC031010

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: In 1960s Sydney, a killer stalks the streets - and one cop will risk everything to stop him.

stop />

The calling card of the killer known as 'The Jeweller' is as elegant as it is gruesome: a pair of ring fingers, separated from their owners, encircled by a band of wire, and delivered directly to Senior Detective Joe Capello. When the Jeweller taunts Joe and his team into meeting him in the diseased grounds of Barren Park, the consequences of that evening will have permanent repercussions for everyone involved. And for Joe, it gets personal.

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Two years later, Joe is off the force, but no less obsessed with the Jeweller and his horrific crimes. When a new parcel arrives at his home, Joe is invited back onto the task force and given the opportunity to redeem himself. But vindication relies on Joe finally capturing The Jeweller and now he has to decide if he's willing to do what it takes - whatever it takes - to finally bring this case to a close.

About the Author: B. Michael Radburn is an award-winning writer of short stories, novels and screen plays. He is also the founder of Dark Press Publications and the former editor of the Australian Horror and Fantasy Magazine. He is the author of Blackwater Moon, The Reach, The Falls, and The Crossing, which has been optioned for film. He lives in the Southern Highlands of New South Wales with his family. Barren Grounds is his fifth novel.





Title: Snapshots from Home **Author:** Sasha Wasley

ISBN: 9781038771391

Retail Price (excl. tax): 52.99 USD

Pages: 620

Publication Date: 8/10/2024

Category: FICTION / Historical / General

BISAC: FIC014000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: <io'Please send snaps of my dear mother and father, my sisters Sarah and Evelyn, and my bonzer little poddy calf, Zeus.'</i>

calf, Zeus.'</i>
li's 1917, three years into the Great War, when Edie takes up a teaching post in the small Australian town of York.
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Mourning the loss of her beloved brother on the Front and evading her father's plans for a respectable marriage, she's glad to keep busy teaching at Miss Raison's School for Girls. After a little persuasion, Edie agrees to take part in a comfort scheme sending photos of home to the troops.
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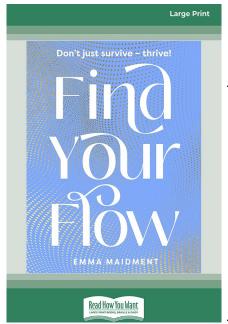
About the Author: Sasha Wasley was born and raised in Perth, Western Australia. She completed a PhD in feminist literature at Murdoch University in 2006, and went on to work as a copywriter on topics ranging from mine safety to sex therapy.

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Sasha's debut novel was published in 2015, after which she gave up her copywriting business to pursue her fiction writing career.

\$\frac{\shr}{\shr}\$\sasha is passionate about levelling the playing field for members of the community experiencing disadvantage. She is an Ambassador for the Books in Homes Australia charity which provides books of choice for children in disadvantaged circumstances to keep in their home libraries. Today, she lives and writes in the Perth hills region with her partner and two daughters. A lover of animals, Sasha spends her free time pottering in the garden with her flock of backyard chickens.

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Title: Find Your Flow: Don't just survive â€" thrive!

Author: Emma Maidment

ISBN: 9781038771384

Retail Price (excl. tax): 25.99 USD

Pages: 196

Publication Date: 8/10/2024

Category: SELF-HELP / Personal Growth / General

BISAC: SEL031000

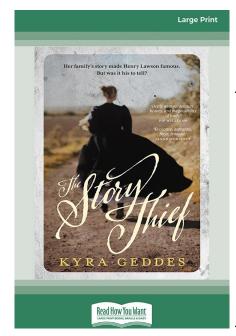
Format: [Large Print]

Original Publisher: Affirm Press

About the Book: A practical guide to finding more mindful ease and purpose, from wellness expert Emma Maidment.

About the Author: Emma Maidment is a renowned international yoga and meditation teacher whose journalism is featured regularly in magazines and wellbeing publications. Emma is also a seasoned event presenter and workshop facilitator, as well as the co-founder of Flow States Collective and the host of The Flow Lane Podcast. After facing her own health challenges and becoming a mother, Emma became passionate about helping women discover their inner strength and connect to the innate wisdom of the feminine. She truly believes that everyone has the capacity to heal and experience life to its fullest potential.





Title: The Story Thief **Author:** Kyra Geddes

ISBN: 9781038771377

Retail Price (excl. tax): 48.99 USD

Pages: 606

Publication Date: 8/10/2024

Category: FICTION / Historical / General

BISAC: FIC014000

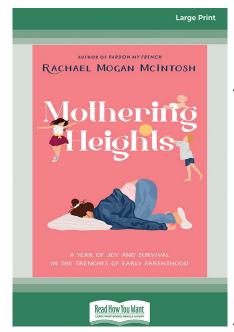
Format: [Large Print]

Original Publisher: Affirm Press

About the Book: An elegant blend of fact and fiction, The Story Thief is a stirring drama set against pivotal moments in Australian history, about a young woman who discovers her family's story has been appropriated by Henry Lawson for his famous tale, The Drover's Wife.

About the Author: As the child of German immigrants, Kyra spent her infancy in the opal fields of South Australia. She now lives in Sydney with her husband and two children. Following a successful career in marketing, Kyra returned to university to study English and pursue her life-long dream of writing, publishing two short stories and earning the Vice-Chancellor's Award for Academic Excellence. The Story Thief is her debut novel, and the culmination of almost a decade of research and writing. Aside from reading, Kyra's passions include art, photography, foreign languages and travel.





Title: Mothering Heights: A year of joy and survival in the trenches of early

parenthood

Author: Rachael Mogan McIntosh

ISBN: 9781038771360

Retail Price (excl. tax): 33.99 USD

Pages: 328

Publication Date: 8/10/2024

Category: HUMOR / General

BISAC: HUM000000

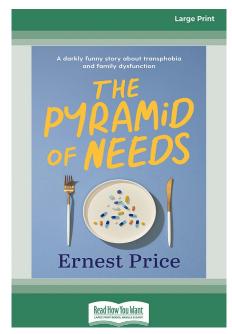
Format: [Large Print]

Original Publisher: Affirm Press

About the Book: A comedy, tragedy and farcical romp all rolled into one, Mothering Heights is a year-in-the-life love story about becoming a mother from the hilarious author of Pardon My French, Rachael Mogan McIntosh. For fans of ABC TV's The Letdown, Nina Stibbe's Love, Nina and Allison Pearson's I Don't Know How She Does It.

About the Author: Rachael Mogan McIntosh is a writer and crisis counsellor from the south coast of New South Wales. She's a mum of three (four if you include the dog; she does) and the author of Pardon My French, which tells the riotous story of a year spent in France with her young family. Her writing has appeared in publications across Australia, France and the USA. Rachael loves books, baths, coffee, podcasts, TV and Terry's Chocolate Orange, consuming them simultaneously whenever possible. Mothering Heights is her second book.





Title: Pyramid of Needs: A darkly funny story about transphobia and family

dysfunction

Author: Ernest Price

ISBN: 9781038771353

Retail Price (excl. tax): 33.99 USD

Pages: 338

Publication Date: 8/10/2024

Category: FICTION / Satire

BISAC: FIC052000

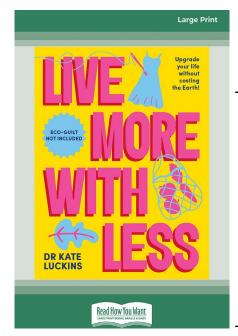
Format: [Large Print]

Original Publisher: Affirm Press

About the Book: Darkly funny family drama about transphobia, political identity and family dynamics. Perfect for fans of My Year of Rest and Relaxation by Ottessa Moshfegh and The Dinner by Herman Koch.

About the Author: Ernest Price is a transgender man working as a secondary English teacher in Naarm/Melbourne. His writing has been published by Queerstories and Overland.





Title: Live More with Less: Upgrade your life without costing the Earth!

Author: Kate Luckins

ISBN: 9781038771346

Retail Price (excl. tax): 26.99 USD

Pages: 270

Publication Date: 8/10/2024

Category: HOUSE & HOME / Sustainable Living

BISAC: HOM022000

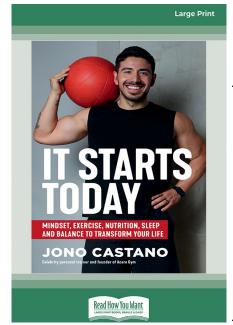
Format: [Large Print]

Original Publisher: Affirm Press

About the Book: A practical, inspiring and entertaining guide to living sustainably for those craving a total lifestyle upgrade without the guilt. Written by Dr Kate Luckins, Founder of the global clothes-swapping movement, The Clothing Exchange and Sustainable Lifestyle.

About the Author: Dr Kate Luckins is a sustainable living researcher, educator and the creator of the global clothes-swapping movement, The Clothing Exchange. She has a published MA of sustainable fashion and a PhD in sustainable living. Across two decades, Kate has helped thousands of people reduce fashion and food waste with her courses. She makes many media appearances and was invited to speak at the UN Headquarters in Nairobi and at COP15. Kate has also been a lecturer at RMIT University, inspiring students to critique consumerism, and worked for the Eco Innovation Lab at Melbourne University researching transformative social change.





Title: It Starts Today: Mindset, Exercise, Nutrition, Sleep and Balance to

transform your life **Author:** Jono Castano

ISBN: 9781038771339

Retail Price (excl. tax): 26.99 USD

Pages: 216

Publication Date: 8/10/2024

Category: HEALTH & FITNESS / Healthy Living

BISAC: HEA010000

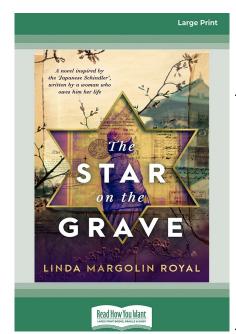
Format: [Large Print]

Original Publisher: Affirm Press

About the Book: A highly motivational program from celebrity personal trainer Jono Castano, It Starts Today examines the five key pillars of health; Mindset, Exercise, Nutrition, Sleep and Balance, and how they will help you achieve lasting success with your fitness goals. The Founder of Acero Gym and a star of Instagram in his own right, Jono is responsible for the fitness transformations of Matthew Clarke, Hugh Sheridan, Richard Branson and the cover stars of Men's Health Magazine.

About the Author: Jono Castano is a personal trainer and founder of Acero Gym, and has been the inhouse trainer at Men's Health Magazine. With almost one million followers on Instagram, his celebrity clients range from Michael Clarke and Dustin Martin to Sir Richard Branson.





Title: The Star on the Grave: A novel inspired by the 'Japanese Schindler',

written by a woman who owes him her life

Author: Linda Margolin Royal

ISBN: 9781038771322

Retail Price (excl. tax): 33.99 USD

Pages: 386

Publication Date: 8/10/2024

Category: FICTION / Jewish

BISAC: FIC046000

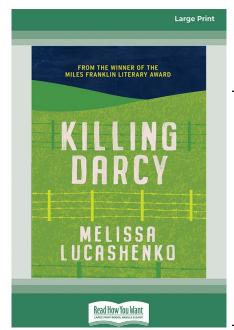
Format: [Large Print]

Original Publisher: Affirm Press

About the Book: The Star on the Grave is a powerful and moving novel inspired by the true story of Chiune Sugihara, and the thousands of people - including the author - who owe him their lives.

About the Author: Linda Margolin Royal was born in Sydney, forever thankful her father and grandparents received life-saving transit visas from Chiune Sugihara in 1940, which enabled them to enter Japan and escape the Holocaust; and ultimately meant they could find a permanent, safe home in Australia in 1941. The remainder of her family numbering in the hundreds were murdered in concentration camps. This work is therefore a labour of love to which she is now devoting her life. She trained as a graphic designer and then copywriter, and spent 30 years in the advertising industry both in Australia and the US, writing TV, radio and press for major multinationals. Her first instinct was to write her family's story as a film, which is currently in development; and the book grew organically from this screenplay. Linda's creative bent extends to abstract painting and drawing from live models - skills she has carried through life from her time in design school. The Star on the Grave is her first novel.





Title: Killing Darcy

Author: Melissa Lucashenko

ISBN: 9781038771308

Retail Price (excl. tax): 33.99 USD

Pages: 324

Publication Date: 8/10/2024

Category: FICTION / Women

BISAC: FIC044000

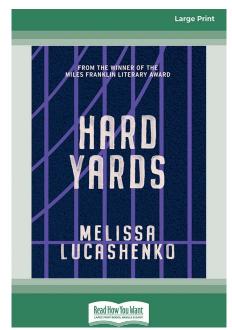
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Koori teenager Darcy Mango is young, broke and on parole. His biggest problem isn't tracking down his mob in northern New South Wales or finding a place to live. After he gets work on the Menzies horse farm, Darcy's fate gets mixed up with a strange, old-fashioned camera found in the rainforest. What it reveals might never let him go.

About the Author: Melissa Lucashenko is a Goorie (Aboriginal) author of Bundjalung and European heritage. Her first novel was published in 1997 and since then her work has received acclaim in many literary awards. Her sixth novel, Too Much Lip, won the 2019 Miles Franklin Literary Award and the Queensland Premier's Award for a work of State Significance. It was also shortlisted for the Prime Minister's Literary Award for Fiction, the Stella Prize, two Victorian Premier's Literary Awards, two Queensland Literary Awards and two NSW Premier's Literary Awards. Melissa is a Walkley Award winner for her non-fiction, and a founding member of human rights organisation Sisters Inside. She writes about ordinary Australians and the extraordinary lives they lead.





Title: Hard Yards

Author: Melissa Lucashenko

ISBN: 9781038771292

Retail Price (excl. tax): 33.99 USD

Pages: 348

Publication Date: 8/10/2024

Category: FICTION / Women

BISAC: FIC044000

Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Roo Glover has two highly desirable talents - he can fight, and he can run like the clappers. In the inner-city's harsh code there are losers and survivors, and Roo's a survivor. He's made it through foster care, juvenile detention and poverty. He's an athlete, aching towards the dream of Olympic qualification. He's even coping with being white in the turbulent Aboriginal family of his girlfriend. But when cousin Stanley dies in custody, and Roo finds his father in the same week, trouble starts biting at his heels.

About the Author: Melissa Lucashenko is a Goorie (Aboriginal) author of Bundjalung and European heritage. Her first novel was published in 1997 and since then her work has received acclaim in many literary awards. Her sixth novel, Too Much Lip, won the 2019 Miles Franklin Literary Award and the Queensland Premier's Award for a work of State Significance. It was also shortlisted for the Prime Minister's Literary Award for Fiction, the Stella Prize, two Victorian Premier's Literary Awards, two Queensland Literary Awards and two NSW Premier's Literary Awards. Melissa is a Walkley Award winner for her non-fiction, and a founding member of human rights organisation Sisters Inside. She writes about ordinary Australians and the extraordinary lives they lead.





Title: Roseghetto **Author:** Kirsty Jagger

ISBN: 9781038771285

Retail Price (excl. tax): 48.99 USD

Pages: 506

Publication Date: 8/10/2024

Category: FICTION / General

BISAC: FICO00000

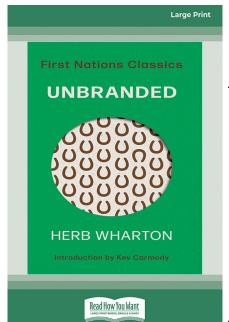
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Shayla is on a newspaper assignment when she returns to the public housing estate where she grew up and finds it demolished. The locals have been evicted, their homes erased, their stories too. Standing among the rubble of Rosemeadow, Shayla is assailed by her memories of living there. The bad secret Daddy asked her to keep. Mummy rekindling a dangerous romance. Making friends with 'the gutter kids'. Surrounded by poverty, confronted by domestic violence, Shayla found her escape in reading. Now it's time to tell the stories of Rosemeadow, including her own. Roseghetto is an unforgettable and moving coming-of-age story, an account of breaking the cycle of violence and poverty.

About the Author: Kirsty Jagger is a journalist by trade. In 2019, she won the inaugural Heyman Mentorship Award for a writer from a background of social or economic disadvantage. Roseghetto is partly inspired by Kirsty's experience of growing up in the housing commission estates of Sydney's western suburbs. This is her first novel.





Title: Unbranded: First Nations Classics (with an introduction by Kev Car-

mody)

Author: Herb Wharton

ISBN: 9781038771278

Retail Price (excl. tax): 33.99 USD

Pages: 314

Publication Date: 8/10/2024

Category: FICTION / Literary

BISAC: FIC019000

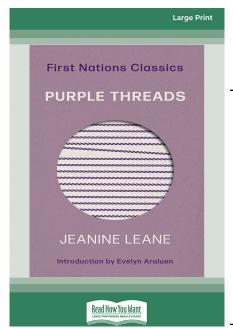
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Herb Wharton, former drover, now celebrated author, unleashes a strikingly original vision of outback Australia. From the riotous picnic races to the famous Mt Isa rodeo, from childhood in the yumba to gutsy outback pubs, Unbranded presents a rollicking cast of stockmen, shearers, barmaids and tourists. At its heart this novel is the story of three men: Sandy is a white man; Bindi, a Murri; Mulga is related on his mother's side to Bindi, and on his Irish father's side to Sandy. Their lives and enduring friendship cover forty years in the mulga country of the far west. Unbranded recounts how Sandy achieves his dream of owning a cattle empire, how Bindi regains part of his tribal lands for his people, and how Mulga finally sits down to write about their shared experiences.

About the Author: Herb Wharton was born in Cunnamulla, Queensland, and began working as a drover in his teenage years. His maternal grandmother was of the Kooma people; his grandfathers were Irish and English. In 1992 with the publication of his first book, Unbranded, he committed to novel form his experiences of his long years spent on stock routes of inland Australia. Cattle Camp, a collection of droving histories as told by Murri stockmen and women, was published in 1994. Where Ya' Been Mate?, a collection of short stories, followed in 1996. Herb has travelled extensively throughout Australia and abroad. In 1998, he was selected for a residency at the Australia Council studio in Paris where he completed Yumba Days, his first book for young readers. He was awarded the Australia Council Award for Lifetime Achievement in Literature in 2012, and most recently was the recipient of a black& write! Fellowship in 2022.





Title: Purple Threads: First Nations Classics (with an introduction by Evelyn

Araluen)

Author: Jeanine Leane

ISBN: 9781038771261

Retail Price (excl. tax): 25.99 USD

Pages: 190

Publication Date: 8/10/2024

Category: FICTION / Women

BISAC: FIC044000

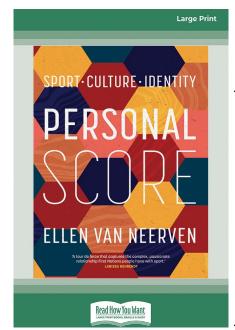
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Growing up in the shifting landscape of Gundagai with her Nan and Aunties, Sunny spends her days playing on the hills near their farmhouse and her nights dozing by the fire, listening to the big women yarn about life over endless cups of tea. It is a life of freedom, protection and love. But as Sunny grows she must face the challenge of being seen as different, and of having a mother whose visits are as unpredictable as the rain. Based on Jeanine Leane's own childhood, these funny, endearing and thought-provoking stories offer a snapshot of a unique Australian upbringing.

About the Author: Jeanine Leane is a Wiradjuri writer, poet and academic from south-west New South Wales. Her first volume of poetry, Dark Secrets After Dreaming: A.D. 1887-1961 won the Scanlon Prize for Indigenous Poetry, and her first novel, Purple Threads, won the David Unaipon Award. She has published widely in the area of Aboriginal literature, writing otherness and creative non-fiction. Jeanine was the recipient of the University of Canberra Aboriginal and Torres Strait Islander Poetry Prize, and has won the Oodgeroo Noonuccal Prize for Poetry twice. She has been the recipient of a Red Room Poetry Fellowship, two Australian Research Council Fellowships; in 2021 she was the recipient of the University of Sydney's School of Literature Art and Media (SLAM) Poetry Prize; and runner up in the Helen Anne Bell Poetry Bequest. Jeanine teaches Creative Writing and Aboriginal Literature at the University of Melbourne.





Title: Personal Score: Sport, Culture, Identity

Author: Ellen Van Neerven

ISBN: 9781038771254

Retail Price (excl. tax): 40.99 USD

Pages: 442

Publication Date: 8/10/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Sports

BISAC: BIO016000

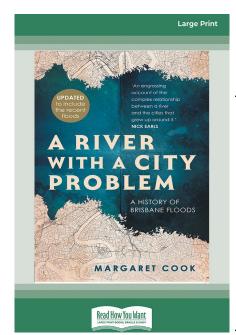
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Award-winning writer Ellen van Neerven plays football from a young age, learning early on that sport can be a painful and exclusive world. The more they play, the more they realise about sport's troubled relationship with race, gender and sexuality, questioning what it means to play sport on stolen, sovereign land, especially in the midst of multiple environmental crises. With emotional honesty and searing insight, van Neerven shines a light on sport on this continent from a queer First Nations perspective, revealing how some athletes have long challenged mainstream views and used their roles to effect change not only in their own realm, but in society more broadly. Personal Score is a ground-breaking book that confirms, once again, van Neerven's unrivalled talent, courage and originality.

About the Author: Ellen van Neerven is an award-winning writer of Mununjali Yugambeh and Dutch heritage. Ellen's first book, Heat and Light, was the recipient of the David Unaipon Award, the Dobbie Literary Award and the NSW Premier's Literary Awards Indigenous Writers Prize. They have written two poetry collections: Comfort Food, which was shortlisted for the NSW Premier's Literary Awards Kenneth Slessor Prize; and Throat, which won the Kenneth Slessor Prize for Poetry, the Multicultural NSW Award and Book of the Year in the NSW Premier's Literary Awards.





Title: A River with a City Problem: A History of Brisbane Floods (Updated

edition)

Author: Margaret Cook

ISBN: 9781038771247

Retail Price (excl. tax): 40.99 USD

Pages: 498

Publication Date: 8/10/2024

Category: HISTORY / Australia & New Zealand

BISAC: HIS004000

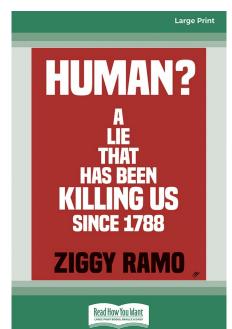
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: When floods devastated South East Queensland in 2011, who was to blame? Despite the inherent risk of living on a floodplain, most residents had pinned their hopes on Wivenhoe Dam to protect them, and when it failed to do so, dam operators were blamed for the scale of the catastrophic events that followed. A River with a City Problem is a compelling history of floods in the Brisbane River catchment, especially those in 1893, 1974, 2011 and 2022. Extensively researched, it highlights the force of nature, the vagaries of politics and the power of community. With many river cities facing urban development challenges, historian Margaret Cook makes a convincing argument for what must change to prevent further tragedy. In this updated edition, Cook investigates the 2022 floods to illustrate how no two floods are the same.

About the Author: Margaret Cook holds a PhD in history from The University of Queensland. She is a member of the Professional Historians Association, has a significant body of work in environmental and social history and heritage conservation, and has worked in cultural tourism and the museum sector. Margaret is a Research Fellow at the Australian Rivers Institute, Griffith University, and an Honorary Research Fellow at La Trobe University. Margaret lives in Ipswich with her husband and two sons. A River with a City Problem was shortlisted for the Scholarly Non-Fiction Book of the Year in the Educational Publishing Awards, and for The Courier-Mail's People's Choice Queensland Book of the Year Award in the Queensland Literary Awards.





Title: Human?: A Lie That's Been Killing Us Since 1788

Author: Ziggy Ramo

ISBN: 9781038770813

Retail Price (excl. tax): 37.99 USD

Pages: 370

Publication Date: 3/09/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: So-called Australia is built upon a lie: that 97% of the population are human, and the others simply 'Indigenous', devoid of the same basic rights. Human? is the story of acclaimed Wik artist Ziggy Ramo's experience growing up under the weight of this lie. We've had 236 years of continued destruction in the name of 'civilised progress', under an oppressive colonial system that punches down on almost everyone. We all deserve more. But to move forward we have to be honest about the past.Written on the precipice of becoming a parent, this is Ziggy's offering for the future - an attempt to bridge a nation-wide knowledge gap, and start a new conversation. Prerequisite reading for anyone searching for a way forward, together. Human? is a book, an album and an exhibition by one of the most exciting voices of this generation. With his powerful debut, Ziggy asks: Would you still fight for human rights if it meant giving up your privilege?A groundbreaking, provocative call-to-arms

About the Author: Rapper and changemaker Ziggy Ramo knows his worth. An award-winning musician and producer of Wik and Solomon Islander heritage, Ziggy's artistry challenges the settler colonialism and institutional racism upon which Australia was built. His creativity channels perspectives that are often neglected or suppressed, offering unique and salient commentary on race, masculinity and mental health. His phenomenally important LP Black Thoughts was awarded the FBI Album of the Year, and April 25th took home FBI Single of Year. Ziggy made his directorial debut in 2021 with the music video for Little Things, filmed in collaboration with the Sydney Opera House. A true multihyphenate, Ziggy then made his acting and composer debut, starring in the Stan original series Black Snow. His second studio album, Sugar Coated Lies, was released on the 26th of January 2023. Carrying the ancestral name of Ramo, meaning the person to which you are accountable, his work is a force to be reckoned with. Jo Tuscano is the co-author of Back on the Block, the story of Bill Simon, a Biripi man, member of the Stolen Generations and an inmate of the notorious Kinchella Boys Home.





Title: The Gallows Bird **Author:** Barbara Sumner

ISBN: 9781038770806

Retail Price (excl. tax): 48.99 USD

Pages: 592

Publication Date: 3/09/2024

Category: FICTION / Historical / General

BISAC: FIC014000

Format: [Large Print]

Original Publisher: Pantera Press

About the Book: A story of enduring love and friendship, and bold wild women who refuse the dictates of their times. London 1833: The cast-out child of an aristocratic mother, Hannah 'Birdie' Bird is a laundry maid with a hidden past and a suspicion that the wealthy family she serves is hers. Longing for beauty and liberation, Birdie risks everything to change her circumstances. She falls into love and crime, committing an audacious heist. When she is betrayed, she finds herself swept into a wave of female convicts, transported to the ends of her known world. The journey to the early Australian settlement drives the women to deepest despair. Birdie finds wonder in even this darkest hour, and forms deep bonds with her fellow prisoners. But greater than even the trials onboard is the fear of what awaits them in Sydney Cove. What chance does Birdie have of beating the odds? Can she fight her way to freedom? Drawn from the rarely celebrated true stories of female convicts, this striking debut vividly evokes a far-off time.

About the Author: Barbara Sumner is an author and filmmaker. Her back catalogue of achievements includes producing three highly acclaimed feature documentaries, a career in journalism, event production, television, bringing up four daughters and being accepted into a Masters program at the tender age of 60. Barbara lives with her husband Thomas Burstyn in Hawke's Bay, New Zealand, with a curmudgeonly ginger cat. She spends her time reading, writing, walking, and corrupting her grand-children with wild ideas about life, love, and imagination. The Gallows Bird is her debut novel.





Title: Birds of a Feather: Would you open your heart to fate?

Author: Rhianna King

ISBN: 9781038770783

Retail Price (excl. tax): 33.99 USD

Pages: 406

Publication Date: 3/09/2024

Category: FICTION / Romance / Historical / General

BISAC: FIC027050

Format: [Large Print]

Original Publisher: Affirm Press

About the Book: Beth doesn't feel like she belongs in her rambunctious, bohemian family. Apart from the special relationship she shares with her grandma, Elise. When Beth wins the lottery (on a ticket she bought to prove she could be spontaneous), she decides to spend it on treating Elise.

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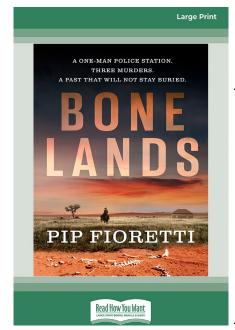
| Set instead of anything material, Elise wants Beth to help her track down her first love, Gerry. It's a fun and uncomplicated little adventure, Beth thinks, until she discovers that her grandma's great love is actually a woman, and their romance was thwarted by the conservatism of the day. Grappling with her grandma's past spurs Beth to reconsider herself in the present.

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About the Author: Rhianna King has spent more than two decades working as a communicator for state government environmental agencies and an Aboriginal-led not-for-profit organisation. During Melbourne's long lockdowns of 2020-21, Rhianna craved the company of people other than those in her locked-down household and so created characters to spend time with instead. The result: her first novel, Birds of a Feather. Rhianna lives in Melbourne with her husband and two children.





Title: Bone Lands **Author:** Pip Fioretti

ISBN: 9781038770776

Retail Price (excl. tax): 40.99 USD

Pages: 428

Publication Date: 3/09/2024

Category: FICTION / Mystery & Detective / Police Procedural

BISAC: FIC022020

Format: [Large Print]

Original Publisher: Affirm Press

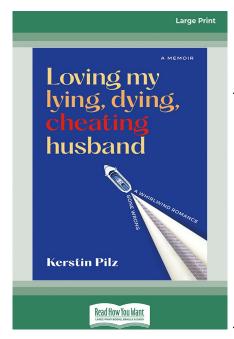
About the Book: <i>'Isn't it your job to stop people being murdered?'</i>

>1911, on a winter's night in arid New South Wales wool country, mounted trooper Augustus Hawkins discovers the bodies of three young people. They are scions of the richest family in the district, savagely murdered on a road that Hawkins should have been patrolling, had he not been busy bedding the local schoolteacher.

| '>
 Detectives arrive from Sydney and the disgraced Hawkins, a traumatised veteran of the Boer War, comes under fierce scrutiny. With his honour and sanity at stake, he becomes hell-bent on finding the murderer. But as ever darker secrets are revealed about the people he thinks of as friends, Hawkins is forced to confront an uncomfortable question: who is paying the price for the new nation's prosperity?

About the Author: Pip Fioretti lives in Sydney, and enjoys hiking, books, friends and family. Bone Lands is her first crime novel.





Title: Loving my lying, dying, cheating husband: A memoir of a whirlwind

romance gone wrong **Author:** Kerstin Pilz

ISBN: 9781038770769

Retail Price (excl. tax): 33.99 USD

Pages: 390

Publication Date: 3/09/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

Format: [Large Print]

Original Publisher: Affirm Press

About the Book: Kerstin is childless by choice and married to her job when Gianni, a charming Italian, turns her life into a champagne-coloured fairy tale.

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/>Soon after their runaway wedding, Gianni is diagnosed with cancer and Kerstin becomes his dedicated carer. But when she discovers that he has been cheating on her all through their relationship, she is faced with a difficult choice: walk away, or continue to care for the man who betrayed her. She turns first to wine and then to therapy, eventually ending up in a Buddhist monastery. There she realises that finding a new way of loving her lying, dying husband might offer a chance to grow from her pain rather than be crushed by it - and to avoid liver damage.

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/>Written with wisdom, humour and unfailing kindness, this is a life-affirming tale of one woman's search for better ways to love, grieve and forgive.

About the Author: Kerstin grew up in Germany and travelled the world before settling in Australia, where she now calls tropical Far North Queensland home. She holds a PhD in Italian literature and spent most of her working life as an academic, teaching European languages and Intercultural Communication, in Australia, Italy, the Maldives and on a floating university campus aboard a cruise ship. She is widely published as an academic, including book chapters and a monograph on Italo Calvino. Her travel features have appeared in The Australian, The Sydney Morning Herald and The New York Times. Discovering the healing power of writing while going through grief was life-changing, and she now writes a popular monthly newsletter and holds writing and yoga retreats in Bali and Vietnam through a small business she built from scratch,





Title: The Lucky Ones: Stories of Australian refugee journeys

Author: Melinda Ham

ISBN: 9781038770745

Retail Price (excl. tax): 26.99 USD

Pages: 290

Publication Date: 3/09/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / General

BISAC: BIO000000

Format: [Large Print]

Original Publisher: Affirm Press

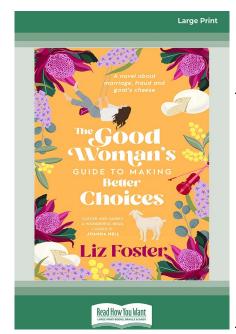
About the Book: <i>The Lucky Ones</i> is a moving and meticulously researched book of refugee stories from award-winning journalist and former foreign correspondent Melinda Ham.

| Though they are from different generations, countries and cultures, the families in this book all have one thing in common: they have escaped persecution in their homelands to find safety in Australia. Spanning 70 years, and tracking journeys from Iraq, Afghanistan, Poland, Tibet, Vietnam and Zaire, The Lucky Ones offers a window into the complex history of Australian refugee experiences.

| Who will be the find the formal of the formal of the first own words, the people in this book are some of the flucky ones who survived terror, detention, beatings and torture to reach a country that offered them a new beginning.

About the Author: Melinda Ham has been a journalist for more than twenty-five years. She started her career in southern Africa as a correspondent for six years for the Associated Press and for London's Daily Telegraph, The Economist and other international publications. She's also lived and worked in India and Singapore. In Australia, she wrote for The Sydney Morning Herald and the Sun Herald for more than twelve years, including stints as a sub-editor on the foreign desk and as commissioning editor for Special Reports. She wrote on a diverse range of subjects, including education, environment, health, lifestyle, health and culture. She's been editor of Explore, the Australian Museum's twice-yearly magazine. She's also produced dozens of publications through her media company, Narrate Media, for charities, universities and companies.





Title: The Good Woman's Guide to Making Better Choices: A novel about

marriage, fraud and goat's cheese

Author: Liz Foster

ISBN: 9781038770738

Retail Price (excl. tax): 33.99 USD

Pages: 418

Publication Date: 3/09/2024

Category: FICTION / Women

BISAC: FIC044000

Format: [Large Print]

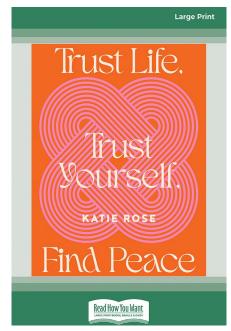
Original Publisher: Affirm Press

About the Book: How well do you ever really know your husband? And how did Libby - a thoroughly decent straighty one-eighty who's never even had a speeding ticket - end up with Ludo?

| Volume |

About the Author: Liz Foster grew up in England in a family obsessed with Scrabble, Boggle, crosswords and books. When she's not writing she's thinking about it - peppering her family with questions about plot and character dilemmas, listening to podcasts, reading out loud and boring the dog senseless. The Good Woman's Guide to Making Better Choices is her first novel.





Title: Trust Life, Trust Yourself, Find Peace

Author: Katie Rose

ISBN: 9781038770721

Retail Price (excl. tax): 26.99 USD

Pages: 238

Publication Date: 3/09/2024

Category: SELF-HELP / Motivational & Inspirational

BISAC: SEL021000

Format: [Large Print]

Original Publisher: Affirm Press

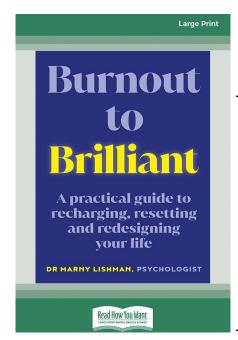
About the Book: Have you lost faith in the idea that the Universe is working for you, rather than against you? Have you dreamt of making big changes in your life but find yourself stuck in a routine, with habitual patterns that feel hard to break out of? Or maybe you jump into change and adventure a little too quickly, and as a result you've been burnt and find it hard to believe that things will ever work out again.

br/>
Learning to trust your own judgement, and that the Universe supports you even when things feel really tough - is within your reach. When trust is deep enough, we know that even if we fail, we've won because we had a go and that is all life is asking of us.

br/>
Drawing on modern psychology as well as elements of ancient philosophy and yogic wisdom, author Katie Rose guides you through the dance between being in your power and surrendering, as you learn to trust yourself every step of the way.

About the Author: Katie Rose is a women's wellness mentor and educator with 25 years' experience in the world of yoga and ayurveda. Katie has managed and owned popular yoga studios in both London and Sydney and now runs a thriving online community. Founder and host of the annual Bhakti Women Online Summit, Katie helps women go from feeling stuck and overwhelmed to living a life that is aligned with their highest values. She lives in Sydney, Australia, with her partner and her five children in a loud and busy household where her meditation practice keeps her sane.





Title: From Burnout to Brilliant: A practical guide to recharging, resetting

and redesigning your life **Author:** Marnie Lishman

ISBN: 9781038770714

Retail Price (excl. tax): 25.99 USD

Pages: 170

Publication Date: 3/09/2024

Category: SELF-HELP / Affirmations

BISAC: SEL004000

Format: [Large Print]

Original Publisher: Affirm Press

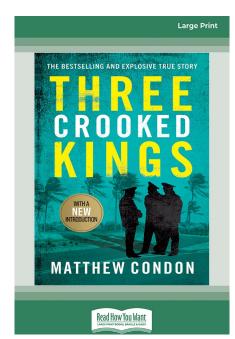
About the Book: Noticed that you're dragging yourself to work lately? Feeling cynical all the time? Exhausted throughout the day? Productivity reduced? Ready to quit? Passion you once had all but disappeared?

burnout.

br />
<br

About the Author: Dr Marny Lishman is a health and community psychologist, author, wellbeing and mindset coach, keynote speaker, media commentator and 9 News Perth's resident psychologist. She holds a Bachelor of Psy-chology and a Doctor of Psychology, with health and community psychology speciality titles. Marny helps people increase their psychological capacity to create the life they want, while dealing with the inevitable disruptions they will face on their path to success. An animal lover who requires lots of sunlight and time in nature, she is her best self when she can go on long daily beach walks with her dog, indulge in reading books, meditate and spend time with her shiny (but rather loud) children.





Title: Three Crooked Kings (updated edition)

Author: Matthew Condon

ISBN: 9781038770691

Retail Price (excl. tax): 48.99 USD

Pages: 554

Publication Date: 3/09/2024

Category: TRUE CRIME / Organized Crime

BISAC: TRU003000

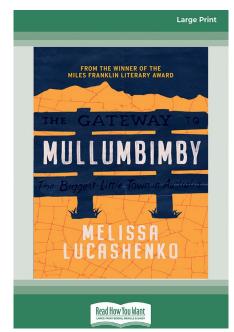
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Three Crooked Kings is the shocking true story of Queensland and how a society was shaped by almost half a century of corruption. At its core is Terry Lewis, deposed and jailed former police commissioner. From his entry into the force in 1949, Lewis rose through the ranks, becoming part of the so-called Rat Pack with detectives Glen Hallahan and Tony Murphy under the guiding influence of Commissioner Frank Bischof. The next four decades make for a searing tale of cops and killings, bagmen and blackmail, and sin and sleaze that exposes a police underworld that operated from Queensland to New South Wales. This gripping book examines the final pieces of the puzzle, unearths new evidence on cold cases, and explores the pivotal role that whistleblower Shirley Brifman, prostitute and brothel owner, played until her sudden death. Based on extensive and unprecedented access to Terry Lewis and his personal papers, as well as hundreds of interviews with key players and conspirators, Three Crooked Kings is the first of three explosive books. Awarded journalist and novelist Matthew Condon has crafted the definitive account of an era that changed a state and is still reverberating to this day.

About the Author: Matthew Condon is a prize-winning Australian novelist and journalist. He began his journalism career with the Gold Coast Bulletin in 1984 and subsequently worked for leading newspapers and journals including The Sydney Morning Herald, The Sun-Herald, Melbourne's Sunday Age, The Courier-Mail and, now, the Weekend Australian Magazine. He has written ten books of fiction, including The Trout Opera and is the author of the bestselling true-crime series about Queensland crime and corruption?-?Three Crooked Kings, Jacks and Jokers, All Fall Down and Little Fish are Sweet. His most recent book is The Night Dragon. He is the host of two true crime podcasts - Ghost Gate Road and Dig: Sirens Are Coming.





Title: Mullumbimby

Author: Melissa Lucashenko

ISBN: 9781038770684

Retail Price (excl. tax): 40.99 USD

Pages: 440

Publication Date: 3/09/2024

Category: FICTION / Women

BISAC: FIC044000

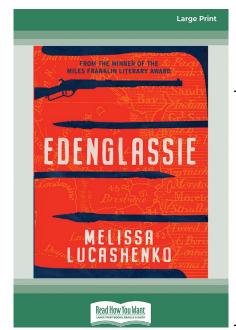
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: When Jo Breen uses her divorce settlement to buy a neglected farm in the Byron Bay hinterland, she is hoping for a tree change, and a blossoming connection to the land of her Aboriginal ancestors. What she discovers instead is sharp dissent from her teenage daughter Ellen, trouble brewing from unimpressed white neighbours, and a looming Native Title war among the local Bundjalung families. When Jo stumbles into love on one side of the Native Title divide she quickly learns that living on country is only part of the recipe for the Good Life. Melissa Lucashenko's Mullumbimby is a modern novel set against an ancient land.

About the Author: Melissa Lucashenko is a Goorie (Aboriginal) author of Bundjalung and European heritage. Her first novel was published in 1997 and since then her work has received acclaim in many literary awards. Her sixth novel, Too Much Lip, won the 2019 Miles Franklin Literary Award and the Queensland Premier's Award for a work of State Significance. It was also shortlisted for the Prime Minister's Literary Award for Fiction, the Stella Prize, two Victorian Premier's Literary Awards, two Queensland Literary Awards and two NSW Premier's Literary Awards. Melissa is a Walkley Award winner for her non-fiction, and a founding member of human rights organisation Sisters Inside. She writes about ordinary Australians and the extraordinary lives they lead.





Title: Edenglassie

Author: Melissa Lucashenko

ISBN: 9781038770677

Retail Price (excl. tax): 40.99 USD

Pages: 440

Publication Date: 3/09/2024

Category: FICTION / Historical / General

BISAC: FIC014000

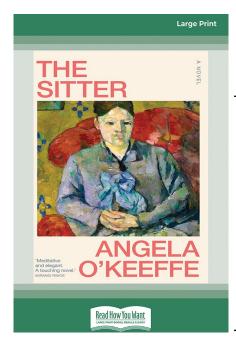
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Two extraordinary Indigenous stories set five generations apart. When Mulanyin meets the beautiful Nita in Edenglassie, their saltwater people still outnumber the British. As colonial unrest peaks, Mulanyin dreams of taking his bride home to Yugambeh Country, but his plans for independence collide with white justice. Two centuries later, fiery activist Winona meets Dr Johnny. Together they care for obstinate centenarian Granny Eddie, and sparks fly, but not always in the right direction. What nobody knows is how far the legacies of the past will reach into their modern lives. In this brilliant epic novel, Melissa Lucashenko torches Queensland's colonial myths, while reimagining an Australian future.

About the Author: Melissa Lucashenko is a Goorie (Aboriginal) author of Bundjalung and European heritage. Her first novel was published in 1997 and since then her work has received acclaim in many literary awards. Her sixth novel, Too Much Lip, won the 2019 Miles Franklin Literary Award and the Queensland Premier's Award for a work of State Significance. It was also shortlisted for the Prime Minister's Literary Award for Fiction, the Stella Prize, two Victorian Premier's Literary Awards, two Queensland Literary Awards and two NSW Premier's Literary Awards. Melissa is a Walkley Award winner for her non-fiction, and a founding member of human rights organisation Sisters Inside. She writes about ordinary Australians and the extraordinary lives they lead.





Title: The Sitter

Author: Angela O'Keeffe

ISBN: 9781038770660

Retail Price (excl. tax): 32.99 USD

Pages: 148

Publication Date: 3/09/2024

Category: FICTION / Women

BISAC: FIC044000

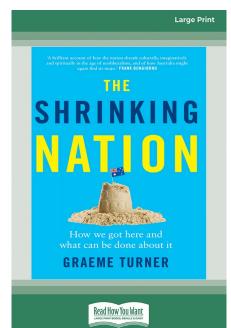
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Paris, 2020. A writer is confined to her hotel room during the early days of the pandemic, struggling to finish a novel about Hortense Cezanne, wife and sometime muse of the famous painter. Dead for more than a century, Hortense has been reawakened by this creative endeavour, and now shadows the writer through the locked-down city. But Hortense, always subject to the gaze of others, is increasingly intrigued by the woman before her. Who is she and what event hides in her past? Heartbreaking and perfectly formed, The Sitter explores the tension between artist and subject, and between the stories told about us and the stories we choose to tell.

About the Author: Angela O'Keeffe grew up with nine siblings on a farm in the Lockyer Valley, Queensland. She completed a Master of Arts in Writing at UTS, and her first novel, Night Blue, was shortlisted for the UTS Glenda Adams Award for New Writing and the Prime Minister's Literary Awards. She was awarded the 2023 Varuna Eleanor Dark Fellowship.





Title: The Shrinking Nation: How we got here and what can be done about

it

Author: Graeme Turner

ISBN: 9781038770653

Retail Price (excl. tax): 33.99 USD

Pages: 380

Publication Date: 3/09/2024

Category: POLITICAL SCIENCE / Political Ideologies / Nationalism & Patriotism

BISAC: POL031000

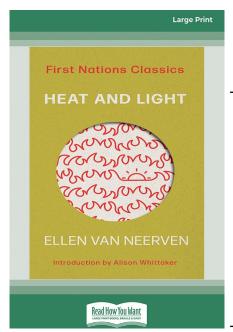
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: Over the past two decades, Australia has been experiencing a sustained period of accelerated socio-cultural change, accompanied by existential threats from natural disasters and the Covid pandemic, and punctuated by repeated cycles of political upheaval. The divisive and hyper-partisan version of party politics that has accompanied these events has hamstrung the nation's capacity to respond to the challenges of the day - from dealing with climate change, to advancing gender equity, or to renovating the buckling structures of social welfare. At the same time, we have seen the quality of our democracy compromised. In The Shrinking Nation, leading cultural historian Graeme Turner examines a wide range of social and cultural change, including the role played by a media environment swamped by misinformation, the social consequences of neoliberal economic policy, and the divisive legacy of the culture wars, before considering how we might strengthen the bonds of community and belonging that tie our nation together. This timely, important and provocative book presents an original and compelling assessment of the state of the nation today, while designing a lifeline for the better country that is struggling to emerge.

About the Author: Graeme Turner AO is Emeritus Professor of Cultural Studies at the University of Queensland, Australia. He is one of the founding figures of media and cultural studies in Australia, and a leading figure internationally. He has been writing about Australian media, culture and society for many years, with a continuing focus on the idea of the nation. He has published 30 books, including Making It National (1994), Ending the Affair: The decline of Australian television news and current affairs (2005), Re-inventing the Media (2016) and Essays in Media and Cultural Studies: In transition (2020). His most recent book is John Farnham's Whispering Jack (2022).





Title: Heat and Light: First Nations Classics (with an introduction by Alison

Whittaker)

Author: Ellen Van Neerven

ISBN: 9781038770646

Retail Price (excl. tax): 26.99 USD

Pages: 254

Publication Date: 3/09/2024

Category: FICTION / Literary

BISAC: FIC019000

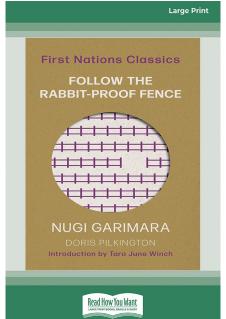
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: In this award-winning work of fiction, Ellen van Neerven leads readers on a journey that is mythical, mystical and still achingly real. Over three parts, van Neerven takes traditional storytelling and gives it a unique, contemporary twist. In 'Heat', we meet several generations of the Kresinger family and the legacy left by the mysterious Pearl. In 'Water', a futuristic world is imagined and the fate of a people threatened. In 'Light', familial ties are challenged and characters are caught between a desire for freedom and a sense of belonging. Heat and Light is an intriguing collection that heralded the arrival of a major new talent in Australian writing.

About the Author: Ellen van Neerven is an award-winning writer of Mununjali Yugambeh and Dutch heritage. Ellen's first book, Heat and Light, was the recipient of the David Unaipon Award, the Dobbie Literary Award and the NSW Premier's Literary Awards Indigenous Writers Prize. They are the author of two poetry collections: Comfort Food, which was shortlisted for the NSW Premier's Literary Awards Kenneth Slessor Prize; and Throat, which won the Kenneth Slessor Prize for Poetry, the Multicultural NSW Award and Book of the Year in the NSW Premier's Literary Awards. Ellen's first non-fiction book is Personal Score.





Title: Follow the Rabbit-Proof Fence: First Nations Classics (with an intro-

duction by Tara June Winch)

Author: Doris (Nugi Garimara) Pilkington

ISBN: 9781038770639

Retail Price (excl. tax): 25.99 USD

Pages: 206

Publication Date: 3/09/2024

Category: BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

BISAC: BIO026000

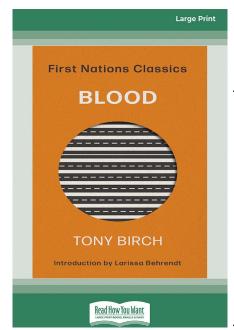
Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: This is the true account of Nugi Garimara's mother, Molly, made legendary by the film Rabbit-Proof Fence. In 1931 Molly led her two sisters on an extraordinary 1600-kilometre walk across remote Western Australia. Aged eight, eleven and fourteen, they escaped the confinement of a government institution for Aboriginal children removed from their families. Barefoot, without provisions or maps, tracked by Native Police and search planes, the girls followed the rabbit-proof fence, knowing it would lead them home. Their journey - longer than many of the celebrated treks of recognised explorers reveals a past more cruel than we could ever imagine.

About the Author: Nugi Garimara AM (1937-2014) is Doris Pilkington's Aboriginal name. She was born on Balfour Downs Station in the East Pilbara. As a toddler she was removed by authorities from her home, along with her mother Molly Craig and baby sister Anna, and committed to Moore River Native Settlement. This was the same institution Molly had escaped from ten years previously, the account of which is told in Follow the Rabbit-Proof Fence. At eighteen, Nugi left the mission system as the first of its members to qualify for the Royal Perth Hospital's nursing aide training program. Following marriage and a family, she studies journalism and worked in film and video production. Caprice: A Stockman's Daughter, originally published in 1991, was her first book and won the 1990 David Unaipon Award. Follow the Rabbit-Proof Fence was first published in 1996, and was released internationally in 2002 as the film Rabbit-Proof Fence, directed by Phillip Noyce. Nugi's own story is told in Under the Wintamarra Tree (2002).





Title: Blood: First Nations Classics (with an introduction by Larissa Beh-

rendt)

Author: Tony Birch

ISBN: 9781038770622

Retail Price (excl. tax): 26.99 USD

Pages: 288

Publication Date: 3/09/2024

Category: FICTION / Coming of Age

BISAC: FIC043000

Format: [Large Print]

Original Publisher: University Queensland Press

About the Book: From multi-award-winning author Tony Birch comes a masterful novel about the indelible bond between two siblings. Jesse has sworn to protect his sister, Rachel, no matter what. It's a promise that cannot be broken. A promise made in blood. But, when it comes down to life or death, how can he find the courage to keep it? Set on the back roads of Australia, Blood is a boy's odyssey through a broken-down adult world.

About the Author: Tony Birch is the author of three novels: The White Girl, winner of the 2020 NSW Premier's Award for Indigenous Writing, and shortlisted for the 2020 Miles Franklin Literary Prize; Ghost River, winner of the 2016 Victorian Premier's Literary Award for Indigenous Writing; and Blood, which was shortlisted for the Miles Franklin Literary Award in 2012. He is also the author of Shadowboxing, and four short story collections: Father's Day, The Promise, Common People and Dark as Last Night, which won the 2022 NSW Premier's Literary Award and the Queensland Literary Award for Fiction. He has published two poetry collections: Broken Teeth and Whisper Songs, which was also longlisted for the 2022 Margaret and Colin Roderick Literary Award. In 2017 he was awarded the Patrick White Literary Award. Tony Birch is also an activist, historian and essayist.